

A large, stylized blue line graphic that forms a partial circle around the text "BikeSA ANNUAL TOUR".

BikeSA ANNUAL TOUR

EXPLORE THE RIVERLAND

20 - 28 SEPTEMBER 2025

RIDE GUIDE



WELCOME TO THE 2025 ANNUAL TOUR

Showcasing the beauty of South Australia's Riverland agricultural, wine and tourism region, we explore and discover its wilderness, landscape, abundant wildlife and marvel at the majesty and wonder of the mighty Murray River.

With over 400 km of awesome riding, we'll visit the regional towns of Waikerie, Barmera, Loxton, Berri and Renmark and enjoy plenty of fabulous local hospitality.

Cycling is the perfect way to explore the amazing Riverland region.

Bicycle SA acknowledges the First Peoples of the River Murray and Mallee Region, the Ngaaiawang, Ngawait, Nganguruku, Erawirung, Ngintait, Ngaralte and Ngarkat people, the traditional owners of the lands and waters we will visit during our tour of the Riverland.

As we ride around, stopping occasionally to soak up the scenery and indulge in some fresh produce, we'll get a taste of what the good life can bring, away from the hectic cities.

The following itinerary information will help you plan for each day, but there is plenty of additional information in supplementary documents that you'll find useful including:

- MY RIDE
- MY TRAINING
- MY GEAR
- MY BIKE

These are posted on our website so make sure you read through the above well before the start, so you're fully prepared and can get the most out of the ANNUAL TOUR.

Note: Every effort is made to ensure that the information in this Ride Guide is correct and up to date. Please be aware some details may be subject to change and further information regarding optional activities will be added as it is confirmed.



DAY ONE – SATURDAY 20 SEPTEMBER

WAIKERIE: ARRIVAL AND CHECK IN – via coach transfer or private car.

@ WAIKERIE OVAL / FOOTBALL CLUB: CHECK-IN FROM 9:30AM

COACH TRANSFER – ADELAIDE TO WAIKERIE

If you have booked a bus transfer from Adelaide to Waikerie, arrive at the **Adelaide Central Bus Station, [85 Franklin St](#) between 7.30am and 8.15am**. There is adjacent parking where you can be dropped off. Be ready to load your luggage and bike directly onto the truck parked on Franklin St. Handlebars will need to be turned and pedals removed ahead of time. Tools will be available for this. **The coach departs Adelaide promptly at 8.30am**. Journey time is approx. 2.5 hours

SELF DRIVE TO WAIKERIE

If arriving in Waikerie by car, check in at the Waikerie Oval / Football Club from 9:30am. Drop your gear / bike off and find a spot to set up your tent on the oval as directed by our support crew. If you booked a Deluxe Camping option, you will be directed to your pre-erected tent.

Those who booked car parking for the week at our final destination in Renmark, will need to drive back to Renmark after check-in (allow at least 1 hour) and park at the Discovery Parks Renmark Riverfront Holiday Park in the designated parking area. The shuttle bus returning to Waikerie will depart at Midday so please allow enough time to drive there, park and be ready for departure,

Note: There will be no capacity to transfer bikes and baggage with this service. These should be dropped off in Waikerie no later than 10am on Saturday morning.

Early arrivals on Friday 19 Sept can camp overnight but NOT before 3pm. See one of the Bike SA Team members for directions on where to camp. Note: Limited toilet/shower facilities will be available but there will be no access to the Sportsclub until after 9:30am Saturday morning.

Our bike mechanic will be available to help with any last-minute tweaks for your bike.

At check-in, you will receive your Welcome Pack including complimentary jersey, a printed copy of the Annual Tour Ride Guide, your Rider ID lanyard and Name plate for your bike.

Lunch will be available just up the road at the Waikerie Bakery, any time between 11:30am – 2pm. Don't forget your Rider ID lanyard to access lunch - served in a portable pack, so you can take it with you as you check out the sights and attractions of Waikerie. Maybe pop across the road and relax outside the Rain Moth Gallery. You will have the whole afternoon to explore Waikerie and surrounds by bike or foot, taking advantage of the local hospitality and scenery.

You can also enjoy a relaxing and scenic Murray River cruise with [RiverGum Cruises](#).

The Bar will open from 4pm and Dinner will be served in the clubrooms at 6pm. The first of your nightly ride briefings on what to expect for the day ahead will also take place at the end of dinner service. Settle in, meet your fellow riding friends and get to know your support team from Bike SA.

WAIKERIE HIGHLIGHTS: www.visitriverland.com.au/waikerie

- [Town Lookout and Rotary Cliff-top Walk and Silo Art](#)
- [Waikerie RSL Museum](#), open Fri and Sat 2:30pm - 6.30pm
- Waikerie Art and Town trail - Download the Storytowns App to follow
- Cycle to Maize Island Lagoon Conservation Park, Waikerie Heights or Sunlands
- Rain Moth Art Gallery
- Waikerie Hotel , Shops, Cafes, etc.
- Murray River [Rivergum Cruises](#) 0477 333 896 info@rivergumcruises.com.au



DAY TWO – SUNDAY 21 SEPTEMBER

WAIKERIE – MORGAN - WAIKERIE

REFRESHMENTS	20KM MARKARANKA RD
	45KM MORGAN
LUNCH	55KM CADELL @ The Cadell Club
	77KM QUALCO / MURRAYVIEW RD
FINISH	91KM WAIKERIE

Leave Waikerie via a short ferry crossing and head north on Taylorville Road through a changing landscape of river flats, viticulture, and citrus production, climbing gently away from the river. There are several river view lookout opportunities before you join the Goyder Hwy and continue northwest towards Morgan. Passing through the locality of Taylorville, you can take a quick detour off the main road for scenic riverside views at Lock 2.

