

LA CANTINA

Bar @ Grill



SCAN TO DOWNLOAD MENU



STARTERS

SOUP OF THE DAY
CHILIcup 5 bowl 7
CHICKEN TENDERS..... 11
***WINGS** (Naked or Breaded) MP
6 pz • 10 pz • 20 pz • 30 pz
WING SAUCES:
BBQ, BBQ Chipotle, Boom Boom,
Orange Ginger, Garlic Sesame, Buffalo,
Buffalo Garlic, Chipotle, Cajun,
Sweet Chili, Teriyaki, Garlic,
Mango Habanero, Bourbon Molasses,
Garlic Parmesan & Pineapple Jalapeño.
GF NACHOS..... 12
Choice of Barbacoa, pulled pork,
taco meat, carnitas or chili. Pico de gallo,
cheese & jalapenos.
CHORIZO FLATBREAD 12
Chorizo, Oaxaca cheese, caramelized
onion & cilantro.
VEGETABLE FLATBREAD 11
Tomatoes, fire roasted corn, onion &
poblano pepper bits w/ cilantro lime drizzle.

QUESADILLAS..... 12
Chicken, carnitas or barbacoa with cheese.
Guacamole, salsa & sour cream.
***With steak** 14
With shrimp..... 15
With Birria..... 14
FRIED CALAMARI..... 12
Banana cherry pepper, chipotle mayo,
mango habanero or plain.
NACHO FRIES With chili & cheese. .9
JALAPENO POPPERS9
GF FRESH GUACAMOLE
& CHIPS.....8
FISH BITES.....9
FRENCH FRIES6
SWEET FRIES6
ONION RINGS.....7
MOZZARELLA STICKS 11
POTATO SKINS..... 10
QUESO DIP8
With Chorizo 9.5

SALADS

DRESSINGS: Ranch, honey mustard, balsamic, 1000 island,
parmesan peppercorn, Cilantro Lime & Ranch dressing.
HOUSE MADE: Cream of garlic, blue cheese & Italian

GF "LA CANTINA" SALAD 14
Cajun grilled chicken, romaine lettuce,
tortilla chips, avocado & parmesan cheese.
***With sirloin steak**..... 19
***With shrimp** 20
GF *SOUTH WEST STEAK 19
10oz blackened steak over mix lettuce, corn,
beans, tomato, peppers, onion & cucumbers.
BUFFALO CHICKEN 13
Fried chicken tossed in buffalo sauce
over mix lettuce, tomato, peppers, onion,
cucumbers, carrots & celery.
GRILLED CHICKEN 12
Grilled chicken over mix lettuce, tomato,
peppers, onion & cucumbers.
GF CHEF 12
Ham, turkey, American cheese,
boiled eggs, over mix lettuce, tomato,
peppers, onion & cucumbers.

CRISPY CHICKEN..... 14
Crispy chicken, spaghetti noodles,
bacon & monterrey jack cheese
over house salad.
TACO SALAD..... 13
Taco meat, mixed lettuce, pico de gallo
& cheese served in a tortilla bowl.
Cream & salsa.
CARNE ASADA SALAD..... 19
Marinated steak with fire roasted corn,
onions & poblano pepper & guacamole.
With cilantro lime dressing.
TWISTED CAESAR SALAD.. 16
Kale tossed w/cotija cheese, pico de gallo,
black beans, corn & Adobo Chicken.
With Poblano Ranch dressing.
GF ANTIPASTO..... 12
Ham, genoa, provolone cheese over
mix lettuce, tomato, peppers, onion &
cucumbers.

