

# fore'n aft



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Vol. 11 No. 5, October, 2022

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# Racing wraps early due to low water, weeds and official mourning for the Queen.



Harvest 5, taken from the club deck on September 7. Seven boats came out for the evening event which, due to low water, weeds and the death of Queen Elizabeth II, turned out to be both the last regular race of the season and the last Wednesday Night BBQ.

As is often the case in light winds, results were close with only 4.84 minutes separating first and third in the White Sail Division. First was *Storm Boy* (Rick Jones) followed by *Time 1* (Marty Mathias) and *Fana-Sea* (Gerard O'Brien). Winding up the white sail division were *Take your Time* (Brian Coughlan), *Kye Express* (Dale Harron) and Mark Bowering in *Silverado*.

Results for the Spinnaker Fleet were even closer with just 21.6 seconds (0.36 minutes) separating Erik Rasmussen in *Zest for Life* from Carol Bailey's *IMOK*.

For more on Club racing read Scott Brown's entertaining report on Page 8.

CLUB NEWS Page 2



# L ook who dropped by the Club

Here's a familiar face we haven't seen in quite a few years. Margret Tanner, shown here with Peggy O'Brien, paid a surprise visit to the club during the Regatta Day barbecue to enjoy a burger and visit with her many old friends.

Margret and Greg were long time members of the yacht club before moving to Nova Scotia in 2016. Greg served on the Flag from 2005 to 2013 and Margret ran the Club's entertainment program. They now live near Peggy's Cove in Nova Scotia. They would love to see you if you're ever down that way.

Photo by Peggy O'Brien







It's a messy job, but someone has to do it. Here, Colin Baillie and Dave Flett attack five months of algae growth on one of the Club's weed suppression blankets. Three of these were laid in the South Beach last spring in an attempt to eradicate the Water Soldier found there.

Photos by Ann Baillie.



# MAJ. DENIS ANTHONY CALNAN

JANUARY 7, 1934 - SEPTEMBER 16, 2022

The Club was saddened to learn of the death of Denis Calnan on September 16 at Hospice Quinte following a long battle with cancer. Denis was an active member of the Yacht Club for many years and often helped out with the Race Committee.

A native of Grafton Ontario, his favourite activity growing up was playing shinny on the pond with his brothers and friends from town. He joined the RCAF after high school and became an Instructor Pilot. He met his wife Ursula while stationed in Germany. They had two children. He lived in Germany from 1984–94 during which time he helped close the base in Lahr. Returning to Canada, the family settled in Trenton. Besides working, Denis taught flying and gliding lessons and worked with the cadets in Trenton. He was a long time member of the Stirling Flying Club.



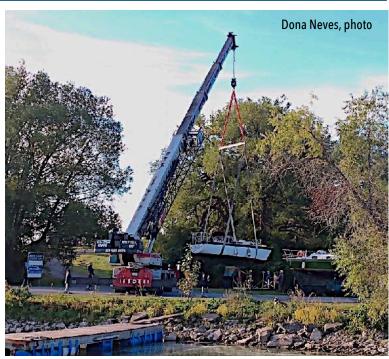


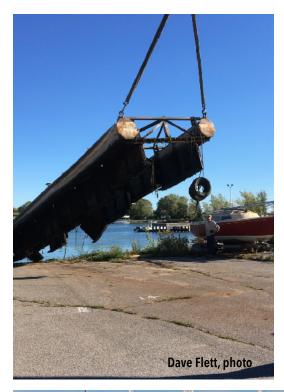
Dona Neves took these pictures of the trees around the Club getting a long overdue haircut. The contractor removed one dead tree and trimmed others, including by the mast rack, to remove the dangerous overhanging branches.

# Some pictures from first lift-out



As you can see in these picture, September 24 could not have been more perfect for the first lift out with light winds and wall to wall sunshine.







With Hastings Crane already on site, September 24, the plan was to move the repaired breakwater section by the ramp to where it could be towed into position, but the current low water level in the harbour made that impossible. Even at the full extent of its boom the crane was unable to move the section into deeper water. It was, however, able to lift the next section of breakwater onto the hard for repair. Both sections will likely have to wait until next spring to be re-floated and placed in position.





That looks heavy! Moving the crane lifting frame into position at the mast step took 13 people plus one supervisor, Rick Jones, and a photographer to document the task for posterity.

