



*** ANNOUNCING ***

58th Annual Arrowhead Open Championships

Sanctioned by
U.S. FIGURE SKATING

Sponsored by
THE ARROWHEAD FIGURE SKATING CLUB

to be held at the
ONTARIO ICE SKATING CENTER
1225 WEST HOLT BLVD
ONTARIO, CA 91762

on
Sunday, October 29, 2023

Deadline for entries: October 9, 2023 on-line through EntryEeze



GENERAL RULES AND INFORMATION

Welcome to The Fifty-Eighth Annual Arrowhead Figure Skating Club Open Championships, sanctioned by U.S. Figure Skating and is open to all U.S. Figure Skating registered eligible persons.

COMPETITION OVERVIEW

The Fifty-Eighth Annual Arrowhead Figure Skating Club Open Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#)

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

Website - <https://arrowheadfigureskatingclub.org/>

Club Email – ArrowheadFigureSkatingClub@gmail.com

SERIES INFORMATION: So-Cal Interclub Invitational Series

- 58th Annual Arrowhead Open Championships has been approved as part of the 2024 Southern California Interclub Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Series Final. Please see the Southern California Interclub Association website at <https://www.socalinterclub.org/scica-invitational-series> for more information.

Entries must be made on-line through EntryEeze no later than MONDAY, OCTOBER 9, 2023. No entry fee will be refunded if a skater withdraws from an event after closing date of entries (MONDAY, OCTOBER 9, 2023). Late entries MAY be accepted at the discretion of the LOC and will be subject to a \$25 late fee. Absolutely no event level changes will be made after FRIDAY, October 20, 2022.
MUSIC UPLOADING DEADLINE: FRIDAY OCTOBER 20, 2023

Entry fees for each competitor will be as follows.

\$80.00 per person for the first event (Free Skating - Well Balanced and Excel - and Showcase are separate events)

\$65.00 per person for first Learn To Skate USA event

\$40.00 per person for each additional event

All events are separate, unrelated events. There are no age requirements except as noted.

Two entries in any event constitute a competition. In an event where only one entry is received, an entrant may move up one class, regardless of test qualifications. Girls and boys may be combined and events if there is only one entry in any event. If there is still no competition, the skater may compete in a single-entry event or receive a refund.

Wherever the entries in an event become too large, it may be divided into groups according to age at the discretion of the Competition Committee. If events are divided, there will be no final round.

Entries received after the closing date will be accepted at the discretion of the Referee and the Competition Committee. Late entries will require a \$25.00 late fee. Under no circumstances will late entries be accepted after the draw for skating order.

The decision of the Referee and the Competition Committee on all matters will be final.

The championships consist of Singles (Well Balanced and Excel) and Showcase events. Learn To Skate USA events are also included. The 6.0 system of judging will be used for all events.

Any change in the championship rules or schedules will be posted on the EntryEeze website and on the official bulletin board in the rink and shall be considered sufficient notice to all competitors and officials.

QUALIFICATIONS: Test qualifications as of the close of entries of the competition (*OCTOBER 9, 2023*) shall determine eligibility for all events. The event(s) indicated by the skater on the entry form at the time it is submitted is the one in which he/she must compete.

ELIGIBILITY

Singles Excel and Well Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
 - o Skate Up **1** skaters may skate up one level higher than their highest singles test level allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - o If an athlete has participated in the NQS series, the event level registered for in the most recent NQS series will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has participated in the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
- Skaters are not permitted to enter an Excel and a Well Balanced event of the same type and same level (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate) at the same competition. However, they are permitted to enter an Excel and a Well Balanced event of different types (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

EVENTS AND REQUIREMENTS

Program requirements for the events listed below can be found here:
 USFIGURESKATING.ORG – Skate – Compete – Program Requirements
 (<https://www.usfigureskating.org/program-requirements>)

NOTE: Skaters may not enter an Excel and Well-Balanced free skate events at the same competition.

SINGLES	JUDGING	1 st Event Price	2 nd Event Price
Excel Free Skate	6.0	80.00	40.00
Well Balanced Free Skate	6.0	80.00	40.00
Adult Free Skate (Adult Pre-Bronze – Gold)	6.0	80.00	40.00
Adult Beginner & High Beginner Free Skate	6.0	80.00	40.00

SHOWCASE	JUDGING	1 st Event Price	2 nd Event Price
Emotional Performance (No Test – Senior, Adult)	6.0	80.00	40.00
Choreographic Artistry (No Test - Senior, Adult)	6.0	80.00	40.00
Lyrical Pop (No Test - Senior, Adult)	6.0	80.00	40.00
Character Performance (No Test - Senior, Adult)	6.0	80.00	40.00
Comedic Impressions (No Test - Senior, Adult)	6.0	80.00	40.00

