

Caring for those who care about us

Who are the Laura Hyde Foundation?

We are The Laura Hyde Foundation, the UK's newest and only charity that focuses on mental health awareness and support specifically for our medical and emergency services personnel.

Our nurses, doctors, paramedics, firemen, police officers and carers are all exposed to stress and trauma everyday. Their selflessness and passion for helping others frequently results in them bringing home the strain and pain of their daily experiences.

Our mission is to ensure that all medical and emergency services workers have access to the best mental health support network available and remove the stigma associated with this.

This is best summarised by our tagline of 'Caring for those that care about us'

Where did we come from?

The Laura Hyde Foundation was set up in late 2017 in response to the tragic passing of Laura Hyde, a young naval nurse, who suffered with mental health issues, yet dedicated her life to helping others.

Our simple goal is helping others who may find themselves in similar desperate situations.

Looking forward

In the next 12 months we have set ourselves some challenging targets to expand our reach and increase our capacity to provide support:

- Deliver some key note speaking slots across the hospital and fire networks alongside our celebrity ambassadors to raise awareness
- Ensure that local hospital personnel have access to a fit for purpose mental health support network including a relatable self-help guide
- Expand our website based forum capability so people can engage with likeminded individuals online
- Work with local nursing trusts to provide free literature as part of their employee handbooks
- Raise money to expand our services across the South-West and beyond
- Create our first promotional video with celebrity backing



Caring for those who care about us

If you would like to help in enabling support to be provided to these wonderful people who support us as all, then please visit our sponsorship page and donate whatever you can or spread the word.

justgiving.com/crowdfunding/laurahydefoundation

 facebook.com/LauraHydeFoundation

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#caringforthosewhocareaboutus
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