



Midlands FRS

Welcome Pack

Duke of Edinburgh's Award Gold Residential

About Us

Thank you for booking on to our Gold Residential for the Duke of Edinburgh's Award! We look forward to welcoming you to Kibblestone Scout Camp in Staffordshire for a week of fun and challenging activities centred around the fire and rescue service and wider emergency services*.

The programme itself is delivered through our training company UKTraining4you and includes a certificate for the Emergency First Aid qualification, in addition we will be providing a certificate for fire safety training (certified by Firesafe999) and a comprehensive certificate for the whole week's programme.

*The weather can impact on the programme and therefore we may adjust accordingly.

Programme Schedule - Monday

- 12.00 - 12.30 Introduction, health & safety, food & cleaning teams
- 12.30 - 13:00 Lunch
- 13:00 - 13:30 Kit issue, assigned watches

Afternoon activities follow parade



Range of Activities Through the Week Includes

- Equipment inspection – all equipment on fire appliance
- Words of command & dressing
- Pump and hose running
- Casualty Evacuation and use of stretchers
- Communications – use of radios and phonetic alphabet
- Road traffic collision and use of cutting equipment
- Responding to emergencies – search and rescue of missing persons
- Hazmat exercise including decontamination
- Water Rescue at local canal boat yard, retrieving a person in the water
- Fire Safety & Use of extinguishers
- Combination drill
- Slow speed manoeuvring of vehicles – opportunity to drive 4x4 fire vehicle and fire engine
- Night-time drills (involving putting out live fires)
- Emergency First Aid including use of an AED
- Breathing Apparatus (including rescue of casualty from smoke room)

Programme Schedule - Friday

This day includes:

- Packing up procedures
- Responding to emergencies final activity
- A celebration of success & award ceremony at 14.00 – parents are welcome to attend, completed by 15.00

Meet the Team

James Williams – Instructor & Programme Director

25 years in the fire & rescue service and a health & safety manager and trainer for nearly 20 years.

William Bridgeman – AAP Manager & DofE Co-Ordinator

30 years as a teacher including special needs, DofE expedition leader for over ten years.

Phil Benbow – Instructor

25 years in the fire & rescue service, station lead for The Prince's Trust and DofE volunteers.

Gary Pearce – Instructor

30 years in the fire & rescue service, was the lead for a local youth club for many years.

Donna Wood – Instructor

7 years in the fire & rescue service, mental health instructor.

Daniel Wheeler – Instructor

10 years in the fire & rescue service, previous experience serving in the Armed Forces in Afghanistan.



Residential Highlights

Things to Bring

We recommend bringing the following items to the residential:

- Black combat or workwear trousers, black jeans are also acceptable (ideally 2 pairs)
- 5 Red t-shirts with no logos (we do carry spares just in case)
- Appropriate casual clothing is fine for in the evenings
- Suitable footwear for driving vehicles
- Hiking boots from previous expeditions can also be used
- Thick socks suitable for wearing with boots
- Bedding – a bed sheet or sleeping bag as well as a pillow
- Hand & bath towels
- Refillable water bottle
- Personal items – items of value should not be brought as there is no lockable provision on site
- Hygiene items

Other

- There is a tuck shop in the reception of the scout camp
- We do visit the local supermarket at least twice during the week
- Free Wifi is available on the site
- We have a washing machine and drying facilities at our office if required
- We have both male and female on-site supervisors including overnight

Travel Arrangements

If you are traveling by train then please let us know so we can arrange for pick-up from Stone train station (ST15 8ER).



Kibblestone International Scout Camp

Applicants are staying in a cabin at the Kibblestone International Scout Camp near Stone, Staffordshire. The What3words for the cabin where the applicant will need to be dropped off by 12 noon are `type.richer.intervals`





Friday Pick-up

The residential will finish on the Friday at the scout camp with a parade and awards ceremony that parents are welcome to attend. This starts at 2.00pm.

Policies

- The use of mobile phones during activities will only be allowed with permission of the instructors.
- We do not allow smoking, vaping or the drinking of alcohol during activities
- Long hair will need to be tied back for safety
- All participants will be issued with the correct personal protective equipment which will need to be worn under the direction of the instructors.
- All activities have been risk assessed and are deemed as either no or low risk but a safety brief is done at the beginning of every activity.
- We have the following policies: Equality & Diversity, Environmental, Dignity & Respect, Health & Safety, Quality Assurance.