

Dear Annual Tour Rider,

It is a must that you have your bike fully serviced and in tip-top condition for this ride. Make sure your local bike mechanic knows exactly what you are going to be doing (over 550km of cycling!!!) so they can prepare your bike accordingly. You should have any worn or stretched parts such as gears, brakes, cables, tyres, etc replaced with new ones before the ride. Make sure your suspension and your wheel, crank, pedal and headset bearings have all been given the thumbs up as well.

For those inevitable tweaks, adjustments, and possible repairs along the way, we will have a dedicated maintenance support service accompanying the ride.

To assist our mechanic, prepare a stock of spares, we would like to ask a few questions about the type of bike you will be riding. Please take a moment to fill out a short survey regarding your bike. With the wide range of bike brands and styles available, it is particularly important that we understand what sort of bikes you will be bringing along.

**BIKE SURVEY – PLEASE COMPLETE** <https://www.surveymonkey.com/r/AnnualTour2022>

Please also take the time to view the [Annual Tour](#) Participant Information on our website about preparing your bike including the [My Bike pdf](#)

Please take note of the spare parts and tools that ALL riders should carry with them, including:

- Spare rear derailleur hanger that fits your bike - this is a sacrificial part and is designed to snap rather than ruin your derailleur or frame- however they are bike specific, and it's likely that our mechanic won't have one to fit your bike - we recommend you ALWAYS carry one.
- Spare brake pads if you are using disc brakes.
- Spare tubes – at least 2 (keep one with you on your bike and have another spare in your luggage)
- A Pump – make sure it is compatible with your type of tubes
- Tyre levers
- A tube patch kit
- A multi tool

If you are hiring a bike from us, we will liaise with the mechanic so no need for reply to the survey for hire bikes.

We'll be sending out more information soon.

As always, don't hesitate to contact us if you have any queries in the meantime.

Happy Pedalling