After pausing for refreshments at Markatranka Rd, the landscape flattens out and changes to a more arid environment, highlighting the challenging nature of life away from the river. Approx 34km from Waikerie, pass the turnoff for Cadell Valley Rd and the Cadell Ferry. This road provides the opportunity to shorten your day by approx. 20km and will take you directly to the lunch stop in Cadell via a small vehicle ferry. If you take this option, you will miss out on visiting Morgan.

At the height of the paddle-steamer era, Morgan was the busiest inland port in the state. This lovely town boasts many original buildings, a historic waterfront and wharf precinct, a good pub and café.

Originally built in 1940 to supply water to Whyalla, 360km to the west, the Morgan-Whyalla pipeline draws water from the river here in Morgan.

Turn east from Morgan via another ferry crossing and head out to Cadell for lunch. The landscape changes as you ride past wetlands, citrus groves and vineyards. The road twists and turns with gentle hills and scenic vistas before returning to Waikerie via Qualco, Sunlands and Ramco.

ENROUTE:

- Lock 2, Taylorville @16km
- Morgan
- Cadell <https://cadell.org.au/cadell-history>
- Murrayview Drive
- Ramco Lagoon wetlands

@ MORGAN <https://visitmorgan.com.au/>

- Fenrir Hill / Morgan Lookout
- Landseers' Warehouse – Morgan Historic Museum
- Morgan Historic Riverfront Precinct
- Old Morgan Railway Station
- Morgan Heritage Walk

DAY THREE – MONDAY 22 SEPTEMBER

WAIKERIE TO BARMERA

REFRESHMENTS 32KM OVERLAND CORNER
FINISH / LUNCH 55KM BARMERA

This morning we start with another ferry crossing and head out along the north side of the Murray River to the Overland Corner, home of the historic Overland Corner Pub. Unfortunately, we will be a little early for the publican to open the doors but at least take the time to have a look around this historical treasure.

Continue east on the Goyder Hwy for approx. 10km before turning right towards Barmera. Then, just after turning left onto Queen Elizabeth Dve, you can pause to view the historic ruins of the Nappers Accommodation House.

We skirt the eastern shores of Lake Bonney as we continue to beautiful Barmera where we'll enjoy lunch at the Barmera Club on the shores of Lake Bonney.

You'll have the afternoon free to chill out, explore town or cycle into the surrounding vineyard countryside and visit nearby sites of interest.

ENROUTE

- Overland Corner Hotel
- Napper's House Ruins
- Lake Bonney

BARMERA <https://www.visitriverland.com.au/barmera>

- Country Music Hall of Fame
- [Bassham Wines](#) 27 Bassham Rd, Barmera 20min ride from town [Click here](#) for directions
- [Loveday Internment Collection](#) at the Barmera Visitor Information Centre (WWII artefacts)
- [Barmera Theatre Gallery](#) (local arts and crafts)
- [Loch Luna Game Reserve](#) – unsealed tracks - 30 minute ride from Barmera



Lake Bonney, Ben Goode

DAY FOUR – TUESDAY 23 SEPTEMBER

BARMERA TO LOXTON

REFRESHMENTS 23KM LYRUP
LUNCH / FINISH 56KM LOXTON

From Barmera we ride east through a vineyard landscape, travelling south of Monash and to the north of Berri, before crossing the Murray River again at Lyrup. After a refreshment stop, it's on to Loxton with a quick detour to check out Lock 4, one of the many locks along the Murray that help maintain river levels at a navigable height.

After settling into camp and enjoying a relaxing lunch, you'll have the afternoon free to explore town. Take a visit to Loxton's Historical Village on the waterfront and gain an insight into Loxton's early days including a rich German heritage. Explore a little further along the riverfront to check out the Tree of Knowledge which displays a record of historic flood levels over the years. Other points of interest include.....