CRUISING Page 4

# Sailing Sea Bear in the summer 2022: Inspired by the Salty Sea Captain, Bent Rasmussen

### By Ross Cossar

he stars reflected in the bay where we sat anchored in the still blackness of a mid-August night. And it was dark, particularly as one looked around at the rocks and trees of the Canadian Shield that surrounded us.

On this night it was difficult to ascertain the difference in these two ubiquitous elements until one looked upwards to identify the sky – a sky which, while only slightly less dark, was filled with countless stars that enrobed our narrow view of the horizon. We stood out on the deck, identifying constellations and imagining the vastness of the Milky Way.

Appropriately, we were in a place known as Shotgun Bay, the stars reflecting in the water around us appeared as a heavenly blast of silver pellets – Shotgun Bay, in the heart of the Moon River area of Massasauga Provincial Park; Massasauga Park, in the 30,000 Islands freshwater archipelago of Georgian Bay; Georgian Bay, a part of Lake Huron and the Great Lakes of North America; the Great Lakes, more aptly known as the Sweet Water Seas – what an opportunity to explore and enjoy these waters!

This particular evening was our third that week anchored in solitary bliss, recharging our personal batteries, keeping our lives well balanced. With some decades-old charts propped on the binnacle (once the property of that salty sailor, Bent Rasmussen), we had sailed our 32 foot cutter-rigged vessel *Sea Bear*, towing our little dinghy Sea Cub, some 40 nautical miles north from our home harbour in Penetanguishene, Ontario. If the winds had been different we were planning to cross Georgian Bay to explore the western shores, but as they were not, it seemed best to explore this provincially designated park on the eastern shore.

Different than most of Ontario's parks, this area is mainly undeveloped back country. Canoes and kayaks abound through the islands, conveying their adventurous paddlers across the portages to the isolated camp sites sprinkled within the interior. The rocky channels weave between endless windswept pine trees which are clinging to rocks and islands that have a 1.1 billion year geological history.

The Small Craft Channel stretching north through the 30,000 Islands is like the major arterial highway one might take to reach any destination. While not without its own beauty, it can be crowded with other boats and reaching the areas of secondary and tertiary routes is always, for me, more pleasant.



I'm a back-roads-back-channel sort of guy, and I know from experience that the farther one gets from the main routes, the fewer other vessels one will encounter. Not coincidentally, one has to also accept that these areas will have fewer resources and information. One can navigate the Small Craft Channel with confidence as the depths and rocks are published on reliable government charts.

On the secondary channels, one should be more cautious, accepting that slower is better as it allows for a continuous awareness of the potential hazards. This is an area where one might have 100 feet of water under the keel and rocks awash 20 feet to port and/or starboard.

Eventually, as we pushed deeper into the park, we entered an area where the navigational information of our charts simply ended. Other than indicating where there was water and land, the water's depth that we so need to know will accommodate our 3' 9" draft, was no longer available. It becomes a little disconcerting when the only boats one encounters are canoes and smaller motorized runabouts. Official channel navigation buoys are replaced by floating empty plastic white bottles that someone has kindly anchored with a rock to the bottom.

Local knowledge – a euphemism for having already bent a propeller on that rock – is likely the best guide in such waters. Still, our entering this area was not entirely blind, and the risks were somewhat mitigated. We did have a guide book that spoke of the area in fair details. Instructions, such as staying north of this island or to avoid that bay, were most helpful as we watched our depth sounder and scanned the waters ahead.

With both confidence and trepidation we also followed the hand-drawn yellow-highlighted routes of our friend Bent Rasmussen who had at some time in recent decades brought a similar sized sailing vessel into these waters. His charts, which he kindly gave me when we left our berth on the edge of Lake Ontario three years ago, have become antiquities. They've seen some weather over the years and the folds are worn through.

Still, despite that Bent's highlighted route occasionally traced its way right over small islands instead of indicating a preferred way to get past, (I had images of Bent and Sonja dragging their boat over top of these islands) we travelled safely through some incredibly narrow channels that eventually linked to safer waters.

Continued on next page.

RACE & REGATTA Page 5

# The search for Polaris 2.0

BY SCOTT BROWN

Most of you will know that with the selling this spring of our long time Race Committee boat *Polaris*, I was tasked with setting up a committee to outline criteria for her replacement.

