



TRI·HEALTH

WELLNESS CENTRE

peace
Integrative *food* *Traditional*
faith *root cause* *minerals* *Lifestyle* *BALANCE* *change* *DIET*
ENERGY *vitamins* *herbs* *mind* *prevention*
Holistic Health
medicine *fruits* *Exercise* *NUTRITION* *body* *spirit*
natural *supernatural* *PRAYER* *vegetables*
emotions *HOPE* *fitness* *Scientific*



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OUR GOAL

To provide exceptional natural medical care to our patients. Many of our patients are seeking an all encompassing health care environment. We provide this. Our holistic perspective, unique testing ability, effective treatments and the desire to heal every person addresses a critical need of our community.



Our Naturopathic Care includes:

- Comprehensive Health assessments & individualization
- In-house & Specialized Testing
- Full Supplement Dispensary
- Body Composition Technology
- Live Blood Analysis
- Medical Thermography
- Diet Programmes

AT TRI-HEALTH WELLNESS WE:

Integrate professionals to create a health web.

Bring innovative health to our community.

Utilize the available resources for maximum efficacy.





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WELLNESS CENTRE



25 YEARS EXPERIENCE OF WORKING EXCELLENCE

Tri-Health Wellness Centre was developed by the husband and wife team of Drs. Jason and Maria Granzotto ND. Living a naturopathic lifestyle and studying natural medicine has helped set us apart from the standard health care paradigm. We treat the whole person, not a symptom. Customization of treatments to tailor-fit an individuals needs is the key to our success. Now we have put together a team of practitioners of like-mind to create a Wellness movement.



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NATUROPATHIC MEDICINE

Simply put - treat the whole person & treat the root cause. Healing is a journey. Incorporate all our resources into a customized and effective therapeutic plan.



CONVENTIONAL MEDICINE

Your Medical Doctor is our ally in your care. Conventional care is essential and complements all that we offer.



SIX POINTS O F C A R E



MENTAL HEALTH

We all need to have the resources necessary to meet the demands in our life. Stress management, emotional support and counselling are the building blocks of health.



PHYSICAL THERAPIES

Acupuncture, Chiropractic & Massage therapy are critical modalities in your complete care. They are effective, rehabilitating & offer relief that our patients seek.



LABORATORY TESTING

The science of medicine is ever-evolving. Such advancements offers our patients insights into their health previously unknown. Precise testing is key to identifying and treating the root cause.



NUTRITION & DIET

Remove the guesswork of which diet and supplement is right for you. We have the tools to specifically prescribe what your body will respond to.



Patients at Tri-Health are surrounded by the wealth of Natural & Medical resources we have access to.

OUR SERVICES

NATUROPATHIC

- Initial Consultation 250.00
- Follow-ups 100.00 - 150.00

REGISTERED ACUPUNCTURE

- Initial Consultation 140.00
- Follow-ups 100.00

CHIROPRACTIC

- Initial Consultation 130.00
- Follow-ups 85.00 - 150.00

REGISTERED MASSAGE THERAPY

- 30 Minute Massage 70.00 + HST
- 45 Minute Massage 85.00 + HST
- 60 Minute Massage 105.00 + HST

**Pricing subject to change



SPECIALIZED TESTING

Health care is evolving. The science behind natural medicine has grown exponentially and what we are able to test for opens up a new realm of possibilities.

From Food Sensitivity testing to Specific Hormone testing - Tri-Health has the tools to identify the root cause of your symptoms and customize a plan to improve your health.

**Pricing available upon request

DIRECT BILLING

Utilize your Health Insurance and avoid out-of-pocket expenses. Our Direct Billing services make our Natural therapies easier to access.

Our innovative,
integrative approach
ensures that every facet
of your health is supported
with a combination of
natural health and
medical care.

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