

# How to Use Strong Acidic & Acidic (Beauty) Water from Your Kangen Water™ Ionizer

The Strong Acidic outlet (grey lower hose) is as useful as the alkaline Kangen Water. Acid is what we use when we soak our raw fruits and vegetables in a bowl of water with vinegar added.

- Acid water kills parasites and their eggs, and *e.coli* from bird droppings and from people who didn't wash their hands at the toilet. You never know who's handled your raw produce!
- With Strong Acidic water, it's so quick and easy to wash raw fruits and vegetables, and your hands, under the strong acid hose.

## Acid Water as Vinegar

For those people who don't own an Ionizer, they buy grape vinegar to wash produce and hands. “I add 2 tablespoons to a bowl of water”, as advised by Paul Pitchford in *Healing with Whole Foods*.

After reading Hulda Clarke's *A Cure For All Diseases*, I began to dip my finger-tips into a cap of pure undiluted vinegar after preparing raw bird or fish for my cats, so as to thoroughly clean under my fingernails. She really got me paranoid about parasites!

- Today you can simply wash your hands and produce under the Enagic device's acid cycle. Chlorine I avoid as far as possible because among its many evils, it makes fish go blind.
- I disinfect the countertop with Strong Acidic Water, when working with bird or fish for my animals. I also rinse their dishes in it after washing up, to sterilize them.
- It's cool that you can scrub your nails with soap under the Strong Acidic hose. You can't do that with vinegar!

## Strong Acidic Water as Hydrogen Peroxide

Acid burns holes in the outer membranes of microbes like parasites, bacteria, viruses and microscopic worms, just as very strong acid will burn your skin.

Microbes are single-celled organisms. Once they lose their mantle or cover, they're dead. Its one way our immune system kills them, except it uses oxygen instead of acid. Both acid and oxygen do the same thing, they knock a hole in the membrane.

Micro-organisms are negatively charged, they contain extra electrons. Oxygen is short 2 electrons, so it steals electrons from the microbes, thus oxidizing or killing them.

Acid water is short on electrons too. Acids can accept electrons, so again they grab the excess electrons from a microbe and destroy it.

Use your Enagic LeveLuk Ionizer Strong Acidic water as:

- a mouthwash after brushing teeth – this is essential because toothpastes, especially natural ones, are high-alkaline with their calcium and baking soda (an antacid);
- an antiseptic for cuts, scratches and wounds;
- a warm-water soak for athlete's foot;
- a spray for rose bushes to reduce fungus;
- an astringent for rashes, nail fungus, insect bites, and sunburn – once when I got terribly sun burnt on Delaware beach, I was advised to wipe white vinegar onto my legs and arms, it works!
- Acid water takes the itch out of mosquito bites, the sting out of insect bites. Use it for blue-bottle stings.
- Diabetic ulcers (festering skin sores) can be safely soaked in acid water.

## **Acid (Beauty) Water as an Astringent**

The Acidic (Beauty) Water is especially good for splashing onto your face and skin after a shower, to restore your skin's acid mantle after washing it with alkaline soap. Much more effective than expensive astringent!

Our body intentionally excretes acid toxins through the skin. This acid coating helps our skin to stop unwanted microbes from boring into us. Soap washes the mantle away, leaving our skin vulnerable to infection. Sometimes I restore the acid on my facial skin by splashing it with lemon juice diluted in water. For body skin I simply stopped using soap!

- It's so easy to splash your face and body with a bottle of acid water to restore your skin's protective acids.
- Acid water is a natural toner for improving your complexion – it removes the day's grease and dirt without any harsh chemicals.
- Acid water is a natural hair conditioner, restoring shine to your hair, in the same way rinsing it in lemon or vinegar water does – it removes all that sticky soap.
- Acid water's astringent quality helps to banish acne – and so do vegan raw foods of course!

- Good results are reported with skin complaints, *e.g.* eczema, but again I stress a healthy diet.

## Strong Acidic & Acidic (Beauty) Water for Plants

- House plants thrive on acid water, and
- Cut flowers will last longer.
- Acid water kills germs on contact – we can stop using chemicals that kill wildlife.
- Wash your Sprout Trays with acid water, to avoid cross-contamination between batches – quit the chlorine!
- Spray your wheatgrass with acid water, if there's any sign of mold.

Water	pH	What It Means
Tap Water	7	Slight oxidation potential, can sap your energy
Alkaline Water	8-9	Strong reduction potential, contains a mass of electrons that it donates to free radicals
Acid Water	4	Strong oxidation potential, a shortage of electrons giving it the ability to oxidize and sterilizer

**\*\* NEVER DRINK STRONG ACIDIC OR  
ACIDIC (BEAUTY) WATER \*\***

**NOTE: ACIDIC (BEAUTY) WATER IS SAFE FOR COOKING**