ENROUTE

- Lyrup
- Lock 4

LOXTON <https://www.visitriverland.com.au/loxton/see-and-do>

- Loxton Visitor information Centre
- Loxton Historical Village <http://www.thevillageloxton.com.au/>
- [“Heaven” Clifftop Viewpoint](#)
- [Loxton Community Conservation and Heritage Park](#)
- [Loxton Mini Silo Art Trail](#)
- [Loxton Mountain Bike Track](#)
- Loxton Hotel



DAY FIVE – WEDNESDAY 24 SEPTEMBER

LOXTON TO BERRI VIA KINGSTON ON MURRAY AND COBDOGLA

REFRESHMENTS	32KM MOOROOK
LUNCH	52KM COBDOGLA
FINISH	76KM BERRI

Today we head northwest to Moorook, followed by a scenic riverside ride through Kingston on Murray, before crossing back over the river at Wachtels Lagoon and nearby Loch Luna Game Reserve. Exercise extreme caution when using this bridge crossing as there is only a single lane with no road shoulder in each direction. You **MUST** use the separated pedestrian path on the left side of the bridge. Follow the route arrows to access this path via the Kingston-on-Murray Bridge Lookout. There are a few steps leading onto the path so you will need to dismount and walk across. Take care when exiting the bridge and re-entering the road shoulder on the other side.

It's then a short ride to lunch at The Cobby Club in Cobdogla.

After lunch, we continue through the vineyards to Berri via Glossop, home of the Lavender Café and Berri Estates Winery, the largest single run winery in the southern hemisphere. Part of the Vinarchy wine group (formerly Accolade and Pernot Ricard), Berri Estates offers a wide variety of wines for tasting and purchase, you might be surprised by the wine labels you recognise that are produced by Berri Estates.

It's a final short run into Berri where we will take a breather for a couple of days and enjoy the local offerings on your rest day.

ENROUTE

- Moorook www.visitriverland.com.au/kingston-on-murray-moorook
- Kingston on Murray
- Cobdogla
- Glossop www.visitriverland.com.au/glossop
- Bassham Estate Wines
- The Lavender Cafe
- Berri Estates Winery

DAY SIX – THURSDAY 25 SEPTEMBER

REST DAY BERRI - OPTIONAL ACTIVITIES

For some, the Rest Day offers the opportunity to sleep in, catch up on laundry, read the papers in the local cafés or chat with locals in the pub. With a variety of other optional activities to choose from, the expectation is the Event Village will be quiet for much of the day.

CANOEING / KAYAKING – Rent one for your own river adventure or take a guided canoe tour with local operator Canoe Adventures – short, half day and full day tour options available. No canoeing experience necessary and owner Kym Werner will be able to help you decide the best option for you. www.canoeadventure.com.au info@canoeadventure.com.au Tel: 0421 167 645

Note: group bookings must be made directly via phone, email or text. The online booking system does not allow for group rates and also charges a 6% online booking fee.

Group bookings must be made as a single booking to receive group rates (not several people ringing up individually)

- Guided Tours: (approx. 2 hours paddling + 1 hour travel, launching, cuppa & snacks stop, etc.)
Sunrise tour meeting time: 5.45am; Sunset tour meeting time: 4.30pm
 - 2 adults - \$125/adult
 - 4 adults - \$95/adult
 - 6 adults - \$85/adult
 - 8 adults - \$80/adult
- Kayak/Canoe Hire:
 - single kayaks \$50 each
 - double kayaks \$70 each

MURRAY RIVER CRUISE – Set sail on a relaxing Murray River cruise in beautiful Berri, where towering gums, gentle waters, and birdlife set the scene. Drift along this iconic river, soak in the sights, and let the natural beauty of the Riverland charm you.

- 2 hour River Cruise Non Catered \$50ea 9am - 11am or 3pm - 5pm Subject to min. 15 people
- 3 hour River Cruise with Lunch \$85.50ea 11.30am - 2.30pm Subject to min. 28 people

[View cruise flyer](#) for more information including lunch menu. Bookings essential via Berri Riverside Holiday Park P: (08) 85823723 E: info@berriholidaypark.com.au

GUIDED RIDE – If you feel like spinning the pedals a little more on the “rest day”, there’s plenty of opportunity to do so at your leisure. Otherwise, we are working with one of the local ride groups to put together a couple of options for us to explore the Berri surrounds including sealed roads and riverside trails. More details TBC.

JIMMY JAMES WALK - Take a short stroll along the riverfront Jimmy James Walk where you can view the mural under the bridge telling the story of local Aboriginal heritage and a memorial to Jimmy James, a famous “blacktracker” who assisted police in tracking felons and missing persons.

NGAK INDAU WALKING TRAIL - For nature lovers there will a special guided walk along the Ngak Indau Walking Trail, taking approximately 2 hours. This includes time to ride to the start a short distance out of Berri, where you will be joined by one of the members of Friends of Riverland Parks. The walk itself is only 4km, and takes in some wetlands downstream from Berri. Depending on the winter rainfall, the flood plain teems with all sorts of native life living amongst the forests of Red Gum and Black Box. The lagoon is home to frogs and other invertebrates, as well as a variety of fish, and from the bird hide you'll view ducks and many other birds. Group size limited to 20 people. A booking sheet will be available at the start of the tour.

JUST CHILL OUT - If you don't fancy any of these organised activities, you can always do your own thing, from a spot of fishing with a hand reel to enjoying a coffee overlooking the river or take your bike the few kilometers up to Martin's Bend, where you can lie back and relax.

