



CFB Trenton Yacht Club

Sailing Instructions

Club Racing May-Sept. 2024 (AKA Wed. Night Races)

Organizing Authority – The CFB Trenton Yacht Club, Trenton ON

The following documents are available on the CFB Trenton YC website under the **Racing** menu.

Appendix A_Start and Flags, Appendix B – Shore Starts, also Race Marks Chart_2024 and Racecourses_2024.

1. Rules

- 1.1. This race shall be governed by **The Racing Rules of Sailing 2021 - 2024** and **Sail Canada** prescriptions except as may be changed by the Sailing Instructions.
- 1.2. Notice of Race and Sailing instructions are available on the CFB Trenton YC website.

2. Changes to Sailing Instructions

- 2.1. Any changes to these sailing instructions will be posted as Bulletins for Racers on the CFB Trenton YC Official Notice Board in the club lobby, before 1700 on the day they are to take effect.
- 2.2. When possible, changes and/or cancellation of a Wednesday night race will be communicated to racers by signals on the club flagpole.
- 2.3. While on the water, changes to SI will be via RC vessel sign board(s) and/or VHF CH.72 (Hail “All Racers All Racers”).

3. Communications with competitors

- 3.1. Club racing notices and documents can be found on the CFB Trenton YC website
- 3.2. Prior to race day, communication/queries regarding the race should be directed to the CFBTYC Race Officer @ cfbtycro@gmail.com.
- 3.3. All yachts are advised to carry a VHF radio capable of communicating on Ch. 72.
- 3.4. While on the water, Channel 72 will be used to communicate with RC and racers.
- 3.5. While racing [From the first warning signal until the end of the last race of the day], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

4. Signals made ashore

- 4.1. Signals made ashore will be displayed on the flagpole in front of the clubhouse – **Appendix B**

5. Schedule of races

- 5.1. Races are scheduled as per the published ***Race Schedule_2024*** see 5.4 (abbreviated)
- 5.2. A race that must be re-scheduled will be attempted as a subsequent start sequence on the next suitable race night or at such other time as appropriate.
- 5.3. Racers will be advised of the re-scheduled time via the Bulletins for Racers notice board in clubhouse lobby and email communication from the Race Officer.
- 5.4.

Club Race Series	No. of Races	Date Range (Wed. Nights)	Warning Signal
Greenleaf	6	May 8 - June 12	1830
Diehard	8	June 19 - August 7	1830
Harvest	6	August 14 - September 18	1800
Frostbite	3-4	TBA	TBA

6. Signals

- 6.1. Signals shall be made from the Race Committee (RC) vessel.
- 6.2. All signals are indicated by displaying Class Flags and Code Flags.
- 6.3. Sounds may be used to indicate a flag/signal has changed – these are a courtesy only and may not exactly coincide with the flag action. The Flag raising or lowering is the official signal – **NOT** the sound.
- 6.4. Preparatory Signal will be Code Flag I - Rule 30.1 will in effect for all starts.
- 6.5. The hoisting of the AP Flag (with two sounds) indicates "The race is postponed".
- 6.6. The Warning Signal to re-start the race will be made 1 minute after the AP flag is lowered (one sound) when on the water OR 30 minutes after the AP Flag is lowered when ashore.
- 6.7. Individual recall shall be as per rule 29.1 (Code Flag X with one sound).
- 6.8. General recall shall be as per rule 29.2. (First Substitute Flag with 2 sounds).
- 6.9. Shortening or abandoning course after start shall be as per rule 32.
- 6.10. The Race Committee will monitor and broadcast on Channel 72

7. Racing Area

- 1.1. The racing area is in the basin(s) east, west and south of Bakers Island and shown in the document ***Race Marks Chart_2024***.

8. Racecourses

- 8.1. Courses will be chosen by the RC from the document ***Racecourses_2024***, available on the CFB Trenton YC website.
- 8.2. The Course Number will be displayed on the RC vessel course-board, on the side opposite the Start line no later than 15min. prior to the Warning Signal.
- 8.3. The RC may choose non-standard courses as deemed appropriate for weather or other conditions and in such case shall display letters on the course-board representing the Letter designation of Race Marks, their sequence, and appropriate rounding direction.

