



**WIAA DIVISION II & III
CROSS COUNTRY SECTIONAL**
Hosted by Colby/Abbotsford Cross Country
Colby High School—Colby, WI
Saturday, October 21, 2023



Location:

Colby High School
705 N 2nd St
Colby, WI 54421

Meet Schedule:

Division 3 Meet

8:30 AM Course opens for inspection—Division III
9:55 AM Coaches Meeting Division III (finish line)
10:05 AM National Anthem
10:30 AM Boys Division III Sectional Race
11:30 AM Girls Division III Sectional Race
12:30 PM Awards Ceremony Division III—High School Gymnasium
*If we can do each awards ceremony earlier, we will get them going sooner.

Division 2 Meet

12:45 PM Course opens for inspection—Division II
2:10 PM Coaches Meeting Division II (finish line)
2:20 PM National Anthem
2:45 AM Boys Division II Sectional Race
3:45 AM Girls Division II Sectional Race
4:45 PM Awards Ceremony Division II—High School Gymnasium
*If we can do each awards ceremony earlier, we will get them going sooner.

Schools & Box Assignments Division III:

1—Neillsville, 2—Iola-Scandinavia, 3—Athens, 4—Nekoosa, 5—Loyal/Greenwood, 6—Marathon, 7—Assumption, 8—Abbotsford (girls) 9—Edgar, 10—Auburndale, 11—Spencer, 12—Port Edwards, 13—Rosholt, 14—Columbus Catholic, 15—Colby, 16—Stratford, 17—Tri-Country, 18—Necedah, 19—Princeton/Green Lake, 20—Westfield, 21—Pittsville, 22—Markesan, 23—Pacelli

Schools & Box Assignments Division II:

1—Shawano, 2—Mosinee, 3—Lakeland, 4—Stanley-Boyd, 5—Northland Pines, 6—Oconto Falls, , 7—Colby/Abbotsford (boys), 8—Antigo, 9—Merrill, 10—Marinette, 11—Medford, 12—Menominee Indian, 13—Rhindlander, 14—Wittenberg-Birnamwood, 15—Peshtigo, 16—Tomahawk

Coach's' Meeting:

The coach's' meeting will be held at the finish line at 9:55 for division 3 and 2:10 for division 2. Please don't be late. It will be very short so you can get back to your team. We will do any final announcements, address any concerns, and talk with the jury of appeals.

Team Entry Fee:

\$25 per gender per school for a full team (\$50 per school) or Less than 5 participants; \$5 per individual. Please send your payment to Colby High School, Attention: Bryon Graun 705 N 2nd St, Colby WI 54421. We prefer that you **do not** bring your check to the meet, but rather mail it.

Entries, Timing & Results:

Entries MUST be completed online at www.wi.milesplit.com by Tuesday, October 17th at 11:59 p.m. Include participants' first and last names and GRADE IN SCHOOL when entering. If you know of team changes during the week of the race, please e-mail me at bgraun@colby.k12.wi.us. Coaches may change runners up to the start of the race; however, these changes must be reported to the meet manager. Please report to the timing tent at the finish area upon arrival to make any changes and to check to see that rosters are correct.

PT Timing will be providing timing and scoring for the two meets. Live results will be available at www.pttiming.com

Admissions:

Spectators will be charged a \$8.00 admission fee to this WIAA event. Please inform those who will be attending, especially parents, that admission will be charged.

Team Bus/Van Parking:

Bus parking will be in the back of the school this year. See the included map for the location. Teams will enter the school grounds through our back parking lot to drop off teams and directed towards the team parking area. We ask ALL teams no matter if you have a bus, car or school van to enter through this area. We want to reserve our front parking lot for spectators. Upon your arrival follow the directions of meet officials before unloading your team.

Tents/Team Camps:

Please see the included map of the grounds for team camp area, bathrooms/locker rooms, and concessions. Be sure to clean up team camps after the meet. All tents/team camps must be set up west of the school building.

Trainer:

Maddie our trainer, from Health In Motion Physical Therapy in Wausau, will be available and set up at the finish, and ice will be available.