Several members have asked why we have yet to procure that.

As one might expect, to make a purchase of this size, we are required to secure a minimum of three bids for a vessel that meets or exceeds those specifications.

Our budget/price point means that almost certainly we will have to go the the private market (read Kijiji, Facebook Marketplace etc) to find a vessel that we can afford, though we will definitely seek new or brokered options were we can.

Getting money out of PSP, the organization that oversees Club operations, is a time-consuming process measured in weeks, not days. This is not a complaint, it's just the way it is.

And therein lay the challenge. It quickly became apparent to me, as I selected various boats to inspect and consider, that in the peak of the season most were sold in short order. Also, the ability to negotiate a better price with a private individual is hampered by the caveat "Great, that's a deal, now we'll just have a cheque for you in four weeks or so."

Fortunately, I found myself in the lucky position of being both the guy looking for a proper Race Committee boat AND the Race Committee Chair saddled with using the pontoon work boat until such a replacement was found.

It was for this reason that I made the executive decision to wait until the season's end to start our search in earnest. ie. Only Mary Beth and I had to suffer out on the bay on Wednesday nights in an open boat without a large screen TV and mini bar.

Now that October has rolled around the idea is:

- i. Any boat we would be considering is almost certainly on the hard for winter and unlikely to go anywhere in the near future;
  - ii. The owner (hopefully) is motivated to sell for a decent price;
- iii. The owner is more likely to be willing to wait a few weeks for payment.

So, as I write this, the committee is scheduled to convene within the next three days and we will solidify the specifications document to begin the process of getting quotes.

I expect we will have the wheels in motion in the next two weeks.

# Sailing Sea Bear, contd.

Within these lovely channels we found such places as Wreck Island, Woods Bay, Port Rawson Bay, and the fore mentioned Shotgun Bay – places that were logging camps back into the 1800s – and some that have quaint cottages grandfathered into the history of the park.

We found trails to hike, a place to watch a rainbow sweep across the lake, places to explore with our dinghy, and even places to comfortably skinny dip. Amazingly, there are 36 million Canadians and we were the only two anchored in that bay! We found places to read our books, time to nap and to have the nearly unimaginable cover of starry nights shrouding us in our sleep.

I have a sort of love-hate relationship with Sea Bear. She is, after all, a temperamental 42 year old fibreglass sailboat with an iron sail (donkey) that can test my patience.

My love for sailing adventure started as a youth when my mother read the *Swallows and Amazons* stories by Arthur Ransome to me.

Through 40 years I have maintained an association with boats that I share with my wife. Lisa and I have had such soul satisfying times when we are out on the waters and these do far outweigh the challenges we have experienced (even though we have our own local knowledge in some places.)

I have now updated Bent's old charts, and if you are heading for adventure I'm happy to share them.

May you have fair winds, following seas, and star-speckled quiet anchorages.



Preparing the blue dock for a coat of paint during Oct. 1 work party.



Dismantling the masts and rigging on the Club sailing dinghies and readying them for winter.

Photos by Dona Neves.

# Field trip discusses ways to manage invasive aquatic weeds

By Christine Flett

t's not every day the Yacht Club hosts a large group of people whose primary interest is not boating, but the weeds in our harbour. Such was the case on September 28 when the Club became the only aquatic site on a field tour organized by the Ontario Vegetation Management Association (OVMA).

Vegetation management is the targeted control and elimination of unwanted plants, whether they be weeds in a golf course or tree branches overhanging power lines. About 50 people attended the visit to CFB Trenton including industry professionals and representatives from Ministry of Natural Resources and Forestry (MNRF).

Participants were given a short presentation by two experts in the field of aquatic weed management: Dr. Mark Heilmann, director of Aquatic Technology with SePro Corporation of Carmel, Indiana; and Rob McGowan, Water Soldier Management Technician with the Ontario Federation of Anglers and Hunters (OFAH).

The presentation featured samples of the four types of aquatic weeds, namely Submerged, Emergent, Free Floating and Algae. Submerged weed samples from the harbour included Eurasian Water Milfoil, Coon Tail and Curly Pondweed turions. Samples of Phragmites, (Emergent), Water Solder (Free floating) and Starry Stonewort (Algae) were also shown.