COMPETE USA EVENTS	JUDGING	1 st Event Price	2 nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	6.0	65.00	40.00
Pre-Free Skate – Free Skate 1-6 Program w/ Music	6.0	65.00	40.00
Excel Free Skate (Beg. – Preliminary Plus)	6.0	65.00	40.00
Adult 1-6 Program w/ Music	6.0	65.00	40.00
Adult Free Skate (Beg. – Bronze)	6.0	65.00	40.00

EVENT: Excel Free Skate Program (Event levels are offered up to Juvenile Plus)

General event parameters:

- A. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- B. Level will be determined by the highest free skate test passed regardless of Moves in the Field tests passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- C. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/Excel%20Free%20Skate%20Requirements%202023%20FINAL.pdf>

EVENT: Well Balanced Free Skate

General event parameters:

- A. Skaters will skate to the music of their choice. Vocal music is permitted.
- B. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- C. 6.0 system will be used for all events.
- D. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Skater Journey,” then “Competing”

Singles events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

See current rulebook for updated rules and requirements.

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/2023-24%20Singles%20FS%20Chart.pdf>

EVENT: Singles Free Skating

- A. Open Juvenile free skate
- B. Pre-Juvenile free skate
- C. Preliminary free skate
- D. Pre-Preliminary free skate
- E. No Test free skate

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/2023-24%20Singles%20FS%20Chart.pdf>

EVENT: Adult Free Skate

- A. Adult Gold free skate
- B. Adult Silver free skate
- C. Adult Bronze free skate
- D. Adult Pre-Bronze free skate

Adult events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/2022-23%20Compete%20USA%20Adult%20Beg-Bronze%20FS.pdf>

COMPETE USA COMPETITIONS

EVENT: Basic Program: SNOWPLOW SAM – BASIC 6.

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- A. To be skated on full ice.
- B. The skater may use elements from a previous level.
- C. A 0.2 deduction will be taken for each element performed from a higher level.

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/2022-23%20Compete%20USA%20Snowplow%20to%20Basic%206%20program%20with%20music.pdf>

EVENT: Pre-Free Skate – Free Skate 6 Program.

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- A. To be skated on full ice.
- B. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- C. A 0.2 deduction will be taken for each element performed from a higher level.

See Chart link below for 2023 requirements at USFS site:

https://www.usfigureskating.org/sites/default/files/media-files/2022-23%20Compete%20USA%20Pre%20FS%20to%20FS%206%20Program%20with%20music_0.pdf

SHOWCASE EVENTS:

- A. Learn to Skate
- B. Standard Events
- C. Adult Events

See Chart link below for 2023 requirements at USFS site:

<https://www.usfigureskating.org/sites/default/files/media-files/2022-23%20Compete%20USA%20showcase.pdf>

The following categories of singles showcase events will be offered:

- Emotional Performance
- Choreographic Artistry
- Lyrical Pop
- Character Performance
- Comedic Impressions

MUSIC: Online music submission is the ONLY acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the “Competition” tab and then selecting “My Music”. Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate!

MUSIC UPLOADING DEADLINE: FRIDAY OCTOBER 20, 2023

The uploaded program music MUST conform to the following specifications:

Programs per file: One (1) - Only one piece of competition program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed.

File Format: mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III).

Simply changing the file extension to “mp3” from another file format is not acceptable.

Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted).

Maximum file size: 10 MB

Maximum run time: Five (5 minutes)

ID3 Metadata (tags): None - The Chief Music Coordinator strongly recommends that mp3 files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES!

Maximum leader: Two (2) seconds - The leader is the silence between the start of the track and the actual start of the program music. The Chief Music Coordinator recommends that there be NO leader.

Maximum trailer: Two (2) seconds - The trailer is the silence between the end of the program music and the end of the actual track. The Chief Music Coordinator recommends that there be NO trailer.

Backup Music at Event (CDs): In addition to submitting the music online, all competitors/teams must also have at least one (1) backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event or official practice. CDs must meet the following requirements:

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are NOT acceptable.
- Clearly marked with a permanent marker (e.g. Sharpie, do NOT use a label or tape) as follows: First Name, Last Name, (Club – Optional but requested), Event, Event Segment and Music Length (e.g. Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10 or Synchro Team, Widget FSC, Preliminary, Free Skate, 1:59)
- Each CD may have only ONE (1) music track on it. In the case where a skater competes in both a short program/dance and a free skate/free dance, two (2) separate discs must be available. Any disc with more than one (1) track is NOT acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable “CD-RW” discs. PLEASE, no CD-RWs!!

