

Nurture Work Experience Positive Relationships Personal Development Life Skills
 Values Aiming High Trying new things Knowledge Communication
 Values Personal Development Experience Independence
 Skills Bridge the Gap Malvern Progression Communication Trying new things
 Skills Knowledge Self Awareness Support Aiming High Independence Volunteering
 Fun Progression Staying Positive Self Awareness Preparation for adulthood Nurture
 Fun Volunteering Preparation for adulthood Staying Positive Experience
 Bridge the Gap Malvern

Welcome to our newsletter

SUMMER 2022

Bridge the Gap Malvern had a brilliant 2021/2022 and we are extremely proud of all our students. We have increased in numbers and have welcomed both new students and new staff.

Bridge the Gap Malvern Ltd is now a Skills Builder Impact Level 4 Organisation.



Skills Builder

Progressing in
essential skills

2022-23



Friday 17th June

Some of our students attended the Royal Three Counties Show with the staff team.

It was an extremely hot, but enjoyable day.

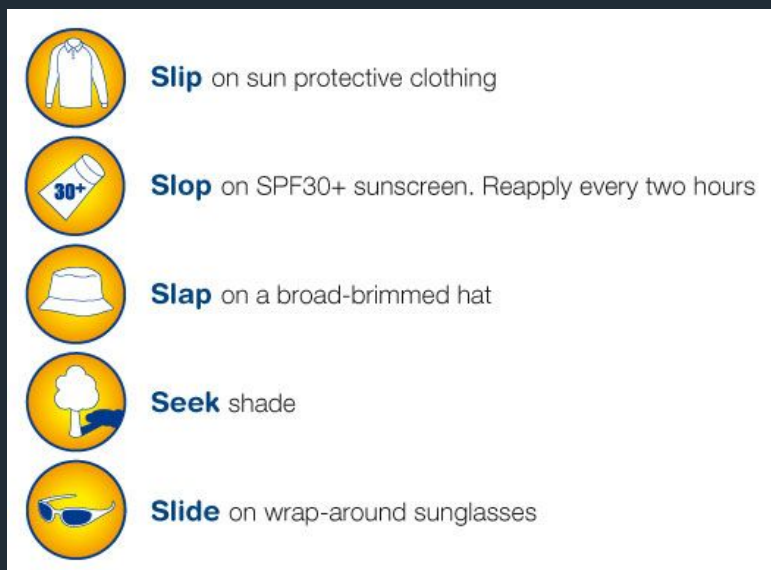
We spent time watching animal and motorcycle shows, taking part in activities and having a picnic lunch with slushies.



Summer Safety

Sun & Heat

Following recent bouts of hot weather we would like to remind all of our students of the importance of being safe in the sun and heat.



- Slip** on sun protective clothing
- Slop** on SPF30+ sunscreen. Reapply every two hours
- Slap** on a broad-brimmed hat
- Seek** shade
- Slide** on wrap-around sunglasses



HEAT STRESS ISN'T
COOL

STAY
HYDRATED!

Water Safety

During the summer young people sometimes seek relief from the heat by swimming in rivers or quarries. Please remember that this water is often extremely cold, may be polluted and may have hidden dangers like rocks, rubbish or a strong current.



COLD WATER SHOCK

WARNING COLD WATER SHOCK

OCCURS WHEN THE BODY IS SUDDENLY SUBMERGED IN COLD (QUARRY) WATER BELOW 59°F (15°C) CAUSING BODY CRAMPS LIMITING THE ABILITY TO SWIM TO SAFETY AND IT ALSO RESTRICTS BREATHING. WHEN GASPING FOR AIR, LUNGS FILL WITH WATER AND YOU CAN DROWN IN MINUTES.

DANGER DEEP WATER
DEEPER THE WATER, COLDER THE TEMPERATURE

- RISK OF -

- COLD WATER SHOCK
- MUSCLE WEAKNESS
- DISABLING CRAMPS
- HYPOTHERMIA
- DROWNING

STAY OUT

QUARRY WATER IS STONE COLD AND CAN KILL

STAY SAFE STAY OUT

MINERAL PRODUCTS ASSOCIATION, LONDON, ENGLAND
Based on original artwork by Department of the Environment Northern Ireland®

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QUARRY DANGERS
WWW.ABANDONEDQUARRIES.COM

Activities

The transition coordinators have worked closely with each student to provide a wide variety of activities to suit their individual interests including;

- Golf - both driving range and mini golf
 - Walks - with community groups and 1:1 strolls along the river
 - Cooking - from snacks to meals including cakes, pasta salad, quiches and lasagne
 - Pool and snooker
 - Tennis sessions at a local gym
 - Bowling
 - Visiting new places
 - Attending local events
 - Table tennis
 - Successful work experience placements
- ...and much more!



BTGM Annual Acheivements 2022

LS

**Digital
Art
Master**

OS

**Language
Learner**

AW

**Cooking
Superstar**

CF

**Gardening
Entrepreneur**

JS

**Awesome
Activities
Pioneer**

CJ

**Tennis
Champ**

LW

**Academic
Learning
Whiz**

JB

**Driving
Range
Champion**

TG

**Bike
Mechanic
Hotshot**

ML

**Super
Independent
Skills**

CT

**Work
Experience
Legend**