Dr. Heilmann talked about the challenges faced when treating invasive plants in the water. He said that unlike on land where you can spray an individual plant, the only way to treat aquatic weeds is by treating the water they are growing in. Unfortunately, this impacts all plants including those that are beneficial to fish and waterfowl.

"The aim is to eradicate invasive weeds, but that's not always possible when working in water," Heilmann said, adding that "Sometimes the best you can do is learn to control them."

With Water Soldier, the goal is elimination, but that's proving hard to achieve. The plant, which has sharp serrated leaf edges capable of cutting skin, grows quickly forming dense impenetrable mats. Offsets float downstream where they establish new colonies.

OPFAH's Rob McGowan has spent years battling Water Soldier in parts of the Trent River. He told the group that until about a decade ago, the plant was widely sold for use in ornamental ponds, which is likely how it escaped into the wild. It is now banned in Ontario.

McGowan described various efforts, in partnership with MNRF, to eliminate Water Soldier from the Lake Seymour-Crowe River areas of the Trent system. The use of weed blankets to block light and prevent photosynthesis was, he said, "very effective." But he conceded "this method does have some constraints due to the rebar used to prevent floatation."

Using aquatic herbicide has proved to be a reliable approach. "We had good success with Diquat (Reward) especially after a second application." He noted treating Water Soldier in the Fall appears to be more effective than an early treatment in July.

Another option is to manually pull out the plants, but this is "highly labour intensive and would require protective clothing, so it's only worth doing if the affected area is small."

One option McGowan does not recommend for Water Soldier is mechanical harvesting.

"We tried this, but it didn't do a great job...It just spread the plants around, which in the long run made things worse."

Last year, the Club identified Water Soldier in the South Beach. Prior to the OVMA visit, we also found several plants in the harbour, including on the west side of B-dock. Participants were invited to view the plants in situ for the purpose of future identification.

The Club is working with MNRF, Quinte Conservation and the Wing Environment office to develop an eradication plan for all Water Soldier on Base property. This will likely involve a full strength Fall treatment with Reward herbicide.



Shown here on the hill above the Club, about 50 people attended the recent OVMA field trip to CFB Trenton.



Rob McGowan talks about his efforts to eradicate Water Soldier, a highly invasive floating weed.



Mark Heilmann describes the many challenges faced when dealing with invasive aquatic weeds such as Water Soldier.

# ENTERTAINMENT

# Christine Flett

# Scott Creamer was so into the Oktoberfest spirit, he brought his own personal Biermann to the party.



Breading schnitzel are Larry Jordison, Noriko Culhane, and Nancy Jordison. Below, Noriko and Lois Irwin.



# Oktoberfest 2022!





Nancy and Wayne Jordison get baking.

The Club's Oktoberfest has always been popular and this year was no exception. About 50 people attended the October 2nd event held at the Baker Island Community Centre.

The menu for this German themed feast included bratwurst, spaetzle, schnitzel, potatoes, beets and red cabbage sauerkraut. All this was followed by a delicious selection of cheese cake, Black Forest cake and fresh-baked pies.

Wayne and his helpers set aside two days to do the food prep and cooking. These pictures, taken by Lois Irwin, show something of the work, and fun, this involved.

Many thanks to all the cooks, namely Wayne and Nancy Jordison, their son Larry and his wife Noriko, along with Mary Game, Lois Irwin, Eric Lawlor, and Carol Bailey. Everything was "Wunderbar!"

Auf Wiedersehen until next year.



Chef Wayne with some of the Oktoberfest pies.



Red cabbage is a traditional Oktoberfest side dish. Helping with prep are (above) Larry and Nancy Jordison, Mary Game; (below) Wayne Jordison, Noriko Culhane and Larry Jordison.



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# I should have seen it coming...

# By Scott Brown

RACE & REGATTA

Let me explain.

I'm not sure how it happened exactly, but on several occasions last season, I found myself helping John with his Race Committee duties aboard the good ship Polaris (aka The Sea Witch). It was an enjoyable time for the most part with equal doses of camaraderie, conversation and of course a bunch of flags to play with. I also got to take some photos of sail boats, something I've always enjoyed.

E'S A CRAFTY FELLOW THAT JOHN BREWSTER AND DON'T LET ANYONE TELL YOU OTHERWISE!

