Dear Outback Odyssey rider,

8 weeks and counting......

This will be the first in a series of updates and reminders to all of you who are joining us for the Outback Odyssey in May 2023.

Have your mates booked yet?

If you know of friends or family who are thinking about joining us but who have yet to book, we only have a handful of positions left for the full Mawson, and a few left for Mawson 1 and Mawson 2.

Training

Time to get very serious, if you haven't already, and sort your training schedule for the following months. Make your commitment, and the hard yakka will pay off!

View the **My Training** information sheet in the **Participant Information** tab of the website https://bikesa.asn.au/faq-odyssey

Travel Insurance

We recommend that all participants purchase travel insurance to cover any of the usual unforeseen issues that can occur with any holiday **including cancellation due to unexpected illness** or injury. We don't recommend any particular company, but suggest you spend time researching what is on offer with the various companies and options available. Check the fine print! The time to sort this is now, not the week before you leave.

Emergency Identification

Your bike will be identified with your name plate (in your registration pack which you collect at the start) However, we urge all riders to carry another form of identification on them whilst riding (as well as your lanyard). There are many ways of doing this. An old driver's licence in your seat bag, a laminated photocopy of your passport or one of the many sport ID bracelets or helmet ID's that are available. Important to list your emergency contact details and any medical conditions or allergies, as well.

EMERGENCY 000

We recommend that you download this app to your smartphone, as a permanent safety feature. The Emergency+ app is free, and was developed by Australia's emergency services, the Government and industry partners. The app uses GPS functionality to help a Triple Zero caller provide critical location details to mobilise emergency services. http://emergencyapp.triplezero.gov.au/

Outback Odyssey Ride Guide

This is available for download on our website.

An updated printed copy of the Ride Guide including any last minute amendments will be included in the rider Welcome Pack on the first day of the ride, along with your 2023 Outback Odyssey jersey.

Day 1 Departure details for Full Mawson

The departure location will be <u>Hindmarsh Square</u>, corner of Pulteney Street and Pirie Street in the CBD of Adelaide. Registration and luggage loading will be open at 7am, with a rider briefing at 8.10am prior to departing at 8.30am.

Luggage can also be dropped off and loaded straight on to the luggage truck at our office on Friday 5 May from 3pm until 5pm only. Take a small overnight bag for your night in Adelaide. This can be loaded onto the luggage truck at the official departure point on Saturday morning. There is no facility for overnight bike or luggage storage at our office.

Carparking

Please contact the office if you need a carpark in Adelaide and haven't yet booked and paid for it. Please also advise us if you require parking in Burra or Melrose. Whilst there no fee applies at this stage, you still need to book your spot.

Labelling and Lost Property

With up to 200 participants, plus our team of volunteers – there is a lot of 'stuff' that ends up in lost property, nameless and homeless. Please make sure all your belongings have been clearly labelled with your full name. Also your mobile phone, and any recharging cords. There will be a facility to recharge phones/Ebikes in the evening. If recharging cords are labelled with your name, there can be no arguments as to whose cord it belongs to!

We'll be sending our further updates over the coming weeks.

As always, don't hesitate to contact us if you have any queries in the meantime.