# THE TRUTH

How resilient are you? We all have been knocked down......"blown up" in some way. The debris field usually consists of an infinite number of parts and you tend to carry the "wounds" that come along with the explosion......After experiencing such a period, we usually put the trauma/wounds into buckets....physical ailments, emotional pain, stress, vices, behavior modifications, etc...It is also clear that individual circumstances and environment provide additional context. The TRUTH is, as individual/unique as the buckets may be, they are all a part of a collective consciousness. As we peel our individual "onions" back, layer after layer..... after layer, it is both an eye watering and extremely complex experience.

RFAI

ESTATE

#### LEND ME YOUR EYES I CAN CHANGE WHAT YOU SEE

December 2022 Vol 3

BUT YOUR SOUL YOU MUST KEEP, TOTALLY FREE

-M. MUMFORD

### **COMPOUNDING EFFECT**

Small Choices+Consistency+Time = Significant Results -Darren Hardy An exorbitant amount of variables make us who we are, but it is believed that YOUR processing of the "buckets" is what allows us to evolve. How we deal with the discomfort of analyzing and picking up the debris field is a daily, compounding task. Compounding is defined as the strategy of reaping huge rewards from small, seemingly insignificant actions. The compounding aspect of the daily decisions results in a revised, more evolved YOU.

The overwhelming TRUTH is we learn more from failure/loss than anything else. As difficult as it may seem, we must keep moving. Even if it means starting on one knee because you can't bare anything beyond that. Then kneel daily. You will know when it's time to push to the next movement, keep fighting daily. YOU may feel the nudge to talk about your experiences...it may just come naturally in the flow of conversation....be open to being communicative. This is the compounding effect in action. Building daily. As YOU add another year on this planet...we celebrate and be thankful for what we have....how far we have come. We are in a fruitful time despite what you may hear. It has never been a better time to be alive, don't squander it.



As we officially approach winter and the end of the year, take the crisp air in.. fill your lungs.

Be thankful. If you have someone that has entered your thoughts... act on the nudge... contact them. Tell them you love them.

# AEK Real Estate <u>WHAT CONSULTANTS ARE</u>

Consultants shouldn't be thought of as super specialized skill experts. We're short-term reinforcements to look into special projects that people who are working "in the business" don't have time to do.

# AEK NEWS

## Don't try to do it all yourself

Your opportunities for growth and profits will remain limited if you try to do everything yourself. Real estate is complex, and there tends to be a lack of an overall understanding of the real estate investments process. Beginner investors can find themselves being too cautious, or too careless. They'll make mistakes, and while some mistakes are bound to happen, too many can be costly and lead to disaster. The best insurance against making too many

costly mistakes is experience. But if you are new to the real estate game, you'll need to leverage the experience of others!



Having the right partners can increase your returns in an investment venture and sometimes dramatically! Some real estate investors believe that they can retain more profits if they do the work themselves, but that is not a strategy for the wealthy and successful real estate investors. Another reason for putting together an experienced team is scalability!

Simply put, if you want to expand your real estate portfolio over time, you have to recognize that you can't find all the properties, fix all the problems, and manage them yourself. By building a team of property managers, real estate brokers, lenders, attorneys, and accountants, you can multiply the time and talent you have at your disposal, essentially without limit.

We are here to help. Give us a call or stop by!

Not to harp....but we have to focus on retaining the discretionary money that is being generated by all of the job opportunities in and around Washington County. A responsible, consistent approach to adding housing (including master planned high density) is a must.



MD marijuana legalization - Industrial <u>Real Estate</u>

<u>Washington County Commissioners vote to</u> <u>curb truck stop, warehouse developments</u>

<u>Building</u> subsidized-low income housing actually lifts property values in a neighborhood contradicting concerns





# FEATURE PROPERTY

### <u>1120 Professional Court</u> <u>Hagerstown, MD 21740</u>

- Superior Location
- Up to 7500 Sq Ft
- Motivated Landlord

### FOR LEASE

### FOR SALE

#### 145 Church Street

• Turnkey laundromat w/ Real Estate



#### 724 Potomac Ave- Stable Mixed-use

- Well Maintained Mixed Use Property
- 2795 +/- SF
- Professional Office and Apartment
  Billboard Ground Lease
- Billboard Ground Lease

Motivated Seller



MEDICAL OR OFFICE SPACE

1101 Opal Court

580 Northern Ave

13331 Pennsylvania Ave

#### FLEX SPACE

16619 Hunters Green Pkwy

686 Pennsylvania Ave

### RECENT TRANSACTIONS

UNDER CONTRACT

Multi Family -AEK Buyer and Seller Representation

1036 Brinker Dr- AEK Buyer and Seller Representation

SOLD

Office Condominium- AEK Buyer Representation

#### LEASED

IT Consulting- AEK Tenant and Landlord Representation

Holistic Healing -AEK Tenant and Landlord Representation



REAL ESTATE



AEK REAL ESTATE LLC

REAL

## **AEK Real Estate**

is focused on providing Sales/Leasing services in the tristate region. We have been operating in various capacities within the Real Estate industry since 2002. We aren't a traditional Real Estate firm. We appreciate the fact that your circumstances are unique and can insert ourselves as you see fit. We are here to help. Give us a call or stop by!

Our doors are always up!