Little did I know that a cunning trap was being set. As we were wrapping things up at the end of the season (perhaps encouraged by the knowledge that I had just sold my boat) John, as casual as can be, mutters "I'm hoping that you'll take over as head of the Regatta/Race Committee portfolio next season."

Now I can't prove it, but it seems to me that he carefully timed his statement so that my reply would be conveniently drowned out by a C130 passing overhead at that exact moment.

Not to be hoodwinked so easily I turned to technology. My follow-up email clearly stated that although I'd be pleased to help out when I could, Mary Beth and I had three weddings in summer 2022 which would keep us out of town for many weeks. Clearly, I would have to decline.

That sea dog Brewster looped in the Flag and the reply I received from our Commodore simply said "I'll take that as a yes! Thank you (in advance) for your service."

I clearly didn't understand how the military works.

My only satisfaction was that, had they read my resumé, they would have realized that my ADD, a propensity to overthink problems, and my slightly manic personality (can one actually be *slightly* manic?) would not necessarily be a great fit for the Race Committee chair.

Sadly, it was those on the race course who would pay the price.

And here we are.

Note: What follows is a brief overview of the races. Full details and race results will be given in the next Fore'n Aft following the Trophy Presentation at the SAGM.

### Trenton to Belleville Warm Up Race

The Trenton-Belleville race is an inter-club race but it is included here as (a) we perform the Race Committee duties, and (b) CFB Trenton YC skipper and resident Newfoundlander Gerard Obrien was not only the winner, but his was the only boat to finish.

The race kicks off our season in late May and the weather is always iffy. Christine wrote a great piece on the race in June's Fore'n Aft, but to recap:

The day dawned with small craft warnings and possible thunderstorms. The trip down to Belleville for the start was a sleigh ride, with winds around 20 knots from the west. Two boats dropped out before the start and six more along the way. By the time it was done, most boats had experienced winds of 35-40+kph, sails blown out, sheets cut, and Gerard was left holding the Rum! Congratulations!

(Continued on next page.)



Taken during Harvest 6 (I-r) Storm Boy-Rick Jones; Time 1 Marty Mathias; Kye Express, Dale Harron; Take Your Time, Brian Coughlan; and Fana-Sea, Gerard O'Brien.



Diehard 5, the boats are (I-r) Lay-a-Lee,-Eric Lawlor, Kye Express, Dale Harron, Time 1, Marty Mathias, Interlude, Dwight Koshman.



Spinnaker Fleet during Diehard 6. The boats are (I-r) Zest For Life, Erik Rasmussen; Express Passage, Perry Petrie, and IMOK, Carol Bailey.



Perry's boat getting towed back into dock.

# *I should have seen it coming...* (Contd.)

# Wednesday Night Club Races

I think most everyone would agree that our Wednesday night race season was wonderful. The weather cooperated nicely with only a couple of drifters and one rainy night (the night John B. filled in for us. Payback perhaps?).

The after-race BBQ was always well attended by racers and spectators alike. Thanks to Carol and all the volunteers who helped prep, cleanup and tend the bar. It was great!

It will come as no surprise that the low water and weeds (even in the open bay) became a real challenge towards season end. We had to tow several boats in/out of the harbour and approaches on several nights.

Over the season we had 12 different vessels participate in White Sail (NFS) and Spinnaker (FS) fleets with a total of 15 races in three series. Unfortunately, our first series, Greenleaf, had two races cancelled so didn't reach the minimum required for the trophy, but Diehard and Harvest were fine. Due to early hauling of boats and low water levels we did not run a Frost Bite series.

# Singlehanded Race

Five boats participated in the Single-Handed race on July 9 for a lovely sail with an 8 knot breeze. Thanks go out to Carol, Rick and Patrick for stepping in as Race Committee for this race.

# Once Around the Bay

Five boats came out for our OATB event in late August. It's an interesting race with a staggered start. Each boat starts at a specific time based on their handicap with the slowest starting first. Although the customary pre-race jockeying for position is somewhat reduced, in theory the finish is neck and neck. Unfortunately, the winds lightened throughout the race, so we only had three boats finish, but it was still a great day on the water.

### Regatta

We held our annual regatta on September 10 and had five boats at the start line. We managed to squeeze in five triangle course races, and the winds held out just long enough so that we could get to the wonderful dinner afterwards in good time. I would like to make a public apology to all racers for causing a far bit of confusion over courses and direction. But everything ELSE was just fine! (Mary Beth would like to reiterate that she had NOTHING to do with any of it!)