BERRI www.visitriverland.com.au/berri

- Berri Visitor Information Centre
- River Cruises
- Canoeing
- Jimmy James Walk
- Martin's Bend
- Water Tower Lookout
- Riverjacks Café
- Berri Hotel
- Art Galleries, cafes and shops
- 919wines www.919wines.com.au [39 Hodges Rd Glossop](#) Open 10am - 5pm
- The Lavender Café – 19 Dalziel Road, Glossop Open 10am - 4pm

DAY SEVEN – FRIDAY 26 SEPTEMBER

BERRI TO RENMARK VIA LYRUP, PIKE RIVER PARINGA AND MURTHO

REFRESHMENTS	20KM PIKE RIVER
REST STOP	42KM PARINGA
LUNCH	59KM MURTHO - WILKADENE WOOLSHED
FINISH	78KM RENMARK RIVERSIDE HOLIDAY PARK

Another river crossing brings us out onto the riverside flats to Lyrup and on to Riverland Wine Centre at Pike River for morning refreshments and another opportunity to take in elevated views across the Murray River and surrounding floodplain. Continue to Paringa and then out to historic Wilkadene Station, home of the Woolshed Brewery which produces boutique craft beers and ales. It's also where you'll get to enjoy lunch in a beautiful riverside setting.

Approx 4km before arriving at Wilkadene, take a brief 1km detour to Headings Cliff Lookout for spectacular views of the mighty Murray River and adjacent clifftops and flood plains. Climb 3 short sets of stairs to the highest point of the viewing platform for the best views! If you miss it on the way to lunch, you can check it out on the way back.

After lunch it's a short ride back to Paringa before another river crossing via the historic Paringa Bridge. Caution is required here as the traffic lanes are very narrow. You will need to cross to the centre of the divided road as you approach the bridge and join the pedestrian / cycle path that runs across the middle for the bridge. As you exit the bridge, cross to the right to join the shared-use path that will take you to our final destination, the Discovery Parks Renmark Riverside Holiday Park.

ENROUTE

- Lyrup
- Pike River
- [Wilkadene Station / Woolshed Brewery](#)
- [Headings Cliff Lookout](#)

PARINGA www.visitriverland.com.au/paringa

- Paringa Bridge
- Renmark Paringa Community Museum
- Bert Dix Park and Lock 5
- [Canoe The Riverland](#) Murtho Rd T:0475 754 222 E: contact@canoetheriverland.com

DAY EIGHT – SATURDAY 27 SEPTEMBER

REMARK LOOP RIDE

REFRESHMENTS	27KM REMARK ROTARY LOOKOUT
LUNCH	44KM REMARK CLUB
FINISH	46KM REMARK RIVERSIDE HOLIDAY PARK

Enjoy a relaxed start and a leisurely ride this morning, exploring the township of Renmark and local surrounds. The route will explore around town and out amongst the horticultural precinct of Cooltong and Chaffey, plus you'll have the opportunity to visit several local attractions, cellar doors and producers of dried fruit and nuts. Drop in as you ride past or return later on if you wish.

Today's ride will finish with lunch at the Renmark Club, situated right on the banks of the Murray River in the centre of town. Relax and enjoy your lunch with a cold drink inside the club or grab your lunch and head out onto the sprawling lawns and gardens along the riverfront.

You have the afternoon free to explore further at your leisure or if you're an AFL fan, you can pull up seat inside the Renmark Club or nearby Renmark Hotel to watch the Grand Final on the big screen TV. Otherwise, you can return to camp and chill out at the riverside.

If you have a suitable bike and you're keen to explore further, the Paringa Paddock Trails and Goat Island trails can be accessed directly opposite the camp.

The Renmark Paringa Visitor Centre is a great resource to discover more about what's on offer locally and is also home to one of the original working river paddle steamers. Originally built in Goolwa, The P.S. Industry was commissioned in January 1911 as a workboat for the SA Engineering & Water Supply Department. During her work life, the vessel played a major role in keeping the river open for traffic by removing snags and later in the construction of locks and weirs. Today, this historic vessel is maintained and operated by a team of enthusiastic volunteers with cruises offered at different times throughout the year. Whilst none are scheduled during our visit, we may be able to arrange a guided tour or even a special cruise offering if there is sufficient interest.

PARTY TIME

Tonight is our last night together before our farewells tomorrow although some of you may wish to extend your stay here to take in more of the region's delights.

We'll celebrate the fun times we've had and the riding adventures of the last 8 days – a chance to cement new-found friendships over a few drinks from the local area and kick your heels up.

Until next time, whether you're staying on to explore more of South Australia or returning home with wonderful memories and photos to prove it (not to mention legs like iron), we wish you farewell and safe riding. We love having you with us on our Annual Tour, proving once again that small *is* beautiful and life *is* better on a bike. Happy cycling!

