## RANNC **Get Ready to Level Up Your Game!**

Slite

Offensive/Defensive Drills Linear Speed Training Multidirectional Speed Training **Ploymetrics** 7v7 Games per athlete Athletic Evaluations **Player Highlight Video** 

## JUNE 16, 17, 18, 19

\$100

9:30am to 11am - Ages 8 to 12 4:30pm to 6pm - Ages 13 and up Cacoosing Meadows Park - Field 8 1049 Reedy Rd Sinking Spring Register Online at athletes-iq.com