

# **CFB Trenton Yacht Club**

Member: Sail Canada, Ontario Sailing Assoc.

## **Sailing Instructions**

**“Series Racing”**

(AKA Wed. Night Club Races)

**Also see:**

**Appendix A – Shore Starts**

**Appendix B – Starting Sequence/Flags**

**2023**

(Effective May 2023)

**CFB Trenton Yacht Club**  
**Sailing Instructions for “Series Racing” 2023**  
**(Effective May 2023)**

**1. Rules**

- 1.1. All races will be governed by The Racing Rules of Sailing 2021 - 2024, and the prescriptions of Sail Canada (except as altered by these sailing instructions).
- 1.2. Special sailing instructions for specific events may also alter The Racing Rules of Sailing.

**2. Eligibility for Racing**

- 2.1. Any yacht owner with a valid PHRF (LO) certificate is eligible to participate in Club ‘Series’ racing.
- 2.2. Any CFB Trenton YC yacht owner not holding a valid PHRF (LO) certificate, and who has not raced anywhere in any previous season may participate in Wed. Night “Series Racing” racing. The owner’s yacht will be assigned a standard rating by the PHRF (LO) officer for that season only. The owner is not eligible for club trophies and no PHRF (LO) certificate will be issued.
- 2.3. Yacht owners may at any time apply for a PHRF (LO) certificate upon payment of the applicable fee.
- 2.4. All racing yachts will be expected to provide crew members to assist the Race Committee when scheduled to do so, as required. In such cases, the volunteer’s yacht may be awarded a third-place finish for their assistance without affecting the actual finish position of yachts racing.
- 2.5. A class will be determined such that at least three (3) yachts will race in each series race.
- 2.6. Racers must declare their class (FS or NFS) to the Race Committee (RC) prior to the commencement of each race series.
- 2.7. The RC may, as a courtesy, choose to provide a start for any Class that does not meet the three (3) yacht minimum. This will not override the terms of a Trophy Deed.
- 2.8. Regular Wednesday night racing will include standard ASP as provided by PHRF-LO.
- 2.9. Results will be posted after each race on the club’s Official Notice Board.

**3. Notices to Competitors**

- 3.1. Sailing Instructions, Notice of Race (NoR) and other notices to competitors will be posted on the club’s Official Notice Board
- 3.2. Sailing instructions are available from the RC and on the CFB Trenton YC website.

#### 4. Changes to Sailing Instructions

- 4.1. Any changes to these sailing instructions will be posted as **Bulletins for Racers** on the CFB Trenton YC Official Notice Board, before 1700 on the day they are to take effect.
- 4.2. When possible, changes and/or cancellation of a Wednesday night race will be communicated to racers by signals on the club flagpole.

#### 5. Signals

- 5.1. Signals shall be made from the Race Committee (RC) vessel.
- 5.2. Signals made ashore will be displayed on the flagpole in front of the clubhouse.
- 5.3. All signals are indicated by displaying Class Flags and Code Flags.
- 5.4. Sounds may be used to indicate a flag/signal has changed – these are a courtesy only and may not exactly coincide with the flag action. The Flag raising or lowering is the official signal – NOT the sound.
- 5.5. **Preparatory Signal** will be **Code Flag I** - Rule 30.1 will in effect for all starts.
- 5.6. The hoisting of the **AP Flag** (with two sounds) indicates "The race is postponed".
- 5.7. The **Warning Signal** to re-start the race will be made **1 minute after the AP flag is lowered** (one sound) when on the water OR **30 minutes after the AP Flag** is lowered when ashore.
- 5.8. Individual recall shall be as per rule 29.1 (**Code Flag X** with one sound).
- 5.9. General recall shall be as per rule 29.2. (**First Substitute Flag** with 2 sounds).
- 5.10. Shortening or abandoning course after start shall be as per rule 32.
- 5.11. The Race Committee will monitor and broadcast on Channel 72.

#### 6. Schedule

- 6.1. Races are scheduled as per the published **CFB Trenton YC Race Schedule**.
- 6.2. A race that must be re-scheduled will be attempted as a subsequent start sequence on the next suitable race night or at such other time as appropriate.
- 6.3. Racers will be advised of the re-scheduled time via the Bulletins for Racers notice board and email communication from the Race Officer.