PIZZA

MEAT TOPPINGS: 12"..... \$1.5
Pepperoni • Ham • Salami • Turkey • Meatball
Sausage • Hamburger • Bacon • Chicken
VEGGIE TOPPINGS: 12"\$1
Onion • Tomato • Green Peppers • Jalapenos • Black Olives
Banana Pepper • Pineapple • Broccoli • Mushroom
CLASSIC 12" 11
Mozzarella & parmesan on tomato sauce base.
CHICKEN ALFREDO 12" 15
Grilled chicken on alfredo sauce base.
BBQ 12" 14
Pulled pork with red onion, cheddar cheese on BBQ sauce base.
BUFFALO CHICKEN 12" 13
Crispy buffalo chicken on tomato base sauce.
RANCH 12" 14
Chicken & bacon on ranch base sauce.
VEGGIE 12" 13
Tomatoes, broccoli, peppers & black olives on tomato OR oil & garlic base.
MARGARITA 12" 13
Tomatoes & fresh basil on white base sauce.
RUEBEN 12" 16
Pastrami, sauerkraut & 1000 Island base.
CHEESY 12" 14
Cheddar, ricotta, Oaxaca cheese & parmesan on white base sauce.
MEAT EATERS 12" 15
Pepperoni, hamburger, sausage, bacon & ham on red sauce base
POTATO 12" 15
Sliced potato, bacon & broccoli on alfredo sauce.
CARNE ASADA 12" 17
Marinated steak with fire roasted corn, onion & poblano pepper
and cilantro lime drizzle. Served with salsa.
ADOBO CLUB 12" 16
Adobo chicken, bacon, mozzarella, avocado, fresh tomato & kale
tossed in chipotle mayo. Served with salsa.

KIDDOS & SENIORS

PASTA WITH SAUCE7
***CHEESEBURGER & FRIES**8
NACHOS (JUST CHEESE).....6
CHICKEN TENDERS & FRIES.....8
CHICKEN QUESADILLA & FRIES7
BEEF OR CHICKEN TACOS (2 tacos w/cheese & meat, rice & beans).....8
CHEESE OR CHICKEN ENCHILADAS (w/rice & beans)8
TACO SALAD (chicken or beef)8

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SANDWICHES

- *SERVED WITH CHOICE OF FRIES, SWEET FRIES OR ONION RINGS (+ \$2.5)
- PRIMO SANDWICH** 13
Cajun grilled chicken, bacon, avocado, chipotle mayo, lettuce & tomato.
- *THE BURGER**..... 14
Lettuce, tomato, onion, pickles, bacon, onion, egg, cheese & 1000 island dressing.
- PASTRAMI RUEBEN** 14
Pastrami, swiss cheese, sauerkraut & 1000 island dressing.
- *CHEESEBURGER**..... 11
Lettuce, tomato, onion, pickles & cheese.
- BLT** 12
Bacon, lettuce & tomato. With mayo
- PULLED PORK SANDWICH**..... 11
BBQ Pulled Pork on Sour Dough bread.

WRAPS

- *SERVED WITH CHOICE OF FRIES, SWEET FRIES OR ONION RINGS (+ \$2.5)
*WRAPS: Classic, southwest OR spinach.
- CANTINA WRAP** 14
Broiled salmon, chipotle mayo, lettuce & guacamole.
- BUFFALO CHICKEN WRAP** .. 12
Crispy chicken, blue cheese, lettuce & tomato.
- *CHEESEBURGER WRAP** 12
Cheeseburger, lettuce, tomato & pickles.
- TUNA WRAP** 12
Tuna salad, lettuce and tomato
- PHILLY STEAK WRAP**..... 12
Steak, onion, pepper, mushrooms & cheese.