REMARK HIGHLIGHTS: www.visitriverland.com.au/renmark

- Riverfront shared use path between Renmark and Paringa
- [Roy Farms Homestead](#) - Shop and Museum – Riverland Dried Fruit, Nuts & Confectionery
- [Olivewood Estate](#) – Historic Homestead and National Trust Museum Open 10am-4pm
- [P.S Industry](#) – steam-powered paddle boat
- [Angove Family Winemakers & St Agnes Distillery](#) - Bookmark Ave Open Sat – Sun 11am - 4pm
- [Mallee Estate Wines](#) | Cellar Door and Restaurant - Renmark Ave Open 10am - 5pm
- [23rd St Distillery](#) - Cnr Renmark Ave and 23rd St Open Fri & Sun 10am-4pm, Sat 10am-10pm
- [Paringa Paddock Trails](#) and Goat Island



DAY NINE – SUNDAY 28 SEPTEMBER

The 2025 Annual Tour will finish after breakfast, we wish you all a safe and happy trip home and hope to welcome you back on Bicycle SA's 2026 Annual Tour.

SELF DRIVE – Depart after breakfast

COACH TRANSFERS – RENMARK TO ADELAIDE

Riders travelling with us from Renmark to Adelaide must ensure their bike/luggage is loaded onto the truck / bus at Renmark.

Coaches will depart the campsite at 9.30am sharp on Sunday 28 September. Loading will begin at 8:00am. Please make sure your luggage and bikes are loaded by 9:15am, no later.

Coaches will return to the Adelaide Central Bus station in Franklin Street. We anticipate being back in Adelaide by approximately Midday.



GENERAL INFORMATION

RIDER SAFETY AND ETIQUETTE

Rider safety is not only your right, it is your responsibility.

This is an open road event - you will be sharing it with other road users. The roads we travel on are generally reasonably wide and in good condition. The volume of traffic they carry is not huge. However heavy vehicles and caravans are not uncommon. Please be aware of your position on the road and be aware of traffic approaching from behind you.

To ensure the safety of all riders please adhere to the following road etiquette:

- Ride single file in most cases, keeping well to the left, when moving out let other riders know and check to ensure that there is not another rider directly behind
- When passing please let the other riders know by saying, 'passing right'. At no time pass anyone on the left and please keep to the left of the road
- When stopping please let other riders know by saying, 'stopping' and move a minimum of one metre off the road immediately. Avoid stopping and blocking the road

BIKE HIRE OPTION

For those riders who want to avoid the hefty excess baggage fees some airlines are charging or the hassle of packing a bike – you may wish to simply hire one of our bikes for your Annual Tour. We have several types of bike to choose from including, drop bar or flat bar road bike, mountain bike (with / without slick tyres) or hybrid bike. These are available in several frame sizes. You can bring your own SPD pedals if you wish.

Contact the office for any further enquiries or bookings Tel: (08) 8168 9999 or email office@bikesa.org.au

TRAVELLING TO THE START

Travelling by air

All Australian airlines require your bike to be boxed. Qantas and JetStar will sell you a bike box at the airport while Virgin Australia requires that you provide your own. If you are in doubt about any aspect of your travel arrangements including your luggage or your bike, please check with your airline well in advance of your departure date.

Please note that due to limited storage capacity at our office, we are unable to store luggage and bikes in the days prior to the start. You will need to make arrangements to store your bike at your accommodation on Friday night so you can ride directly to the bus station.

Travelling by car

For those of you joining us in Waikerie by car, check in at the Waikerie Oval / Football Club. Drop your gear / bike off and find a spot to set up your tent on the oval as directed by our support crew. If you booked a Deluxe Camping option, you will be directed to your pre-erected tent.

CAR PARKING:

If you have booked car parking for the week at our final destination in Renmark, you will need to drive to Renmark after check-in (allow at least 1 hour) and park at the Discovery Parks Renmark Riverfront Holiday Park in the designated parking area. The shuttle bus to take you back to Waikerie will depart **at Midday** so please allow enough time to drive there, park and be ready for departure, **Note: There will be no capacity to transfer bikes and baggage with this service.** These should be dropped off in Waikerie no later than 10am on Saturday morning

Please note that all parking arrangements are at the owner's risk, and Bicycle SA cannot accept any liability for any damage or loss.



HOW DO I CHECK IN?

For those taking the coach option from Adelaide, check in will take place from 7.30am to 8.15am on Saturday 19 September, at the Adelaide Central Bus Station, 85 Franklin Street, Adelaide. The coach will depart at **8.30am SHARP**

If you are arriving a day or two earlier, you can load your **luggage only** onto the luggage truck on Friday 19 Sept – this will be available from 3pm – 5pm only at our office address (11a Croydon Road, Keswick). Make sure that you have all you need for overnight stay and to travel on the bus packed into a separate bag to take with you. Note: we cannot accept bikes for overnight storage / transport on Friday. These should be taken directly to the bus terminal on Saturday morning for loading.

For those of you joining us in Waikerie by car, check in from 9:30am at the Waikerie Oval / Football Club. Drop your gear / bike off and find a spot to set up your tent on the oval as directed by our support crew. If you booked a Deluxe Camping option, you will be directed to your pre-erected tent.

Note: Please refer to important Car Parking information on previous page.

LUGGAGE SPECIFICATIONS AND HANDLING

Your total luggage allowance is 25kg/per person – this includes your tent, sleeping bag/mat etc. This must be packed into 2 bags, each weight no more than 14kg.

