

Dear athletic parents,

In an effort to maintain our athletes in competitive shape and healthy, the following schedule will be followed beginning Wednesday, March 11th and until further notice. Please note that practices will begin at 3:30pm and coaches are to pick up students from the aftercare. Once practices are over, if there are any athletes that haven't been picked up, they will be taken to aftercare by their coach and parents will be assessed the athletic aftercare rate.

Day of the week	Sport	Sport
Monday	Primary Cheer JV Cheer	Volleyball
Tuesday	Varsity Cheer	Softball
Wednesday	Primary Cheer JV Cheer	Track and Field
Thursday	Varsity Cheer	Track and Field
Friday	Softball	Volleyball