

JANUARY SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN NUGGETS TATER TOTS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	TURKEY SANDWICH APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	SPAGHETTI MARINARA STRING CHEESE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	CHICKEN TAQUITOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



FEBRUARY SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN SANDWICH STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	MACARONI & CHEESE SAUSAGE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	CHICKEN TERIYAKI FRIED RICE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	SHREDDED BEEF TACOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



MARCH SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	SPAGHETTI + MEATBALLS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	ORANGE CHICKEN WHITE RICE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	FISH STICKS MASHED POTATOES MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	POTSTICKERS TOFU GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



APRIL SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN NUGGETS TATER TOTS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	TURKEY SANDWICH APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	SPAGHETTI MARINARA STRING CHEESE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	CHICKEN TAQUITOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



MAY SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN SANDWICH STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	MACARONI & CHEESE SAUSAGE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	CHICKEN TERIYAKI FRIED RICE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	SHREDDED BEEF TACOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



JUNE SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	SPAGHETTI + MEATBALLS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	ORANGE CHICKEN WHITE RICE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	FISH STICKS MASHED POTATOES MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	POTSTICKERS TOFU GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



JULY SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN NUGGETS TATER TOTS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	TURKEY SANDWICH APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	SPAGHETTI MARINARA STRING CHEESE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	CHICKEN TAQUITOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



AUGUST SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN SANDWICH STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	MACARONI & CHEESE SAUSAGE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	CHICKEN TERIYAKI FRIED RICE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	SHREDDED BEEF TACOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



SEPTEMBER SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	SPAGHETTI + MEATBALLS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	ORANGE CHICKEN WHITE RICE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	FISH STICKS MASHED POTATOES MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	POTSTICKERS TOFU GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



OCTOBER SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN NUGGETS TATER TOTS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	TURKEY SANDWICH APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	SPAGHETTI MARINARA STRING CHEESE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	CHICKEN TAQUITOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



NOVEMBER SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	CHICKEN SANDWICH STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	MACARONI & CHEESE SAUSAGE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	CHICKEN TERIYAKI FRIED RICE MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	SHREDDED BEEF TACOS SPANISH RICE GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES



DECEMBER SCHOOL LUNCH

WHITING WOODS MONTESSORI

	SNACK	LUNCH	SNACK
MON	APPLESAUCE + GRANOLA BAR	SPAGHETTI + MEATBALLS STEAMED PEAS PINEAPPLE CUBES	PRETZELS + STRING CHEESE
TUE	CHEERIOS + BANANA	ORANGE CHICKEN WHITE RICE APPLE SLICES CORN ON THE COB	VEGGIE STRAWS + APPLESAUCE
WED	MANDARIN ORANGE + GRANOLA BAR	CHEESE PIZZA CUCUMBERS CARROTS STRAWBERRIES	APPLE SLICES + PRETZELS
THU	HOMEMADE MUFFIN + YOGURT	FISH STICKS MASHED POTATOES MIXED VEGETABLES MANDARIN ORANGES	CRACKERS + BANANA
FRI	STRING CHEESE + CRACKERS	POTSTICKERS TOFU GREEN BEANS CORN ON THE COB	CHEERIOS + STRAWBERRIES