Each bag must be no more than 85 litres in volume, or have dimensions of no more than 140cm in total. i.e. L + H +W eg 70cm Long +35cm High +35cm Wide = 140 cm

If any of your bags exceed the 14kg individual bag limit you will be required to unload or redistribute the bag contents. We suggest that you use one bag for your wet tent, etc and the other for your sleeping bag/mat, dry clothes and personal items.

For the health and safety of the luggage volunteers, we will not carry bags that exceed the maximum size and weight as outlined above.

Before loading your luggage bags on Day 1, please ensure they are clearly tagged with airline style waterproof luggage labels containing your full contact details. It is advisable to also attach similar contact details inside your bag just in case the external label comes adrift. To ensure your bag can be easily distinguished, we suggest tying coloured ribbons around the handle.

Our luggage truck volunteers will weigh your bags before loading your bags during the Tour. If your total luggage weight exceeds the 25kg allowance, you will be charged an excess luggage fee of \$25 per kilogram up to a maximum of 28kg (\$75) and you may be required to rebag your luggage. If, after redistribution and paying the excess fee, the total weight is greater than 28kg, you will need to remove items to bring down the total weight to a max of 14kg per bag.

Each morning, before loading your luggage, change into your riding clothes and take out any items that you will need with you out on the road, as once you load your luggage onto the trucks you will not be able to get to it again until the campsite at the end of the day. We strongly urge you to take a set of extra-warm outer clothes (it may be cold and windy) as well as any other items you will need with you on the ride.



WHAT ABOUT THE WEATHER?

The weather in the central parts of South Australia in late September is usually mainly fine with generally mild conditions during the day however it can still be quite chilly in the evening and early mornings. We suggest you pack a good warm sleeping bag and appropriate warm clothing both for riding and for the evenings. Don't forget a rain jacket for wet weather protection if needed.

SEPTEMBER	ADELAIDE	RENMARK
Mean daily max	19.1C	22C
Mean daily min	9.8C	6.7C
Mean 9am temp & wind speed	14.5C; 13.5km/h	14.8C; 18.7km/h
Mean 3pm temp & wind speed	17.7C; 17.4km/h	20.4C; 21.4km/h
Mean monthly rainfall	58mm	23mm
Mean # - rainy days	9.2 days	3.7 days

found at

More weather
information can be
www.bom.gov.au

ACCOMMODATION

Day 1 & 2

Saturday 20 & Sunday 21 September
Waikerie Football Club / Oval
Peak Tce, Waikerie

Day 3

Monday 22 September
Discovery Parks Lake Bonney Holiday Park
Lakeside Dr, Barmera SA 5345
Barmera

Day 4

Tuesday 23 September
Loxton Oval / The Precinct
25 Bookpurnong Terrace, Loxton SA 5333

Day 5 & 6

Wednesday 24 & Thursday 25 September
Berri Riverside Holiday Park
Riverview Drive, Berri

Day 7 & 8

Friday 26 & Saturday 27 September
Discovery Parks Renmark Riverfront Caravan Park
Sturt Hwy, Renmark



DELUXE CAMPING

Deluxe Camping is ideal for those riders who don't want the hassle of putting up and packing down their tent each day. The package includes a roomy 2-person tent - tall enough to stand up in - plus one air mattress per person. Best of all, we put it up and pack it down for you each day, and even inflate your air mattresses. So, all you have to do is roll out your sleeping bag and relax. Everything is taken care of.

The cost includes all of the above and is per tent, so if you are riding alone you can have the tent all to yourself. Couples only pay the single fee for their tents.

Air Mattresses

We provide 6cm self-inflatable air mattresses which have a high-density foam inner core bonded to a hardwearing outer cover. However, if you are one who feels the cold more easily you may want to supplement your sleeping bag with a lightweight thermal liner.

Each day the mat will be placed in your tent with the inflation valve left OPEN. If the weather is warm and the temperature inside the tent gets too high, it can cause the air inside the air mattress to expand and place undue pressure on the mattress seams and bonding. We ask that you leave the valve open during the day and gently twist it closed before you go to bed. In the morning simply open the valve again ready for transport.

Bring a pillow

The air mattresses do not have a pillow attached so you will need to BRING YOUR OWN PILLOW. We suggest using a small lightweight travel pillow that can be easily stuffed in your luggage. Most outdoor shops provide a wide range to choose from. Alternatively, you can bring along a pillow case and stuff your clothing inside to make your own pillow.

Tent Allocation

You will be allocated a specially numbered Deluxe Camping tent on Day 1. This will be your exclusive home for the tour. If you have any problems at all with your tent or air mattress during the ride please don't hesitate to ask one of the volunteer tent team for assistance.

No bikes in or on tents please

Our Deluxe Camping tents are for human occupation only. Bikes are NOT PERMITTED to be stored inside tents. Please also do not lean bikes against the tent or tent / awning poles. The weight of the bikes can seriously damage the tents if they fall over especially if the wind picks up. We advise you to place your bikes upside down next to your tent whilst leaving plenty of room for other campers to walk freely along the line of tents.

Shoes off inside

We also ask that you remove your shoes before entering your tent to help keep the tents clean and prevent any damage to the floors and airbeds – especially from riding shoes.

Laundry / washing lines.