Course Inspection:

The course will be set and ready to be walked at 8:30 AM and 12:45 PM. Please have runners off the course fifteen minutes prior to the start of the Boys races in each division.

Officials:

Barry Brubaker—Meet Referee
Paul Rozak—Starter

Jury of Appeals:

Paul Rozak—Starter

Bryon Graun—Meet Manager Colby/Abbotsford Coach

Division III

Dillon Novak—Abbotsford

Bob Piotrowski—Pittsville

Adam Luchterhand—Neillsville

Division II

Nick Mahr—Stanley-Boyd

Cathy Easker—Wittenberg-Birnamwood

Maureen Hartzheim—Lakeland

Course: 5000 meters for both Boys and Girls.

The race will be run on the Colby High School grounds. The course is mostly on grass, spikes can be worn. There is a packed granite trail in the wooded portion of the course. The course will be marked with appropriate flags and directional arrows and a double white line. It is fair and challenging, a true cross country course that includes short inclines, flat areas, wooded trails and many open areas as well! It is a very spectator-friendly course. One can see runners four times by only moving 100 meters. Course maps are included with this letter. The 1K, 2K, 3K, 4K, 1 mile, 2 mile and 3 mile are all marked with flags. We will have clocks at the 1 and 2 mile markers as well. Midstate Technical College has surveyed and certified the course at 5000m. Starting lane assignments are randomly assigned by the WIAA.

A Course Video can be viewed on YouTube here:

<https://www.youtube.com/watch?v=IImhDgRpbkw>

Restricted Areas:

Restricted areas where only competing athletes, coaches and meet personnel will be allowed are designated by ropes or fences. No spectators or non-participating athletes will be allowed in the starting area at the beginning of the race, coaches only. The finish chute area is restricted at all times during and after the races to everyone except working meet personnel. No spectators, non-participating athletes, or student managers are allowed in these areas. These areas will be roped or fenced.

WIAA Rule Reminders:

Toys: Please instruct your teams to not bring footballs, Frisbees, soccer balls, etc. to the meet site. They are to be left on the bus and not be thrown anywhere before, during, or after the races at the meet site.

Pets: Pets are not allowed at the meet site per WIAA Rules. Please relay this information to parents/spectators.

Music: Teams/athletes should not be playing music through any types of speakers. Only the host school is permitted to play music and have a PA/speaker system at the meet sight. This also includes when runners are previewing the course.

Awards Ceremony:

The awards ceremony will take place in the Colby High School Gymnasium starting at 12:30 p.m. for division 3 and 4:45 p.m. for division 2. If we are able to start sooner we will. We ask that all division 3 teams attending the awards ceremony clean up their team camp and load their bus before going to awards. We will have your bus load you after awards in front of the high school, so there is room for the division 2 schools coming in the back parking lot at that time.

Awards:

Medals will be awarded to the top 5 individuals not on the top 2 teams as state qualifiers in each gender. The top 2 teams in each gender will be awarded a team plaque and 7 medals for the members of these teams as state qualifiers.

Qualifying Teams/Runners

Coaches who have teams and individuals qualifying, it is very important that you stay through the awards ceremony. It will be during that time that we give you a pack of information about the state meet, which will include your parking pass for the Ridges in Wisconsin Rapids, meet details and state shirt information.

Concessions:

We will have concessions available.

T-Shirts:

We will have t-shirts available for purchase.

Restrooms & Showers:

Portable toilets will be available at the north end of the school. Bathrooms will be available inside the high school main doors and the locker rooms. Locker rooms will also be available inside the northwest end of the building.

If you have any questions, please feel free to contact me at:

Phone: 715-223-2338 ext. 5149

E-mail: bgraun@colby.k12.wi.us.

Bryon Graun

Sectional Meet Manager

Co-Athletic Director

Colby/Abbotsford Boys & Colby Girls Cross Country Head Coach

**Online Entries Are Due Using MileSplit No Later Than
Tuesday, October 17 at 11:59 p.m.**

