



# TERM 3 2024 IMPACT REPORT

## LE FEVRE COMMUNITY STADIUM

Bike SA delivered the Term 3 Bike Skills Program for Port Adelaide Enfield Council to 32 young people, with the primary goals of teaching young people to ride a bike, while boosting their confidence and skills



At the start of the program, most participants, including Tom, Charlie, Lara, Mia, and Nicholas, were beginners learning to ride. By Week 4, all regular attendees, including Tom, Charlie and Nicholas, were able to ride independently. This boosted their confidence, particularly in Nicholas as he attended with his twin brother who was already able to ride a bike.

A special highlight of the term was seeing Tom, Charlie, and Nicholas attend each week and persist on being able to ride on their own. Tom, in particular, showed great enthusiasm, even purchasing a new bike and proudly bringing it to sessions with a big smile on his face. Both Tom and Charlie expressed how much they looked forward to each bike session.

To support participants learning to ride, we assisted them while riding to maintain their balance whilst other participants were engaged by continuously changing the obstacles and courses to keep the confident riders engaged. One key to the term's success has been having two instructors. One instructor assisted learner riders, while the other focussed on developing skills with the confident riders to ensure they kept challenging their skills.

Another part of the program's successes was offering a consistent weekly program that had a casual, drop-in environment, where participants and their parents could come any time between 4-5pm. This created a sense of community, with parents beginning to engage with one another and even helping out with the course obstacles.

## Impact Report continued...

The feedback from parents has been overwhelmingly positive, with one parent saying, "This is a fantastic program," and going on further to say how well their son, Xavier, has responded to the program and asking how long the program will operate for. Her son, Xavier was excited to hear that Bike SA will be returning in Term 4.

Towards the final weeks, all regular participants were riding their bikes independently and seeking new challenges. To meet this demand, we introduced coaching on a bike ramp, which provided an extra motivation for participants to return the following week. In the final session we collaborated with Daniel from Le Fevre Cycle Speedway which gave the opportunity for participants to try the sport in a relaxed environment.

We extend our thanks to Port Adelaide Enfield for their support of the program, which has allowed us to build a strong foundation for our participants. With the progress made and the enthusiasm generated, we look forward to delivering this program in term 4.

## Program Gallery



Tom proud of his brand new bike



Learner riders in the program



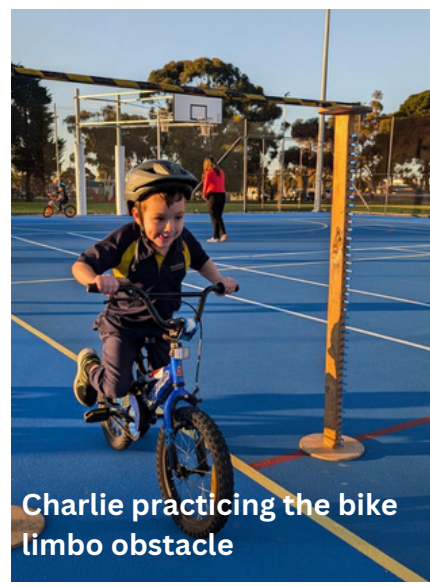
Tom's thank you note to instructor Dani



Tom, Charlie and instructor, Dani, at Le Fevre Cycle Speedway



Tom and Charlie



Charlie practicing the bike limbo obstacle

**FOR MORE INFORMATION  
REACH OUT TO US:**

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