



CALIFORNIA PRESTIGE UNIVERSITY

Student-Athlete Handbook

(Supplementary to the California Prestige University Student Handbook & NCCAA Regulations)

Note:

This handbook is supplementary to:

- The California Prestige University Student Handbook
- The NCCAA Rules, Regulations, and Expectations

This handbook does not supersede state or federal laws and regulations. In any instance where a section of this handbook conflicts with state or federal law, that section is to be disregarded, and state or federal law will govern.

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1. Introduction and Philosophy

California Prestige University (CPU) Athletics exists to support the holistic development of student-athletes—academically, spiritually, athletically, and socially.

At CPU, athletics is viewed as an extension of education, where competition builds character, leadership, resilience, and teamwork. Participation in athletics is a privilege, not a right.

Student-athletes represent themselves, their teams, and CPU. They are expected to uphold the highest standards of diligence, discipline, sportsmanship, and integrity at all times.

2. Student-Athlete Rights and Responsibilities

Rights:

- Equal opportunity without discrimination or harassment.
- Safe facilities and access to athletic training/medical care.
- Academic support and fair disciplinary processes.

Responsibilities:

- Maintain academic integrity and class attendance.
 - Stay current with tuition and fees.
 - Abide by CPU and NCAA regulations.
 - Treat coaches, teammates, officials, and competitors with respect.
 - Use facilities and equipment responsibly.
 - Represent CPU with integrity both on and off the field.
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3. Code of Ethics for Student-Athletes

- Compete honorably and with sportsmanship.
- Hazing, harassment, and bullying are strictly prohibited.
- Live with honesty, integrity, and respect for others.
- Prioritize academics and personal growth over athletics.
- Serve as a positive witness for CPU in the classroom, community, and competition.



4. Academic Expectations and Financial Responsibility

- Athletes must remain in good academic standing under CPU policy.
 - Those with GPA concerns may be assigned mandatory study hall or tutoring.
 - Professors must be notified of athletic travel in advance. Athletes remain responsible for coursework.
 - Athletes with unpaid tuition/fees or who fall below academic standards may not practice, travel, or compete.
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5. Eligibility and Compliance

- All athletes must be certified by the Athletic Director & Compliance Officer.
 - Eligibility requires:
 - Good academic standing.
 - Full compliance with NCAA rules.
 - Timely payment of tuition/fees.
 - Falsification of records will result in suspension or dismissal.
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6. Concussion Awareness and Reporting

- Concussions are serious and must be reported immediately.
 - Symptoms include headache, nausea, dizziness, confusion, mood changes, and sleep disruption.
 - A Concussion Report Form must be completed for all suspected injuries.
 - Failure to report may result in disciplinary action.
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7. Return-to-Play Policy

- Athletes may not return the same day a concussion is suspected.



- Immediate removal and medical evaluation are required.
 - Return-to-play requires written clearance from a licensed healthcare provider trained in concussion management.
 - Athletes must complete a stepwise return process under supervision.
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8. Drug, Alcohol, and Tobacco Policy

- Prohibited: Illegal drugs, performance-enhancing substances, tobacco, and vaping during athletic activities.
 - Alcohol: Not permitted during travel, practice, games, or athletic events.
 - Reasonable suspicion may result in testing.
 - Violations may result in suspension, loss of eligibility, or dismissal.
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9. Disciplinary Process and Appeals

- Reported misconduct is reviewed by the Athletic Director & Senior Woman Leader.
 - The athlete is notified in writing and allowed to respond.
 - Sanctions may include warnings, suspensions, loss of scholarship, or dismissal.
 - Appeals must be filed within 7 days using the Appeal Form.
 - Appeals are reviewed by a panel (AD, Compliance Officer, Faculty Representative).
 - The panel's decision is final.
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10. Grievance and Complaint Procedures

- Step 1: Attempt informal resolution with the coach or staff.
- Step 2: If unresolved, bring the issue to the Senior Woman Leader.
- Step 3: File a formal grievance with the Athletic Director if still unresolved.
- Title IX, harassment, and discrimination complaints follow separate University policies.



11. Athletic Liability Release and Waiver

All student-athletes must sign the Athletic Liability Release and Waiver prior to participation.

This document:

- Acknowledges risks of athletic participation.
- Confirms CPU does not provide medical insurance.
- Requires proof of personal insurance.

No athlete may participate without this form on file.

CPU Athletics Mission Statement

California Prestige University recognizes that the total college experience is a balance of activity in and out of the classroom. It is the philosophy of CPU Athletics that lessons learned on the field of play are often as valuable as those learned in the classroom. These lessons are enriched through meaningful athletic experiences.

NCAA Student-Athlete Code of Conduct

Athletics plays a significant role in the holistic education of student-athletes. It is a powerful tool for developing leadership skills, character, and discipline. Therefore, every effort should be made to demonstrate the highest standards of excellence.

As a CPU athlete, I will strive to:

- Treat coaches, administrators, and officials with respect.
- Treat teammates and opponents with respect, celebrating diversity regardless of gender, ethnicity, or cultural background.
- Demonstrate honesty, integrity, and accountability.
- Maintain academic and athletic responsibilities.
- Attend weekly Chapel services as part of my holistic development.

Student Name: _____

Signature: _____ Date: _____



CPU Athletics Philosophy

The decision to establish athletics at CPU stems from the belief that athletics enriches academic life. Physical discipline, teamwork, and competition provide a laboratory of experience that enhances student growth.

CPU offers Men’s Basketball, Baseball, Soccer, and Women’s Soccer, Softball, Volleyball, and Basketball as core athletic programs. CPU is committed to supporting athletes through academic services, health resources, and a competitive environment that builds leadership and community.

CPU Letter of Eligibility Guidelines

- Athletes must maintain at least a **2.0 GPA** and full-time enrollment.
- Freshmen must meet a 2.0 high school GPA.
- Transfers must maintain a 2.0 cumulative GPA with 12 units per semester (24 annually).
- Chapel attendance is required.

Approval Signatures:

- Student
 - Head Coach
 - Athletic Director
 - Admissions Officer
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Statement of Faith

CPU Athletics believes in serving others through athletics, following the example of Christ. Competition is viewed as an opportunity for growth, character development, and service—not simply winning.

Athletic Financial Aid Agreement

Conditions include:



- Meeting CPU admissions and eligibility requirements.
 - Maintaining good academic standing and athletic conduct.
 - Compliance with NCCAA financial aid guidelines.
 - Aid may be reduced or canceled if eligibility, conduct, or academic standards are not met.
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CPU Waiver & Hold Harmless Agreement

All participants acknowledge the risks of athletics and agree to hold CPU, its staff, and representatives harmless in the event of injury.

CPU Observances & Team Rules (Highlights)

1. Persistence is more important than talent.
 2. “Student” comes first in student-athlete.
 3. Respect the game and all participants.
 4. Practice with intensity and integrity.
 5. Maintain academic eligibility at all times.
 6. Support teammates on and off the field.
 7. Demonstrate sportsmanship in every setting.
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Disciplinary Guidelines

CPU student-athletes are expected to uphold standards of sportsmanship, ethical conduct, and well-being. Violations may result in suspension, loss of scholarship, or dismissal. Due process is provided through a judicial review panel.