

Reflection:

'Whatever troubles may be before you, accept them cheerfully, remembering whom you are trying to follow. Do not be afraid. Love one another, bear with one another, and let charity guide you in all your life.' – St Mary MacKillop, 8th August.

We all face troubles in life. Many difficulties are cracks in our path that trip us up; others are crater sized problems that are trickier to navigate. Life often challenges us with struggles we're not always prepared to overcome.

But for Mary MacKillop to ask us to bear our troubles cheerfully? That request seems a bit too much. To understand Mary MacKillop's words, we can look to the Benedictine monk, Brother David Steindl-Rast and his teachings on prayer and gratitude.

In an interview with the American Public Broadcasting Station (PBS), Br David says, 'The root of joy is gratefulness. It is not joy that makes us grateful; it is gratitude that makes us joyful. Count your blessings and you will find them to be countless, even in the midst of adversity and tragic circumstances.

Br David explains that when we are grateful for every little thing such as our ability to see or hear, it's then we can view life with the wonder of a child. If we are missing one of our five senses we can be grateful for the one's we have left. Delighting in God's creation and gifts transforms our worries and concerns into joy and allows us to bear all things cheerfully.

St Mary MacKillop knew what it meant to bear troubles joyfully. An industrious and educated young woman, she began teaching in her teenage years to support her family, even opening schools in her early 20s. She carried her love for teaching and serving the poor throughout her life. Co-founder of the Sisters of St Joseph of the Sacred Heart (the Josephites), she almost lost her life's work and her religious community, standing up against a sexual perpetrator. Even in excommunication, she didn't give up her faith or joy.

In 2010 at her canonisation Pope Benedict XVI described Mary MacKillop's courage and joy in the face of troubles. He said, 'Despite many challenges, her prayers to Saint Joseph and her unflagging devotion to the Sacred Heart of Jesus, to whom she dedicated her new congregation, gave this holy woman the graces needed to remain faithful to God and to the Church.'

As we face struggles in our lives, may we remember St Mary MacKillop's unwavering courage and let charity be our guide.

Clare Deignan, australiancatholics.com.au



Sacred Heart Parish Koorinal

1st/2nd August, 2020

Parish Sec: Roxy Locke

(Mon. Thurs. Fri. 9am-2pm)

Pastor: Fr John Baptist (Mob 0415 371 627)

Parish Council Sec: Marsha Reilly

Presbytery: 71 White Avenue, Koorinal. 2650

Telephone: 02 6922 6057

Sunday Mass Times:

Sat.Vigil:5:30pm Sunday: 10am

Daily Mass Times:

Monday - Friday: 5:45pm

Saturday: 9.30am

Changes to Mass times will be on Chapel door.

Reconciliation: Sat. 10.00am-10.30am

Parish Pastor Email: kooringalchurch@sacredheartparish.net.au

Facebook: <https://www.facebook.com/groups/sacredheartkooringal/>

Web Site: <https://kooringalchurchsacredheartparish.net/>

Parish Council Email: shkparishcouncil@gmail.com

Safeguarding Officer: Anne Brown Phone 6926 2937 Email annie1.temple@gmail.com

WE PRAY FOR:

RECENTLY DECEASED: Brian Connolly, Mary Desira, Frank Corbett, John Hosie, Beryl Pearson, Gerard Davis, Gerard Gaynor, Sr. Ann McRae pbvm, Thea Bowen, Fr. Frank Bell, John Maloney, Laurent Stout, Michael W. Flett, Tony Madigan, Allan Davis, Barbara McDonnell, Fr. Wilfred Plunkett, Fr. Noel Connolly ssc, John Stout, Bill Matthews, Beverly Crouch., Vitas Mangahis.

ANNIVERSARIES/ REMEMBRANCES: John Stout, Fiona & Barry Buchan, Gerald Fitzgerald, Jarrod Baker.

SICK: Theresa Gallucci, Ilona Gortva, Laurence Roche, Dorothy Castle, William Trist, Miriam McCoy, Joanne Huckel, Terry Phegan, Mary Condell, Genevieve Keogh, Dorothy Waterford, Shivaun Clifton, Barry Parnell, Hayden O'Callaghan, June Kimber, Bob Barclay, Denise Goonan, Adam Horsley, Finley Owens, Shirley Gabriel, Christopher Lee, Garry Brigham, Bette Fitzpatrick .