### In Summary

I would also like to thank Dale, David, Brian, John, Patrick, Carol and Rick for stepping in to help on the Race Committee boat.

The somewhat thankless job of measuring sails and keeping handicaps current (and paid for) is willingly taken on by Dale Harron. He has also, perhaps, been the one most frustrated by my afore-mentioned short attention span and overthinking. Dale has regularly given me feedback with the goal of helping simplify my approach to race management and fill in the (many) knowledge gaps in my head, not to mention help me communicate more effectively. Thank you.

Again, thanks to Carol and all the crew who stepped up for the meals and drink. It really makes the racing season a wonderful experience.

Notwithstanding my earlier comments about trickery, both Mary Beth and I would like to thank John Brewster and Jason for their refusal to accept my excuses last fall. We have both thoroughly enjoyed our "date nights" aboard the hillbilly RC/pontoon boat. I must confess that it has given our relationship a refresh. For example, Mary Beth has convinced me that it causes her great stress when I take photos of the finish with the cell phone that she is also using as our race timer. I can change that. We also now have new-found things to argue about on the subject of racing and course selection, all while enjoying the outdoors and getting in some much needed sea-time. Thank you all!



Mary Beth on board the RC/Pontoon boat.



Club Regatta (I-r) Fana-Sea, Gerard O'Brien; Kye Express, Dale Harron; Time 1, Marty Mathias; and Lay-a-Lee, Eric Lawlor.



IMOK, Carol Bailey



Time 1, Marty Mathias during Diehard 8.

COOKING ON BOARD Page 10

# **Butternut Squash Soup**with Roasted Glazed Chicken

# **BUTTERNUT SQUASH SOUP**

1 tbsp butter

1 yellow onion, diced

3 cloves garlic finely chopped

1 tsp curry powder

1/4 tsp ground cinnamon

1 butternut squash, peeled, seeded and diced

1 potato, peeled and diced

3 cups chicken stock

1 400 ml can coconut milk

1 tbsp tomato paste

1 tbsp maple syrup

1/2 juice lemon

Salt and pepper to taste

A few sprigs of chives, finely chopped.

In a large pot melt the butter. Cook onion on med. high until translucent. Add the garlic, cook another minute.

Add cinnamon and curry powder, cook for an additional minute.
Season with salt and pepper.

Add butternut squash and potato. Mix until vegetables are evenly coated in spice mixture.



Add chicken stock, coconut milk, maple syrup, tomato paste and lemon juice. Bring to a boil. Lower heat and simmer for 20 to 30 minutes.

Use a hand blender to purée the soup. Add salt and pepper to taste. Garnish with chopped chives and serve.

# GLAZED CHICKEN WITH ROASTED VEGETABLES

One 2 to 3 lb. chicken

Cooking oil

2 med. potatoes, peeled and quartered

6 med. carrots, bias-sliced into 1/2 inch pieces

2 medium apples, cored.

Glaze:

1/2 cup honey

1/4 cup prepared mustard

2 tbsp margarine or butter

2 tbsps finely chopped onion

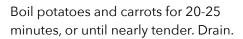
2 tsp curry powder

1/2 tsp garlic salt

1/4 tsp crushed red pepper

1/4 tsp ground ginger.

Rinse chicken, pat dry. Skewer neck skin to back. Tie legs to tail. Twist wing tips under back. Place breast side up on rack in shallow roasting pan. Brush with oil. Roast chicken uncovered at 375 F for one hour.





For glaze, in a saucepan combine honey, mustard, margarine, onion, curry powder, garlic salt, red pepper and ginger. Bring to boil stirring constantly. Remove from heat and set aside.

Discard fat in roasting pan. Cut apples into wedges. Arrange potatoes, carrots and apples around chicken in the pan. Spoon glaze over poultry, vegetables and apples.

Roast for 15 to 20 minutes until chicken is no longer pink, the drumsticks move easily in their sockets and the vegetables are tender.

Serves six.

Thanks to Nancy Diedenhofen for sharing this recipe.

We have many excellent cooks in our Club so your recipes ideas are always welcome. Send your suggestions, with photo if possible, to theforenaft@gmail.com.