

# B T G M Newsletter

Nurture Work Experience Trying new things Life Skills  
Values Aiming High Personal Development Communication  
Skills Bridge the Gap Malvern Progression Experience Independence  
Fun Progression Staying Positive Self Awareness Support Aiming High  
Volunteering Preparation for adulthood

## Welcome to our October newsletter

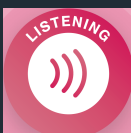
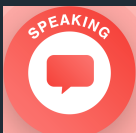
Autumn 2022



**Skills Builder**  
Progressing in  
essential skills

2022-23

*What Skills are you  
working on?*



## Independence Skills

We have been encouraging students to think about what they can do for themselves. How well do you get on with these skills...?

- Shopping



- Cooking



- Managing time  
(including sleep)



- Laundry



# Macmillan event update

**MACMILLAN**  
CANCER SUPPORT

## CAKES, CAKES, CAKES!



Our cake and coffee morning was a lovely success (even if the BTGM team may have eaten too many cakes with the others in our building...)



As a result of our event we have **raised £50 so far** towards helping MacMillan cancer support and all the wonderful work they do within the community.

If anyone would like to donate you can do so at this address:

<https://thyg.uk/BUS007702043>

It has been really lovely to see the cakes made by some of our students, baking at home with the kits from the hampers we delivered. We hope they were as delicious as they looked!



# Activities & Plans

## Year 1 students

It feels like we are flying through our first term and it has been great beginning to get to know you and finding out what you are all interested in.



Over the next few weeks we would love it if you shared with us any activities you would like to try.

## Year 2 students

This year we hope that you will all try something new!

We have loads of opportunities for you to find something you enjoy.

We now have several students **learning to drive**, which is a great life skill and can support you in being more independent.



We are all very proud of our busiest student whose dedication and hard work at work experience has led to the **offer of an apprenticeship!**

What a star! ✨





# Bonfire Night Safety

With Bonfire Night just around the corner it is important to remember fire and **firework safety**. Always **have water nearby!**



 **FIREWORKS KINGDOM**

## How to Hold a Sparkler

- Stick sparklers into carrots for your kids.
- Keep sparklers away from other fireworks.
- Never use sparklers indoors.
- Always supervise children.
- Don't light more than one at once.
- Light sparklers at arm's length.
- Always place used sparklers in a bucket of sand or water.

## Stay safe on Bonfire Night

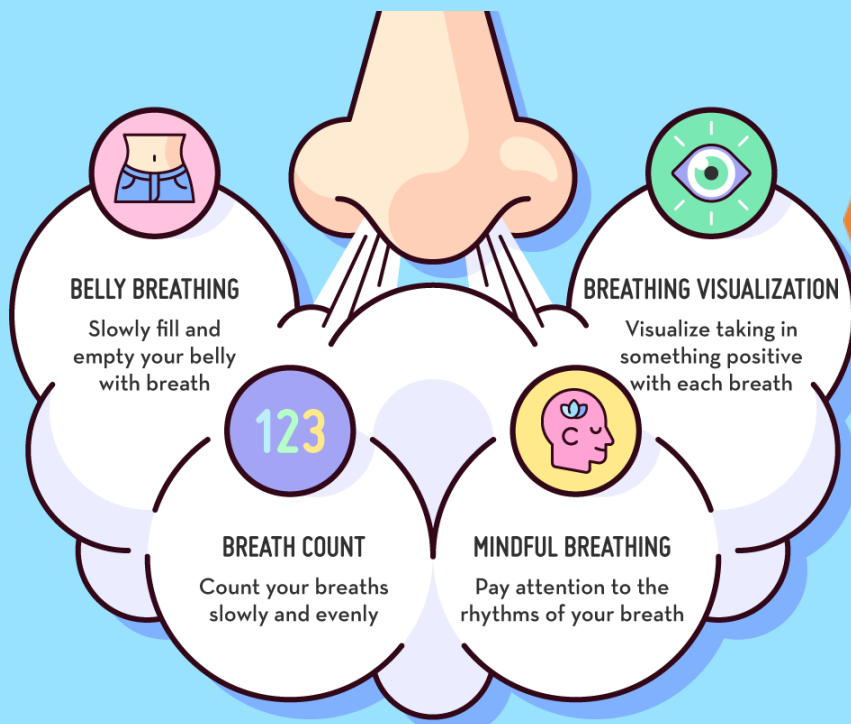


- Never touch fireworks 
- Stand well back from the bonfire 
- Never go near a firework after it has been lit 
- Only one sparkler at a time 
- Wear gloves when holding a sparkler 
- Keep pets indoors 



**In case of  
Emergency  
dial 999**

**FOR STRESS RELIEF, JUST TAKE A DEEP BREATH.**



## Mental Health and Wellbeing

**childline**

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111



**SAMARITANS**  
Call 116 123