

**2018 TRAINING SYLLABUS**

**February**

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| Monday 5th | Fitness Training (outdoors) |
| Saturday 10th | Game Leaders Course (8am-9:30am |
|  | Level 4 Course (9.30-4pm |
| Monday 12th | Fitness training (outdoors) |
| Monday 19th | Fitness training (outdoors) |
| Monday 26th | Fitness training (outdoors) Special guest FBNSW |

**March**

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| Monday 5th | New Laws for 2018 upgrade (2017 Laws changes) |
| Monday 10th | * Game Leaders Course (8am-9.30am) * Level 4 Course (9.30- 4pm) |
| Monday 12th | Comp gear & beep flag training, |
| Monday 19th | Man management, communication, dissent, abusive behaviour |
| Monday 26th | report writing, team sheets, appointment procedures |

**April**

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| **Monday 2nd** | **Public Holiday (no training)** |
| Monday 9th | Offside video & outside drills, Special GUEST FBNSW |
| Saturday 14th | * Game Leaders Course (8am-9.30am) * Level 4 Course (9.30-4pm) |
| Monday 16th | Yellow & red cards. What, when, how to use them (video & outdoor drills |
| Monday 23rd | start & restart of play (including throw inns) Video and outside drills |
| April 30th | Indirect/direct free kicks, serious foul play/violent conduct |

**May**

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| Saturday 5th | * Game Leaders Course (8am-9.30am) * Level 4 Course (9.30-4.00pm) |
| Monday 7th | Outdoor session (Whistle tone, AR duties + Flags) |
| Monday 14th | Fouls & misconduct (part 1) |
| Monday 21st | referee & assistant referee duties (on & off the field) code of conduct |
| Monday 28th | Buppa / DOGSO |

**June**

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| Monday 4th | Coaches and substitution & outside agent |
| **Monday 11th** | **Public Holiday (no training)** |
| Monday 18th | fouls & misconduct (part 2) |
| Monday 25th | Number of player & equipment |

**July**

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| **Monday 2nd** | **Special Guest Talk** |
| Monday 9th | Assistant referees & forth official |
| Monday 16th | Free kicks& penalty kicks |
| Monday 23rd | Man-management, communication, dissent, abusive behaviour |
| Monday 30th | Finals football procedure |