DINNERS

- Pastas: Ziti OR linguini
- *BLACKENED STEAK**..... 19
10 oz Sirloin topped with onion, peppers & jalapenos
- CANTINA SALMON** 20
Broiled salmon w/ mango habanero sauce. Served with rice & guacamole.
- CHICKEN PARMESAN** 16
- CHICKEN ALFREDO**..... 18
- BEEF TIPS** 18
Teriyaki OR Bourbon sauce with onion & peppers. Over rice pilaf.
- CARIBBEAN SHRIMP** 19
Calamari & shrimp sautéed in a white wine & mango habanero sauce. Over rice OR pasta.
- ENCHIPOTLADO**..... 18
Sautéed chicken w/chipotle & tomato sauce. With Onions. Served over rice pilaf.
- *Steak** 20
- *Shrimp** 22
- CARNE ASADA** 17
Marinated flat steak, rice, beans, guacamole, pico de gallo & corn tortillas
- STEAK TAMPIQUENA** 21
Marinated steak, 2 steak enchiladas, beans, guacamole, pico de gallo & fries.
- CANTINA ESPECIAL** 21
Chorizo, chicken, steak & shrimp with sautéed onions & peppers, rice, beans, pico de gallo, cheese & corn tortillas.
- ENCHILADAS (VERDES OR ROJAS)**..... 16
Steak, chicken OR carnitas, cheese, rice & beans.
- CHIMICHANGAS** 14
Steak, carnitas OR chicken served with rice & beans.
- FAJITAS:** (with flour tortillas)
With onions & peppers. Served with rice & beans, guacamole, salsa verde, pico de gallo & flour tortillas
- *with chicken** 17
- *with steak**..... 19
- *with veggies** 15
- *with shrimp**..... 21
- HUARACHE** 15
House made thick oval corn tortilla with choice of meat, refried beans, lettuce, pico de gallo, avocado, cream & cotija cheese. *chicken, steak, barbacoa OR carnitas
- SHRIMP CANCUN** 22
Sautéed shrimp in a red bell pepper creamy sauce. Served over rice pilaf.

SIDES & EXTRAS

- SIDE OF FRIES or SWEET FRIES**3
- SIDE OF ONION RINGS**.....4
- SIDE OF VEGGIES**.....4
- BAKE POTATO**5
- MASHED POTATOES**.....5
- SIDE SALAD**4
- CHIPS & SALSA**4
- MEDIUM QUESO**3
- SIDE OF RICE**.....4
- SIDE OF BEANS**4
- SIDE OF RICE & BEANS**7
- EXTRA DRESSINGS, SALSA & SOUR CREAM**50
- SMALL GUACAMOLE**2
- MEDIUM GUACAMOLE**..... 3.5

WEEKLY SPECIALS

- MONDAY: CLOSED**
- TUESDAY**
- COUNTRY FRIED CHICKEN WITH MASH & GRAVY**10
- WEDNESDAY Taco day**
- CHICKEN, TEX MEX, BARBACOA OR CARNITAS**..... 1.50 ea
- FISH TACO**..... 4 ea **SHRIMP TACO**..... 5 ea
- THURSDAY Pasta Day**
- CHICKEN PARM, SAUSAGE OR MEATBALLS (LINGUINI & ZITI)**10
- FRIDAY**
- ½ DOZ CLAM CAKES & BOWL OF CHOWDER**10

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BURRITOS

- *STEAK** 12
Onion, peppers, cheese, rice & beans.
- *STEAK & CHORIZO** 12
Onion, peppers, cheese, rice & beans.
- CHICKEN** 11
Onion, peppers, cheese, rice & beans.
- SHRIMP** 15
Blackened shrimp, cheese & rice.
- CARNITAS** 12
Pico de gallo, rice & cheese.
- BARBACOA** 12
(Pulled Beef Marinated with Adobo & Cooked With Banana Leaves)
Pico De Gallo, Mexican Cheese & Rice.
- VEGGIE BURRITO** 10
Onions, peppers, mushrooms, broccoli, cheese, rice & black beans.
- BURRITO BOWL**..... 12
Lettuce, pico de gallo, rice, beans & cheese. Choose from: Steak, Carnitas, Chicken, Barbacoa OR Tex mex
- Add Guacamole..... \$2
- Add Avocado \$2