Please DO NOT hang washing lines from your tent as this can place undue stress on the tent structure and may cause damage to the tent, especially if windy. Please make use of a nearby fence or tree instead.

Daily access

Deluxe Camping tents will generally not be available **before 2.00pm each day**. It takes time to pack down and re-erect the tents each day so your patience is appreciated. If you arrive early, take some time to explore the local surroundings whilst your tent is being prepared.

Packing up in the morning

On departure mornings please open the valve on your air mattress and take it to the "mattress truck" BEFORE you go to breakfast.

We also ask that you have the majority of your bags packed before breakfast so that all you have to do is pack your toiletries before taking your bags to the luggage truck. This will assist the tent team in being able to pack up the tents each day in a timely manner and then move on to the next destination to commence setting up tents again ready for your arrival.



SECURITY AND SAFETY ON THE CAMPSITE

Bicycle SA is committed to best practice workplace safety and event management procedures for the comfort and safety of our riders and volunteer personnel. Please help us by following these few simple points:

- **Sign out and in at the luggage truck.** Put a tick against your name when you leave each morning and another tick when you arrive at each new campsite in the afternoon. This is our roll call in case we need to check who is on site and who may still be out on the route or in town.
- **Lock your bike.** Never leave your bike unlocked on the campsite. Many of our sites are unfenced and we depend on riders to be vigilant and help maintain good security for all.
- **Secure your belongings.** Reduce the risk of theft by keeping all your belongings inside your tent.
- **Keep an eye out.** Good campsite security depends on all riders being watchful and observant. Report any unusual incidents to event personnel.
- **No fires are permitted** anywhere on the campsite for safety reasons. Tent material can be highly flammable. This prohibition includes candles, fireworks, sparklers and camp stoves of any type.
- **Smoking is prohibited** in all buildings, vehicles, tents and marquees and around any food service areas.
- **Camp only in the areas indicated.** Check with luggage truck personnel regarding any “no camping” areas, or areas marked with underground irrigation.
- **Please keep out of all work areas** marked by traffic cones or bunting. Experienced personnel undertake all activities in these areas.
- **The campsite is a quiet area between 10.00pm and 6.00am.** Tents have thin walls and we will all be tired at the end of the day so please ensure you are quiet after 10.00pm. If you are returning from town late, please do not talk in the tent area.
- **Alcohol free campsite.** The dining area and bars are the only parts of the campsite where alcohol is permitted.

GENERAL INFORMATION

The luggage truck can be a quick source of information. It is where you will find campsite details and messages from other riders. More information, such as details about the locale and tourism attractions, can be found inside the big hall or marquee or on the Information Table near the tea and coffee servery. Generally lost property will either be at the luggage truck or on the Information Table. You can also put your name down for activities on the lists on the Information Table.

Mobile phone charging, internet access and banking

Mobile phone coverage is fairly widespread along the route. Coverage is reasonable in most of the towns we are staying in but there may be some areas where coverage drops out along some parts of the route. Telstra and Optus coverage is available across most of the Riverland region although you may not find 5g coverage everywhere.

It is a good idea to carry your mobile phone as a precaution, and may be handy if you break down or are involved in an accident. A phone recharging area will be available in the clubrooms or marquee at each overnight destination. Please bring your own charging cables/adaptors and label them with your name. As a courtesy to other participants, please ensure that you remove your device from the charging area as soon as it is charged.

Internet facilities are also a little harder to come by. Local Libraries and Visitor Information Centres often have access computer terminals and may also have free Wifi access. Obviously if you have a smartphone or SIM-connected device you can access whenever you find a network signal.

Banks

ATM's are available in all major towns but again may not cope with the demand of 200 people all wanting to withdraw \$100.00 – so make sure you have enough cash to get you through the week.



TOURISM

For general tourism information in the Riverland region visit <https://www.visitriverland.com.au>

Toilets and Showers

There are usually plenty of toilets and showers at each campsite and we will also be travelling with a mobile toilet/shower facility. However, you may still have to wait your turn, depending on when you want to perform your ablutions.

Predictably, toilets are busiest in the mornings, while the showers get used most in the mid-afternoon / early evening when riders come in from a day in the saddle. If you plan around these times, you often won't have to queue at all. Note: The hot water supply is often limited in many locations so please keep your showers short so everyone can have a warm shower – 4 minutes is more than adequate.

The number of toilets and showers, and their location, varies during the ride. Local facilities always factor, and sometimes these are augmented by hired portaloos or showers. The campsite map by the luggage truck indicates where these are. So, if the local facilities are being used, you might like to check out any hired facilities elsewhere on site. Showers in the mobile facility will close at 9.00pm each night.

When staying on sports grounds, the showers are almost always football club 'communal' style. One of the changing rooms will be set aside for men and the other for women. Sometimes there are additional, more private club showers on site.

Massage

Hazeline and her associates will provide massage services each day during the Annual Tour. There will be a comfortable, quiet place in each campsite, where you can be healed and pampered. Whether you need a quick going over of the leg muscles, or want to indulge in the luxury of a full-body massage, they are happy to sort you out. You will need to book ahead, as their diary fills up quickly

The massage team have a schedule of applicable fees, depending on the duration of massage provided. Fees are payable directly to them. You can contact Hazeline on 0439 331 569 to book/pay in advance if you wish.

