

7 September 2023

Dear Annual Tour Rider,

6 weeks and counting.....

Here's some more information to help you prepare for our Limestone Coast adventure.

Annual Tour Ride Guide

The 2023 Annual Tour Ride Guide V.1 is now available for download [HERE](#)

Or go to the Participant Information tab on our website <https://bikesa.asn.au/faq-annual-tour>

You can also view updated information regarding our itinerary, overnight venues, alternative accommodation plus other event resources and downloads to help you prepare for your ride.

An updated printed copy of the Ride Guide including any last-minute amendments will be included in the rider Welcome Pack on the first day of the ride.

Route Maps

Daily route maps are now available to view on interactive online platform ridewithgps.com

[Click Here](#) to download pdf with links to the route for each day.

Note: some routes may be subject to change pending weather and road conditions

COVID-19 protocols for Annual Tour

As we continue to live with the presence of COVID-19 within the wider community, we need to give consideration to the safety and wellbeing of event participants, volunteer personnel and the communities through which we will travel. Accordingly, we have implemented the following protocols for Annual Tour.

Face masks are no longer required to be worn in most settings, however Bike SA supports the wearing of face masks during our tour if participants prefer to do so. Anyone who has booked a bus transfer may be asked to wear a mask whilst on the bus.

While density limits no longer apply, as an additional safeguard to our participants, Bike SA will configure indoor settings for dining to allow as much distance between tables as possible. In addition, everyone will be regularly reminded to be vigilant with their personnel hygiene including the frequent use of hand sanitisers and hand washing.

Pre-departure Health Check

If you are unwell or develop COVID-19 symptoms immediately prior to the start for Annual Tour you should not attend Annual Tour.

When checking in for the start of the Annual Tour, you will be required to sign a Covid-19 declaration acknowledging your current health status.

What happens if I test positive just before the Annual Tour departs?

In the event that you test Positive to COVID-19 within 7 days of the tour commencing you will NOT be able to travel with us. Bicycle SA recommends that you take out travel insurance including coverage for COVID-19 events.

Infection Response Protocols and Rapid Antigen Testing during the event

We will be travelling into regional areas of South Australia where there are limited resources for COVID-19 testing. Therefore, **all participants will be required to bring at least 2 Rapid Antigen Test (RAT) kits with them. You should also bring some face masks in case you require them.**

Participants who present with any COVID-19 symptoms during the event will be required to take a Rapid Antigen Test (RAT) and immediately isolate alongside any members of the same travelling party sharing a tent/room.

Our team will work through any necessary requirements and you will be in safe and caring hands. Our aim is to minimise disruption to all participants when this occurs.

What happens if I test positive for Covid-19 during the event

Should you return a Positive result for COVID-19 following a Rapid Antigen Test (RAT) you will not be allowed to continue on the event and will be required to make your own arrangements to isolate (this may be at the nearest available accommodation) for as long as necessary and make your own arrangements to travel home. Any associated costs will be the responsibility of the participant. Bicycle SA will do as much as possible to assist you whilst ensuring the safety of all other participants and our volunteer personnel.

For further information about what to do if you test positive for COVID-19 please [view the current guidelines from SA Health](#)

Please take time to review our previous updates as well.

- [Annual Tour 2023 - Rider Update #1](#)
- [Annual Tour 2023 - Rider Update #2](#)

We will be sending out more information shortly including information on Optional Activities and Car Parking in Mt Gambier

As always, don't hesitate to contact us if you have any queries in the meantime.