

# CFB Trenton Yacht Club

## Sailing Instructions

### 43<sup>rd</sup> Annual Belleville – Trenton Spirited Warm-up Race Sat. May 16, 2026

Organizing Authority – The CFB Trenton Yacht Club

*The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).*

#### 1. RULES

- 1.1. This race shall be governed by **The Racing Rules of Sailing 2025 - 2028** and Sail Canada prescriptions except as may be changed by the Sailing Instructions.

#### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Changes to the sailing instructions will be posted before 0900 on May 16, 2026.
- 2.2. Alternatively, changes to the sailing instructions may be made on the water with details broadcast by the RC on VHF CH 72 (Hail "All Racers All Racers")

#### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notice of Race has been posted on the official notice board(s) located at Bay of Quinte Yacht Club, Presqu'île Yacht Club, CFB Trenton Yacht Club
- 3.2. Prior to race day, Fleet Captain Sail, Carol Bailey may be reached at [cfbtycweb@gmail.com](mailto:cfbtycweb@gmail.com) or 905-995-9437
- 3.3. On the water, the race committee will monitor and communicate with competitors on VHF radio channel 72
- 3.4. [NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4. CODE OF CONDUCT

- 4.1. [NP] Competitors and support persons shall comply with reasonable requests from race officials.

#### 5. CLASS FLAGS

- 5.1. One Fleet: Blue Flag
- 5.2. Given the Waterline +1 Handicap system used (see 14.1.) there are no restrictions on which sails a vessel may fly at any time during the race.

#### 6. COURSE

- 6.1. The course will be a modified point to point format.
- 6.2. Start Line will be set just west of the Belleville Bridge (The Bay of Quinte Skyway Bridge) using an orange tetrahedron mark or an existing BQYC Race Mark and the CFBTYC RC boat.
- 6.3. The finish line will be set in the waters directly south of CFB Trenton YC.

- 6.4. There will be three (3) possible courses. Course A, B and C (see Appendix B).
- 6.5. Course A = 11.5 nm, Course B = 9 nm and Course C = 6 nm.
- 6.6. The specific finish configuration will be chosen by the RC on race day to suit wind/racing conditions.
- 6.7. If conditions are forecast to be steady the specific course will be communicated by the RC via the notice board on the RC Vessel and verbally upon check-in on the water.
- 6.8. If the RC is unable establish the specific course to be sailed prior to start, the course will be announced to fleet via VHF CH 72 – before the first boat passes through the narrows.

## **7. MARKS**

- 7.1. All Marks are to be kept to Starboard.
- 7.2. The specific BQYC race mark if used as the pin end of the starting line will be chosen by the RC on the day of the race to suit conditions – it will be confirmed verbally upon check-in with the RC.
- 7.3. Depending on the course chosen by the RC on the day of the race the following marks MAY be used:
  - 7.3.1.1. BQYC Race Mark 7
  - 7.3.1.2. BQYC Race Mark 9
  - 7.3.1.3. QT16 – Navigation buoy - Red Spar - 44° 04.812' N - 77° 32.484' W
  - 7.3.1.4. QT18 – Navigation buoy - Red Spar - 44° 04.354' N - 77° 33.385' W
  - 7.3.1.5. CFBTYC Race Mark “H” – (White poly spar buoy - 44° 04.950' N / 77° 32.490' W
  - 7.3.1.6. In addition, if Course A is sailed, Indian Island, just off the entrance to the Murray Canal must be rounded before proceeding to the finish line.
- 7.4. The finish line is marked by an Orange Ball or Tetrahedron and the RC Vessel.

## **8. AREAS THAT ARE OBSTRUCTIONS**

- 8.1. There are no areas to be designated as obstructions.

## **9. PRIOR TO THE START**

- 9.1. The RC flag will be flown when the RC vessel is on station for the start.
- 9.2. The RC will display Code Flag L / Come within hail when ready for check in.
- 9.3. All boats must check in with the RC by sailing past the stern of the RC vessel at least 15 min. prior to the start. If conditions/high traffic on the line prohibit this, check-in via VHF CH 72 is permissible but only as a last resort.
- 9.4. The AP Flag WILL BE FLOWN from the time that the RC boat arrives in the area. Its lowering with one (1) sound will indicate that the Warning Signal (beginning of 5 min. start sequence) will be hoisted in one (1) minute. (see Appendix A)

## **10. THE START**

- 10.1. Warning Signal 1325
- 10.2. There shall be one start with no attempt for a windward start.
- 10.3. Race will be started by using Rule 26 with the Warning Signal (Class Flag) made five (5) minutes before the starting signal. (see Appendix A)
- 10.4. Any boat starting later than twelve (12) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.
- 10.5. Rule 30.1 shall govern the start for the purpose of start penalty.
- 10.6. Start Line - west of the Bay of Quinte Skyway Bridge using an orange tetrahedron mark or an existing BQYC Race Mark (TBD) and the CFBTYC RC vessel – RC Flag marks vessel end of line.
- 10.7. See Appendix A for start sequence chart.

