

Patch-n-Dash a Block of the Week

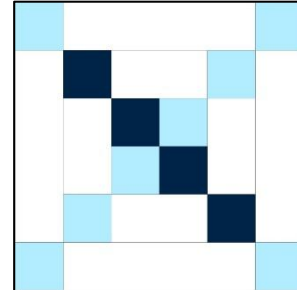
Designed by Nancy McNally



Block 1: Four Patch Chain
 Block size: 6" x 6" finished size
 Make: 40

Technique: Strip Piecing

- Always sew with a ¼" seam allowance
- Always sew with RST (Right Sides Together)
- Pressing Seam Allowance Arrows are in black
- WOF: Width of Fabric
- Yardage and cutting are based on **42" wide fabric**



Cutting:

White (Background)

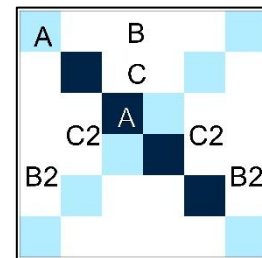
- 6 (2 ½" x WOF) strips, label C
 - Sub cut **(3)** of the strips into (80) (1 ½" x 2 ½") rectangles, label C2
- 6 (4 ½" x WOF) strips, label B
 - Sub cut **(3)** of the strips into (80) (1 ½" x 4 ½") rectangles, label B2

Dark Blue

- 6 (1 ½" x WOF) strips, label A

Bright Blue

- 12 (1 ½" x WOF) strips, label A



Block Construction:

1. Beginning with the Center of the block. With RST, sew a Dark Blue A fabric strip to a Bright Blue A fabric strip. Make (3) of these Dark Blue/Bright Blue strip sets. Open and Press seam allowance. Label this Strip Set A/A



2. From Strip Set A/A, cut (80) (1 ½" x 2 ½") segments. Label A/A segments



3. Make the Four Patch: Match and join with RST, A/A to A/A with the Dark Blue squares diagonally across from each other. **Make 40**



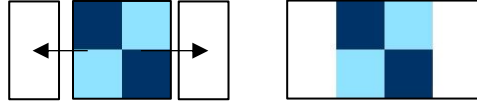
4. Press seam allowance. Four Patch size: **2 ½" x 2 ½"**



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5. Match and join with RST, a White (Background) C2 rectangle to the left and right sides of each of the Four Patches. Press. Size: $2\frac{1}{2}'' \times 4\frac{1}{2}''$



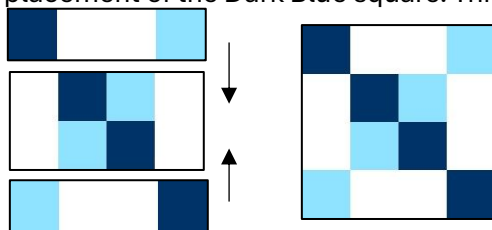
6. Match and join with RST, a Dark Blue A strip and a Bright Blue A strip to each White (Background) C strip, Making (3) Strip Sets with both Dark Blue and Bright Blue sewn to the White (Background) C strip. Press seam allowance. Label A/C/A



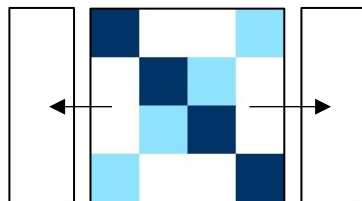
7. From Strip Set A/C/A, cut into (80) ($1\frac{1}{2}'' \times 4\frac{1}{2}''$) segments. Label A/C/A



8. With RST, match and sew each A/C/A to the top and bottom of the Four Patch. Follow picture for placement of the Dark Blue square. This forms the darker chain in the quilt.



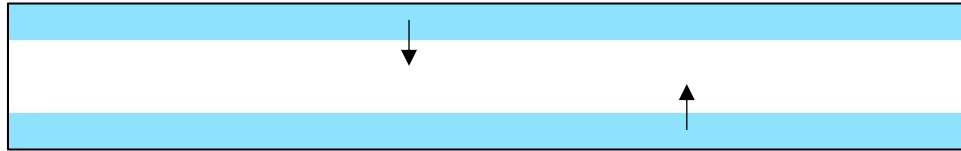
9. Press seam allowances. Make 40, Size: $4\frac{1}{2}'' \times 4\frac{1}{2}''$
 10. Match and join with RST, a White (Background) B2 rectangle to the Left and Right sides from Step 9. Press seam allowance.
 Size: $4\frac{1}{2}'' \times 6\frac{1}{2}''$



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11. Match and join with RST, a Bright Blue A strip to each side of the remaining White (Background) B strips. Make (3) Size: $6\frac{1}{2}$ " x WOF, Label A/B/A



12. Cut Strip Sets A/B/A into (80) $1\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangles, label A/B/A



13. Match and join with RST, each A/B/A to the top and bottom to unit from Step 10. Press seam allowance. Size: $6\frac{1}{2}$ " x $6\frac{1}{2}$ ". **Make 40**