TACOS

- TEX MEX**..... 11
3 flour tortillas with choice of taco meat OR chicken, lettuce, tomato & cheese.
- FISH**..... 15
Single Fish Taco 5.5
3 flour tortillas, fried fish, lettuce, pico de gallo & our special sauce.
- BLACKENED SHRIMP**..... 17
Single Shrimp Taco.....6
3 flour tortillas, Cajun shrimp & pico de gallo.
- GF STEAK** 13
4 corn tortillas, steak, onion & cilantro. Side of salsa verde.
- GF STEAK & CHORIZO** 13
4 corn tortillas, steak & chorizo, onion & cilantro. Side of salsa verde.
- GF CHICKEN** 11
4 corn tortillas, chicken, onion & cilantro. Side of salsa verde.
- GF CARNITAS**..... 12
4 corn tortillas, carnitas, onion & cilantro. Side of salsa verde.
- GF PULLED PORK**..... 12
4 corn tortillas, pulled pork, pico de gallo & chipotle sauce on the side.
- GF CHORIZO TACOS** 13
4 Corn tortillas, chorizo, cilantro & onion. side jalapeno salsa
- GF BARBACOA** 12
(Pulled Beef Marinated with Adobo & Cooked With Banana Leaves)
4 corn tortillas, Barbacoa, onion & cilantro. Side of salsa verde.
- GF LENGUA** (Beef Tongue)..... 16
4 corn tortillas, lengua, onion & cilantro. Side of salsa verde.
- GF PASTOR**..... 14
(Marinated Pork with Grilled Pineapple)
4 corn tortillas, pastor, onion & cilantro. Side of salsa verde.
- GF BIRRIA** (Marinated Beef) 15
4 corn tortillas, Beef Birria, Oaxaca cheese, onion & cilantro. Side of consome & salsa verde.
- GF PIBIL** (when available)..... 15
5 corn tortillas rolled with marinated pork and drowned on a citrus & achiote sauce topped with red onion and habaneros cooked with lime & jalapeno sauce.
- BLACKENED TUNA STEAK TACOS** 18
3 flour tortillas, Blackened tuna steak, shredded lettuce, Pico de Gallo and our special sauce
- TACO PLATTER** 30
(2 tex mex, 2 chicken, 2 carnitas, 2 barbacoa, 2 fish)

CATERING MENU

- FAJITAS:**
- *CHICKEN** 1/2 PAN (6-8 ppl) 90 FULL PAN (12-14 ppl) 180
- *STEAK** 1/2 PAN (6-8 ppl) 100 FULL PAN (12-14 ppl) 190
Onion, peppers, cheese, rice, beans, tortillas, salsa jalapeno & guacamole
- ENCHILADAS** (5 ppl) 70 (10 ppl) 140
(Chicken or steak OR tex mex... VERDES OR ROJAS) Rice & beans.
- NACHOS** ½ PAN 45 FULL PAN 90
Onion, peppers, cheese, rice & beans. Sour cream and salsa on the side
- LA CANTINA SALAD** ½ PAN 60 FULL PAN 120
(Grilled OR Cajun Chicken) With romaine lettuce, parmesan cheese, tortilla chips & avocado. Choice of dressing.
- TRIO LOCO**20
7 oz Guacamole, 7 oz. Salsa, 7 oz Queso Dip. Tray of corn tortilla chips
- BUILD YOUR TACOS** (5 lbs) (8-10 ppl) 80
- PASTOR - STEAK • CARNITAS • BARBACOA • CHICKEN**
(36 corn Tortillas, onion, cilantro, limes & salsa verde)
- TEX MEX**
(36 flour Tortillas, cheese, lettuce, tomato. Salsa & sour cream)
- CHICKEN ALFREDO**.....½ PAN (5 ppl) 80 FULL PAN (10 ppl) 160
Pasta Choices: Linguini OR Penne
- HOUSE SALAD** ½ PAN (5 ppl) 25 FULL PAN (10 ppl) 50

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