9. Marks

- 9.1. The CFB Trenton Race Marks are a combination of Club Marks (white & orange marker buoys marked with a large Letter) and navigation buoys. See: **Marks Chart_2024** available on the CFB Trenton YC website.
- 9.2. All marks are to be rounded in accordance with the course layout and/or as displayed on the RC course board.
- 9.3. When necessary, orange tetrahedrons or orange balls may be deployed as alternate Race Marks

10. Prior to the Start

- 10.1. The RC flag will be flown when the RC vessel is on station for the start.
- 10.2. All boats must check in with the RC at least 5 min. prior to the first signal
- 10.3. The RC will display Code Flag L / Come within hail when ready for check in.
- 10.4. The hoisting of the AP flag accompanied by two (2) sound signals indicates that any race not yet started is in now in postponement.
- 10.5. The AP/Postponement flag will be flown prior to EVERY race and BETWEEN starts to give a clear indication that the RC prepping for the next start and that the WARNING for the next start is AT LEAST 1 min. away.

11. The Start

- 11.1. Rule 30.1 will apply at the start line.
- 11.2. The Warning signal is the Class Flag relevant to that start.
- 11.3. The Spinnaker Class Flag is Code flag #9.
- 11.4. The White sail Class Flag is Code flag #6.
- 11.5. A 6 minute (5 + 1) starting sequence will be used (see Appendix A)
- 11.6. There will be a 2 – 5 min. interval break the Start signal for one Class and the Warning signal of the next.
- 11.7. As indicated in 10.4/10.5, the AP/Postponement flag will be hoisted between Class starts.
- 11.8. The start line will be between the Race Committee vessel's RC flag and a white and orange S Race Marker unless otherwise indicated by the RC. (see 9.3)
- 11.9. Yachts whose class signal has not been made, shall keep clear of the starting area and of all yachts whose class signal has been made.

12. Shore Starts

- 12.1. See **Appendix B** for changes/instructions for a shore start.

13. Typical Starting Sequence

- 13.1. See: **Appendix A – Start and Flags_2024** for typical starting sequence and associated flags/signals

14. Shortening the Course

- 14.1. The Race Committee flying the Code Flag S from the RC Vessel means that the course has been shortened and that this crossing of the start/finish line is the finish of the race.
- 14.2. Should 14.2 be altered for a race, the final mark for the course will be advised to skippers as they cross the start/finish line with a 2 blast warning signal from the committee boat or via broadcast on VHF CH 72.

15. The Finish

- 15.1. The finish line will be between the Race Committee vessel RC flag and a white and orange Race Mark or ball or tetrahedron.
- 15.2. If the RC moves the finish line, it will be from the committee boat RC flag to the Race Mark closest to the committee boat.
- 15.3. All yachts taking penalty turns must so advise the Race Committee at their finish.
- 15.4. All yachts retiring from a race must so advise the Race Committee.

16. Time Limit

- 16.1. The race time limit for Series Races will be 2 hours unless otherwise posted.
- 16.2. Any Series Race not started by 1930 shall be abandoned.
- 16.3. The Finishing Window shall be 30 minutes after the first boat of that fleet finishes.
- 16.4. For the Frostbite Series, the Warning signal shall be no later than 1730.

17. Penalty System:

- 17.1. Rule 30.1 will apply at the start line.
- 17.2. The scoring penalty rule 44.3 will apply.

18. Protests

- 18.1. Protests shall be written on forms available at the racers notice board and delivered to the Race Committee within one half hour of the time of arrival at the dock of the RC.

19. Scoring

- 19.1. The Low Point scoring system shall be used.
- 19.2. Only yachts with a valid PHRF (LO) certificate will be eligible for club trophies

20. Safety Regulations

- 20.1. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.