The LOC, competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition and they will be destroyed.

Penalty for Incorrect Music or Failure to Upload Music: The LOC may assess each competitor/team an additional charge, up to \$25.00 per event segment, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate). In the event the LOC decides to assess a penalty, the competitor/teams will not be checked in until they pay the penalty fee and turn in their music on CD, conforming to the requirements above.

If there is an issue with the downloaded music or CD provided at the event after the skater's name has been called to compete, the skater will have up to 3 minutes to rectify the situation with a backup copy of the music on CD. After 3 minutes, the skater will be considered withdrawn.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program received, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

COMPLIANCE:

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

LIABILITY: U.S. Figure Skating, Arrowhead FSC and Ontario Ice Skating Rink accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

LOCKER ROOMS AND CHANGING AREAS: Please click [here](#) to review SkateSafe Locker Room and Change Area Policy: Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific.

An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found in the [U.S. Figure Skating SkateSafe](#) page). However, plan to arrive with costumes on and hair & make up done, as space is limited.

AWARDS: Medals for first, second, third and fourth place will be awarded for Showcase events. Trophies will be awarded to each skater placing first, second, third and fourth in Free Skating and also fifth and sixth place for Learn To Skate USA events. When an event is subdivided into age groups, each division will have its own awards.

INFORMATION REGARDING COACHES:

In order to be considered compliant, coaches must identify as a coach within their [Members Only](#) profile and complete the following ten requirements by July 1 of each year (July 1, 2023):

- U.S. Figure Skating Full Membership (either through a member club or as an individual)
- Completion of the U.S. Center for SafeSport's online SafeSport™ Training
- Successfully pass a bi-seasonal background check (includes automatic recheck at the 12-month mark)
- Agree to the U.S. Figure Skating Code of Ethics
- Verification of liability insurance • Completion of CER Courses (administered via PSA)
- Agree to Waivers and Release

- Agree to Medical Consent
- Agree to Name and Likeness Release
- PSA Membership (if coaching in qualifying competitions)

Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches who have completed their compliance requirements are advised to have a copy of their membership and compliance cards with them at all sanctioned activities and events. Click [here](#) for full chart.

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at this competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing. For more information regarding Coach Compliance, please visit: <https://www.usfigureskating.org/support/coach/coach-compliance> Click [here](#) for full chart.

PHOTOGRAPHY/VIDEOGRAPHY: A professional photographer (Cynthia Slawter Photography) for award and action photographs will be at the rink. A professional videographer (Hurd Video) will be at the rink to capture skater's events. All other videotaping and photography is restricted to hand-held battery operated equipment, without tripod. No photography or videotaping, except by the official photographer/videographer, without the express permission of the person being photographed or videotaped is allowed. Solicitation by any photographer, or agent, of anyone to be the subject of still or video photography is not permitted. **NO FLASH PHOTOGRAPHY DURING THE EVENTS IS ALLOWED.**

DOUG AUSTIN BEST PERFORMANCE AWARD: This special award will be presented for the best performance of the competition. All competitors will be judged by a special panel of judges. This award will be presented at the close of the competition. The perpetual trophy will remain with the club and a "take-home" trophy will be awarded to the winner.

SPECTATORS: No admission will be charged to the general public for the duration of the 58th Annual Arrowhead Open Championships.

SCHEDULE OF EVENTS: The tentative competition schedule and groups will be posted on EntryEeze as soon as the information is available. Notification of the final schedule will be sent via EntryEeze and will be posted at the rink the morning of the competition.

PRACTICE ICE: Depending on the number of competitors, if practice ice time and demand warrants, practice ice may be offered. If offered, final details for scheduling practice ice will be made available to competitors through Entryeze. Music will not be played on Practice Ice. Practice Ice Fees are **NON-REFUNDABLE AND NON-TRANSFERABLE.**

ACCOMMODATIONS: There is no official hotel, however there are several quality hotels/motels located near the Ontario International Airport, approximately four (4) miles east of the rink.

REQUESTS FOR INFORMATION:

Our Primary method of communication is via the Arrowhead FSC email account at

ArrowheadFigureSkatingClub@Gmail.com and the EntryEeeze Competition Web Site.

Any questions concerning The Fifty-Eighth Annual Arrowhead Open Championships may be addressed to:

“Competition Chair” at ArrowheadFigureSkatingClub@Gmail.com

Competition Committee Ken Wolfrom, Kristi Diehl, Jessica Butanda

Competition Chair Ken Wolfrom 909-260-2382

Chief Referee Sam Auxier

Skate Safe Kristi Diehl