Friendship Group: The Friendship group will not be meeting at this time as the virus is still too dangerous. We will stay in touch.

mainly music: the program is planning to start again on 4th October.

EIGHTEENTH SUNDAY IN ORDINARY TIME, YR A

To prepare for next Sunday's Mass go to St Louis Jesuits – The Centre for Liturgy website: <http://liturgy.slu.edu> and/or Jerusalem Bible Translation of Readings: <http://www.universalis.com/>

FIRST READING: A reading from prophet Isaiah 55:1-3

Thus says the Lord: Oh, come to the water all you who are thirsty; though you have no money, come! Buy corn without money, and eat, and, at no cost, wine and milk. Why spend money on what is not bread, your wages on what fails to satisfy? Listen, listen to me, and you will have good things to eat and rich food to enjoy. Pay attention, come to me; listen, and your soul will live. With you I will make an everlasting covenant out of the favours promised to David.

The Word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM: Ps 144

The hand of the Lord feeds us: He answers all our needs.

The Lord is kind and full of compassion, slow to anger, abounding in love.

How good is the Lord to all, compassionate to all his creatures.

The eyes of all creatures look to you and you give them their food in due time.

You open wide your hand, grant the desires of all who live.

The Lord is just in all his ways and loving in all his deeds.

He is close to all who call him, call on him from their hearts.

The hand of the Lord feeds us: He answers all our needs.

SECOND READING: A reading from the letter of St Paul to the Romans 8:35.37-39

Nothing therefore can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us. For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord. The Word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION: Mt 4:4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL: Matthew 14:13-21

A reading from the holy Gospel according to Matthew. **Glory to you, O Lord.**

When Jesus received the news of John the Baptist's death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick. When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some

food'. Jesus replied, 'There is no need for them to go: give them something to eat yourselves'. But they answered 'All we have with us is five loaves and two fish'. 'Bring them here to me' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining; twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

The Gospel of the Lord. **Praise to you Lord Jesus Christ.**

GOSPEL CONNECTIONS

Neither Death Nor Life

Jesus never met a crowd he couldn't satisfy. If they were ignorant, he taught them. If they were sinners, he forgave them. If they brought their sick, he healed them. If they were hungry, he fed them. No one who yearned and brought their yearning to him was unanswered, not even the women and their children.

But Jesus didn't come to found a school, hospital, counselling practice, or bakery. He comes to bring abundant life to people who've gotten used to the half-life of a world in which evil has free rein. The hungry child can only experience God through bread. Jesus brings life to the world to match its need. Neither the finality of death nor the harshness of life can overcome the gift he offers. That's why the miracle of feeding a crowd of five thousand, as grand as it is, is dwarfed by the generations of people who've been fed by Jesus since.

What form would Jesus take, in order to come into your life and fill your need today?

Help someone to experience the abundant life of Christ. Tutor someone who wants to learn. Comfort someone in sickness or distress. Forgive a person who's wronged you. Feed the hungry. Clothe the poor. Visit the prisoner.

"There is no need to dismiss them. You give them supper". (gpbs.com.au)

FINANCE

Las week 1st Collection \$448 and 2nd Collection \$525.

New Envelopes and Receipts are available in the foyer.

Twinning receipts and envelopes are also available in the foyer.

There is no longer a numbering system, you are issued with 10 envelopes with your name printed on them, when you require more please notify the parish secretary. Email: Koorinalchurch@sacredheartparish.net.au

Direct debit to our PARISH BUILDING Account BSB 066 789 A/C No 6111068 showing your surname, this account attracts a 100% tax deduction.

Direct debit to account BSB 066 789 A/C No 100005658, which is our parish working account, attracts a 50% tax deduction using you surname reference as envelope givers. PRESBYTERY ACCOUNT, you can direct your donation to BSB 066 789 A/C No 100005657 also showing your surname as reference, no tax deduction.