

**2018 TRAINING SYLLABUS**

**February**

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| Monday 5th  |  Fitness Training (outdoors)  |
| Saturday 10th  | Game Leaders Course (8am-9:30am |
|   | Level 4 Course (9.30-4pm |
| Monday 12th  | Fitness training (outdoors)  |
| Monday 19th  | Fitness training (outdoors)  |
| Monday 26th  | Fitness training (outdoors) Special guest FBNSW |

 **March**

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| Monday 5th  | New Laws for 2018 upgrade (2017 Laws changes)  |
| Monday 10th   | * Game Leaders Course (8am-9.30am)
* Level 4 Course (9.30- 4pm)
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| Monday 12th  | Comp gear & beep flag training,  |
| Monday 19th  | Man management, communication, dissent, abusive behaviour |
| Monday 26th  | report writing, team sheets, appointment procedures  |

 **April**

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| **Monday 2nd**  |  **Public Holiday (no training)** |
| Monday 9th  | Offside video & outside drills, Special GUEST FBNSW |
| Saturday 14th   | * Game Leaders Course (8am-9.30am)
* Level 4 Course (9.30-4pm)
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| Monday 16th  | Yellow & red cards. What, when, how to use them (video & outdoor drills  |
| Monday 23rd  | start & restart of play (including throw inns) Video and outside drills |
| April 30th  | Indirect/direct free kicks, serious foul play/violent conduct |

 **May**

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| Saturday 5th   | * Game Leaders Course (8am-9.30am)
* Level 4 Course (9.30-4.00pm)
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| Monday 7th  |  Outdoor session (Whistle tone, AR duties + Flags) |
| Monday 14th  | Fouls & misconduct (part 1) |
| Monday 21st  | referee & assistant referee duties (on & off the field) code of conduct |
| Monday 28th  | Buppa / DOGSO |

 **June**

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| Monday 4th  | Coaches and substitution & outside agent |
| **Monday 11th**  | **Public Holiday (no training)** |
| Monday 18th  | fouls & misconduct (part 2) |
| Monday 25th  | Number of player & equipment |

 **July**

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| **Monday 2nd**  | **Special Guest Talk** |
| Monday 9th  | Assistant referees & forth official  |
| Monday 16th | Free kicks& penalty kicks |
| Monday 23rd  | Man-management, communication, dissent, abusive behaviour |
| Monday 30th  | Finals football procedure |