

OwnUrWings: Reflective Peace Reset Experience

A curated pause for women ready to breathe, reflect, and reconnect in a beautiful place.

Atlantis Resort | Paradise Island, Bahamas April 20–24, 2026

The Invitation

Sometimes the strongest, most capable women are also the most exhausted. They aren't doing anything wrong, but they've been carrying a lot for a long time.

This is not therapy. This is not a conference. And it's not just a vacation. It is a structured pause in a beautiful place designed for women who understand the weight of leadership, responsibility, and life transitions.



The Experience Includes:

- 4 Nights at Atlantis Resort: Luxury accommodations in Paradise Island.
- The OwnUrWings Reflective Peace Map: A personal assessment to understand your current season.
- 1-on-1 Strategy: Individual results debrief with Diane.
- Restorative Connection: A reserved pool/beach day for the cohort, hosted group dinner, and a curated reset notebook.
- Holistic Wellness: Optional sound healing and chakra openness assessments.

The Flow

- April 20: Arrival, welcome materials, and sunset meet-and-greet.
- April 21: Connection Day—reserved cabana time and deep conversations.
- April 22: Reflection Day—Personal Peace Map debriefs and hosted group dinner.
- April 23: Exploration Day—Optional sound healing, spa visits, or ocean excursions.
- April 24: Departure—Leave rested, clearer, and ready for what comes next.

Investment & Applications

OwnUrWings takes selecting the right groups for each trip very seriously and we like to keep them small. The application process helps us get to know what you are looking for in an experience. This one is designed for relaxation, fun, beautiful surroundings, wildlife and nature interactions and self-reflection. You will be notified shortly after your application if you are fit for this trip or any others we have planned that maybe better aligned to your needs. We also visit Sedona and have local workshops.

This experience is intentionally limited to a small cohort to ensure a high-trust, meaningful dynamic. This cohort will be limited to 15 participants, apply early!

- Shared Room Experience: \$2,795 per person
- Private Room Upgrade: + \$1,000
- Payment: \$1,700 deposit upon booking; balance due April 10, 2026.
- In addition to the experience cost, participants should budget for their flight, optional excursions, transfers, and food and beverage outside of the hosted meal. Trip insurance or a waiver will be required. Once paid, deposits and balances are non-refundable. Cancellations will result in lost experience cost.



READY TO APPLY? Visit www.ownurwings.com to begin your application.

Hosted By: Diane Ratigan-Schmidt - Workplace strategist, leadership facilitator, and author of *Healing Organizational Trauma*. Diane helps high-achievers move from burnout and misalignment toward clarity, collaboration, and sustainable success.