## **12. THE FINISH**

12.1. The finishing line will be between an orange tetrahedron or red ball and the RC Flag flown from the RC vessel anchored south of Baker Island.

## **13. PENALTY SYSTEM**

13.1. The Scoring Penalty, rule 44.3, will apply.

13.2. Rule 30.1 will apply at the Start Line.

## **14. PROTESTS AND REQUESTS FOR REDRESS**

14.1. Protest forms are available at the race office, located at CFB Trenton Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

14.2. The protest time limit is 90 minutes after the last boat has finished the race.

14.3. Decisions of the protest committee will be final

## **15. SCORING**

15.1. The scoring system shall be the **Waterline + 1 System**

## **16. BERTHING**

16.1. Boats shall be assigned berths at CFB Trenton Yacht Club after the race if required.

## **17. RADIO COMMUNICATION**

17.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

17.2. No boat shall play a radio or other such device so loudly that it affects other racers, either at the start of the race or during the race.

17.3. All boats will monitor channel 72 during the race for any communications from the Committee Boat to all boats.

## **18. PRIZES**

18.1. The vessel first to finish on corrected time will be awarded the traditional bottle of Rum provided by the Commodore of CFB Trenton Yacht Club.

18.2. All other prizes, if any, will be given by each participating club as part of their individual racing programs.

## **19. DISCLAIMER OF LIABILITY**

19.1. Competitors participate in the race entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after this racing event.

## **20. INSURANCE**

20.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover as required by their respective clubs

Fleet Captain Sail: Carol Bailey - [cfbtycweb@gmail.com](mailto:cfbtycweb@gmail.com) (905)-995-9437

# Appendix A

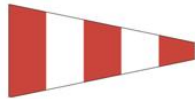
## Belleville Trenton Spirited Warm-up Race - 2025 Start Sequence



One Start - All Classes - Blue Flag

As per SI 9.4, the **AP/Postponement Flag** will be flown from the time the RC vessel arrives in the starting area. The lowering of the **AP** flag with one (1) sound indicates that the **Warning Signal** (ie. 5 minute start sequence) will hoist in 1 minute.

**6 Minutes  
to Start**



↓ \* Short

**End Postponement**

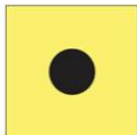
**5 Minutes  
to Start**



↑ \* Short

**Warning Signal**  
(Class Flag indicates fleet)

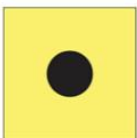
**4 Minutes  
to Start**



↑ \* Short

**Preparatory Signal**  
I Flag - (Rule 30.1 in effect)

**1 Minutes  
to start**



↓ \* Long

**1 Minute Signal**

**Start**




↓ \* Short

**Start**

## Appendix A (cont'd)

# Belleville Trenton Spirited Warm-up Race - 2025 Flags

 Flag UP	 Flag DOWN	* One (1) Sound Signal	** Two (2) Sound Signals
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		<b>RC Flag</b>	RC boat is in position for start - Unless otherwise noted, RC Flag marks the RC vessel end of Start/Finish line.
		<b>L - Come Within Hail</b>	RC is ready for vessel check-in
	 **  *	<b>AP - Postponement</b>	Races not underway are in postponement. Lowering of AP flag = Warning signal for next race in 1 minute).
	 *	<b>S - Shorten Course</b>	Course has been shortened. Monitor VHF Channel 72 for instructions.
	 * Whistle	<b>X - Recall (Individual)</b>	One or more boats over early, see Rule 30
	 * Whistle	<b>1st. Sub. - Recall (General)</b>	Race reset. All boats to return for restart with full start sequence.
	 ***	<b>N - Abandon Race</b>	All races that have started are abandoned.
	 **	<b>AP over H</b>	Races not started are postponed. Further signals ashore.
	 **	<b>AP over A</b>	Races not started are postponed. No more racing today.

# Belleville Trenton Spirited Warmup Race – Courses - 2025

