

1/6/2022

Dear Annual Tour rider,

15 weeks and counting.....

This will be the first in a series of updates and reminders to all of you who are joining us for the Gourmet Food and Wine Tour 17 – 25 September 2022.

It will be third time lucky for many of you as well as the team here at Bike SA as we embark on this fabulous adventure, originally planned for 2020 but delayed due to Covid-19 restrictions.

Have your mates booked yet?

If you know of friends or family who are thinking about joining us but who have yet to book, we only have a handful of positions left.

Training

Time to get very serious, if you haven't already, and sort your training schedule for the following months, sometimes difficult during winter!

View the **My Training** information sheet in the **Participant Information** tab of the website <https://www.bikesa.asn.au/event/tours/annual-tour/>

Travel Insurance

We recommend that all participants purchase travel insurance to cover any of the usual unforeseen issues that can occur with any holiday **including cancellation due to unexpected illness** or injury. We don't recommend any particular company, but suggest you spend time researching what is on offer with the various companies and options available. Check the fine print! The time to sort this is now, not the week before you leave.

Covid-19 Protocols

As we continue to live with the presence of COVID-19 within the wider community, we need to give consideration to the safety and wellbeing of event participants, volunteer personnel and the communities through which we will travel.

Accordingly, we have implemented the following protocols for Annual Tour.

All participants of Annual Tour are required to be fully vaccinated for Covid-19. Prior to or at check-in on Day 1, you will need to show proof of your vaccination with your [COVID-19 digital certificate](#) or [Immunisation history statement](#). For more information about proof of vaccinations visit <https://www.coronavirus.sa.gov.au/vaccination/proof-of-covid-19-vaccination> Further information will be posted closer to departure as State Health regulations are updated.

Facemasks are no longer required to be worn in most settings, however Bike SA supports the wearing of face masks during our tour if participants prefer to do so.

Density limits no longer apply, however as an additional safeguard to our participants, Bike SA will configure indoor settings for dining to allow as much distance between tables as possible .

In addition, everyone will be regularly reminded to be vigilant with their personnel hygiene including the frequent use of hand sanitisers and hand washing.

Emergency Identification

Your bike will be identified with your name plate (in your registration pack which you collect at the start) However, we urge all riders to carry another form of identification on them whilst riding (as well as your lanyard). There are many ways of doing this. An old driver's licence in your seat bag, a laminated photocopy of your passport or one of the many sport ID bracelets or helmet ID's that are available. Important to list your emergency contact details and any medical conditions or allergies, as well.

EMERGENCY 000

We recommend that you download this app to your smartphone, as a permanent safety feature. The Emergency+ app is free, and was developed by Australia's emergency services, the Government and industry partners. The app uses GPS functionality to help a Triple Zero caller provide critical location details to mobilise emergency services. <http://emergencyapp.triplezero.gov.au/>

Annual Tour Ride Guide

We're still finalising details for the 2022 Annual Tour Ride Guide. This will be available for download along with updated route information in a future update and also on our website.

An updated printed copy of the Ride Guide including any last minute amendments will be included in the rider Welcome Pack on the first day of the ride, along with your 2022 Annual Tour jacket. (sizing charts for this will be available shortly)

Day 1 Departure details

The departure location will be [Hindmarsh Square](#), corner of Pulteney Street and Pirie Street in the CBD of Adelaide. Registration and luggage loading will be open at 7am, with a rider briefing at 8.10am prior to departing at 8.30am.

Luggage can also be dropped off and loaded straight on to the luggage truck at our office on Friday 16 September from 3pm until 5pm only. Take a small overnight bag for your night in Adelaide. This can be loaded onto the luggage truck at the official departure point on Saturday morning. There is no facility for overnight bike or luggage storage at our office.

Car Parking - details/location/costs will be confirmed shortly.

Labelling and Lost Property

With up to 200 participants, plus our team of volunteers – there is a lot of 'stuff' that ends up in lost property, nameless and homeless. Please make sure your belongings have been clearly labelled with your full name including your plate, cup and cutlery. Also your mobile phone, and any recharging cords. There will be a facility to recharge phones/Ebikes in the evening. If recharging cords are labelled with your name, there can be no arguments as to whose cord it belongs to!

We'll be sending our further updates over the coming weeks.

As always, don't hesitate to contact us if you have any queries in the meantime.