Annual Tour photographs

Following the event, we will bring together riders' photos into a compilation of images from the Annual Tour for everyone to enjoy. These will be uploaded to our Flickr webpage. The links will be emailed out post event.

Acknowledgements:

We would like to express our thanks and appreciation to the following regions and organisations for their assistance and support in developing and delivering our Annual Tour ride.

Loxton-Waikerie Council, Berri-Barmera Council, Renmark-Paringa Council, the communities of Riverland region and the Dept Environment and Water (DEW)

Bicycle SA also acknowledges the First Peoples of the River Murray and Mallee Region, the Ngaiawang, Ngawait, Nganguruku, Erawirung, Ngintait, Ngaralte and Ngarkat people, the traditional owners of the lands and waters we will visit during our tour of the Riverland.



EVENT CREW

EVENT MANAGER	Russell	0427 771 821
VOLUNTEER COORDINATOR / CATERING	Maureen	0407 600 326
SAG WAGON	Laurie	0438 438 846
SIGNAGE	Nigel, Cam	
MORNING REFRESHMENTS	Dennis, Sue	
LUNCH	Georgie, Karen	
CATERING SUPPORT	Greg, Geert	
EQUIPMENT AND STORES	David, Peter	
FURNITURE TRUCK	Steve, Mary	
LUGGAGE TRUCK	Norm, Bob	
RIDE MARSHALS	Laura, John, Steven, Diane, Gillian, Geert, Lynda, Peter, Deborah	
DELUXE CAMPING	Ranald, Elaine, Ailsa, Lodi, Andy, Caroline, Carole, Gwen, Deborah, Jennifer, Ann, Liz, Margaret, Michelle	
MASSAGE	Hazeline	0439 331 569
BIKE MAINTENANCE	Bill	0466 379 455
BICYCLE SA OFFICE (open Mon- Fri)	(08) 8168 9999	
POLICE (non emergency)	131 444	
AMBULANCE / POLICE (emergency)	000	

First Aid is available from qualified volunteer personnel (identified with 'First Aider' on their ID), but with general non-urgent health issues see Maureen at the campsite. Please ensure you inform us of any pre-existing medical conditions *before* the start of the Annual Tour.

Emergency contacts. Your mobile phone is the most direct way for family and friends to contact you, provided that there is mobile phone reception along the trail or in town. As most riders do not reach the day's campsite until mid afternoon, it is best for people to phone you in the late afternoon or early evening.

If you can not be contacted directly, your family or friends should phone Russell Miatke, Maureen Merrick or the Bicycle SA office (numbers as above) and leave a message for you to ring home.

If something happens to you on the ride we will phone your nominated emergency contact person. Please ensure this information is accurate before you depart for the ride.

Campsite evacuation. In the event of an emergency site evacuation you should leave your tent (and any luggage as well as your bike!) and go immediately to the evacuation assembly point, which is by the logistics truck (the biggest truck on site). The signal for an emergency site evacuation is a continuous car horn sounded for a minimum of one minute and repeated 15 seconds later.

Event volunteer personnel will assist you in the event of an emergency evacuation. Please follow their instructions and do not attempt to return to your tent until you have been advised that it is safe to do so. Emergency procedures have been designed for your safety and the safety of all riders and crew.

For more information go to www.bikesa.asn.au or email office@bikesa.asn.au



FIRST AID, MEDICAL HELP AND EMERGENCIES

In the event of an emergency or incident, please use the following checklist as a guide:

- Ensure your safety first;
- Ensure the safety and welfare of any injured person, any riders, volunteers and / or public;
- Contact appropriate emergency authorities – dial 000 – stating your name, location, phone number, role and service(s) required; Use your Emergency Plus App on your phone if possible.
- Remain at the scene until emergency assistance arrives unless it is unsafe to do so;
- Provide all possible assistance to emergency services;
- Record all actions and times and details of all involved, including possible witnesses as soon as practical. If possible / necessary, take photographs;
- Contact Bicycle SA personnel as soon as possible:

Russell Miatke

Event Manager
0427 771 821

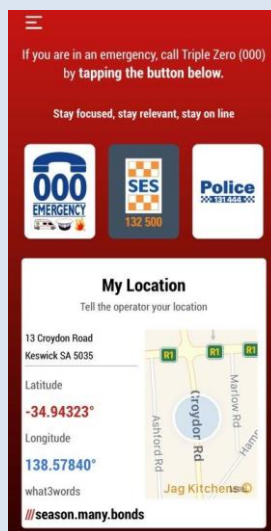
Maureen Merrick

Volunteer Coordinator and Catering
0407 600 326

Bicycle SA office

Open 9.00am to 5.00pm Monday - Friday
(08) 8168 9999

Keep trying these numbers until you make contact. Do not rely on messages through a third party. Once contact has been established this representative of Bicycle SA will assume coordination of the incident and all further communication should be directed via them.



<https://emergencyapp.triplezero.gov.au/>