

## TX Cho's Tae Kwon Do Center Copperfield Academy Class Schedule

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MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	MOST FRIDAYS	MOST SATURDAYS
12:00 - 12:40pm Daytime Adult Workout	3:00 - 5:00pm Private Lessons	12:00 - 12:40pm Daytime Adult Workout	3:00 - 5:00pm Private Lessons	12:00 - 12:40pm Daytime Adult Workout	10:00 - 10:40am Adult TKD
5:15 - 5:55pm Tots TKD	5:00 - 5:40pm Tots TKD	5:15 - 5:55pm Tots TKD	5:00 - 5:40pm Tots TKD	4:00 - 6:00pm Private Lessons & Special Event	10:45 - 11:25am All Kids TKD
6:00 - 6:40pm Kids Beg. TKD	5:45 - 6:25pm Kids Adv. TKD	6:00 - 6:40pm Kids Beg. TKD	5:45 - 6:25pm Kids Adv. TKD	6:00 - 7:00pm Xtreme Team	11:30 - 12:00pm Tots TKD
6:45 - 7:25pm Kids Adv. TKD	6:30 - 7:10pm Kids Beg. TKD	6:45 - 7:25pm Kids Adv. TKD	6:30 - 7:10pm Kids Beg. TKD	7:00 - 7:45pm Black Belt Training	12:00 - 12:45pm Sparring Club
7:25 - 7:45pm Adult Curriculum Practice	7:15 - 8:00pm Adult TKD	7:25 - 7:45pm Adult Curriculum Practice	7:15 - 8:00pm Adult TKD	7:45 - 8:30pm 4D Combat / Kali	1:00 - 2:00pm Private Lessons & Special Events
7:45 - 8:30pm Adult TKD	8:00 - 8:30pm Adult Open Practice	7:45 - 8:30pm Adult TKD	8:00 - 8:45pm Adult CSW		
		8:30 - 9:00pm Adult Open Practice			
Office Hours 3:00 - 8:30pm	Office Hours 3:00 - 8:30pm	Office Hours 3:00 - 8:30pm	Office Hours 3:00 - 8:30pm	Office Hours 5:00 - 8:00pm	Office Hours 10:00am - 12:00pm

**Tots TKD**: Core Program for Ages 3ish - 6ish. All Ranks

**Kids Beg. TKD**: Core program for Ages 6ish - 12ish. White, Yellow, Green, Green High, & Blue Belt Ranks. Adv. Students may attend but know that the material is strictly beginner.

<u>Kids Adv. TKD</u>: Core program for Ages 8 - 12. Blue High, Brown, Red, and Black Belt Ranks.

Adult TKD: Core Program for Ages 13+. All Ranks

<u>Adult CSW</u>: Our Submission Wrestling / MMA program from Sensei Erik Paulson. See Master Kevin for more Info.

**4D Combat**: Jeet Kune Do / Kali blend from Guru Bob Breen. See Master Kevin for more info.

<u>Private Lessons</u> by appointment only. For More Info please see Master Kevin.

- We are contstantly monitoring the situation with the ongoing battle against COVID-19. If
  anything changes in our community we will take appropriate steps for the safety of our students
  and their family. This may include closing the lobby for additional space for the students.
- Class schedule subject to change for Holidays, Special Events, or Emergencys. If any changes do
  occure an announcment will be made as soon as possible. Remeber our Academy can be found
  both at the academy as well as at <a href="https://doi.org/10.1007/journal.org/">https://doi.org/10.1007/journal.org/</a>
- Most Classes will continue to be approximately 40mins long to allow a small window for class
  change and social distance. If you arrive early please wait in your car till this class change period
  so that the lobby has enough space.
- While in our Lobby please help us create a distraction free enviorment for our students and coaches. Please no loud noises, if you have small children please make sure they stay seated and not running around, and absoultly no Video or Flash Photography while classes are being held.