

Quick wins for permit, practice, and test day.

## **Top 10 Tips**

- 1 Study in short bursts: 20–30 mins of focused reading + quizzes beats cramming.
- 2 Use the manual + reputable practice tests. Track weak topics and circle back.
- 3 For pre-trip, script your words. Rehearse out loud until it flows.
- 4 Back slowly: set up right, pause, breathe, then move. Small corrections only.
- 5 Mirrors are your best friend: check them every 5–8 seconds and anytime you change speed or direction.
- 6 Know your reference points for straight-line, offset, and alley dock. Consistency wins.
- 7 On-road: manage space first, then speed. If space isn't safe, your speed isn't either.
- 8 Air brake basics: build pressure, listen, watch gauges, and verbalize the checks confidently.
- 9 Arrive early with all documents: CLP, medical card, registration/insurance for the vehicle, and valid ID.
- 10 Sleep, water, simple meals. Test day is not the day to experiment with caffeine overload.

Start your ELDT theory today: <a href="https://gorgeoustruckhers.com/eldt-training">https://gorgeoustruckhers.com/eldt-training</a>

Gorgeous TruckHers Inc. • Mia Robinson

■ GorgeousTruckHers@gmail.com • ■ (407) 906-5350

■ www.GorgeousTruckHers.com