#### 7. Racing Area

- 7.1. The racing area is shown in the document **CFB Trenton Yacht Club 2023 Race Chart**

#### 8. Race Courses

- 8.1. Courses will be chosen by the RC from the documents **CFB Trenton Yacht Club 2023 Race Courses** and **Race Courses for 2023**.
- 8.2. The Course Number will be displayed on the RC course-board, on the side opposite the Start Line.
- 8.3. The RC may choose non-standard courses as deemed appropriate for weather or other conditions and in such case shall display letters on the course-board representing the Letter designation of Race Marks, their sequence, and appropriate rounding direction.

## 9. Marks

- 9.1. The CFB Trenton Race Marks are a combination of Club Marks (white & orange marker buoys marked with a large Letter) and navigation buoys.
- 9.2. All marks are to be rounded in accordance with the course layout and/or as displayed on the RC course board.
- 9.3. When necessary, orange tetrahedrons or orange balls may be deployed as alternate Race Marks

## 10. Prior to the Start

- 10.1. The RC flag will be flown when the RC vessel is on station for the start.
- 10.2. All boats must check in with the RC at least 5 min. prior to the first signal
- 10.3. The RC will display Code Flag L / Come within hail when ready for check in.
- 10.4. The hoisting of the AP flag accompanied by two (2) sound signals indicates that any race not yet started is in now in postponement.
- 10.5. The AP/Postponement flag will be flown prior to EVERY race and BETWEEN starts to give a clear indication that the RC prepping for the next start and that the WARNING for the next start is AT LEAST 1 min. away.

## 11. The Start

- 11.1. The **Warning signal** is the **Class Flag** relevant to that start.
- 11.2. The **Spinnaker Class Flag** is **Code flag #9**.
- 11.3. The **White sail Class Flag** is **Code flag #6**.
- 11.4. A 6 minute (5 + 1) starting sequence will be used (see Appendix B)
- 11.5. There will be a 2 – 5 min. interval break the Start signal for one Class and the Warning signal of the next.
- 11.6. As indicated in 10.4/10.5, the **AP/Postponement** flag will be hoisted between Class starts.
- 11.7. The start line will be between the Race Committee vessel's **RC** flag and a white and orange **S Race Marker** unless otherwise indicated by the RC. (see 9.3)
- 11.8. All signals will be given from the RC vessel.
- 11.9. Yachts whose class signal has not been made, shall keep clear of the starting area and of all yachts whose class signal has been made.

## 12. Shore Starts

- 12.1. See **Appendix A** for changes/instructions for a shore start.

## 13. Typical Starting Sequence

- 13.1. See **Appendix B** for typical starting sequence and associated flags/signals

#### **14. Shortening the Course**

- 14.1. The Race Committee flying the **Code Flag S** from a **Mark Boat** means that the nearest Mark to the Mark boat is the last Mark of the race, and only proceeding to the finish remains.
- 14.2. The Race Committee flying the **Code Flag S** from the **RC Vessel** means that the course has been shortened and that this crossing of the start/finish line is the finish of the race.
- 14.3. Should **14.2** be altered for a race, the final mark for the course will be advised to skippers as they cross the start/finish line with a 2 blast warning signal from the committee boat.

#### **15. The Finish**

- 15.1. The finish line will be between the Race Committee vessel **RC** flag and a white and orange Race Mark or ball or tetrahedron.
- 15.2. If the RC moves the finish line, it will be from the committee boat **RC** flag to the Race Mark closest to the committee boat.
- 15.3. All yachts taking penalty turns must so advise the Race Committee at their finish.
- 15.4. All yachts retiring from a race must so advise the Race Committee.

#### **16. Time Limit**

- 16.1. The race time limit for **Series Races** will be 2 hours unless otherwise posted.
- 16.2. Any Series Race not started by 1930 shall be abandoned.
- 16.3. The **Finishing Window** shall be 30 minutes after the first boat of that fleet finishes.
- 16.4. For the **Frostbite Series**, the Warning signal shall be no later than 1730.






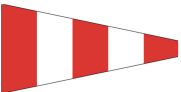





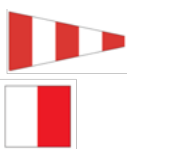
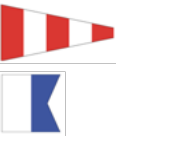
#### **17. Protests**

- 17.1. Protests shall be written on forms available at the racers notice board and delivered to the Race Committee within one half hour of the time of arrival at the dock of the RC.








































#### **18. Scoring**

- 18.1. The Low Point scoring system shall be used.

## Flag Summary

	Code Flag #9	Spinnaker Class Flag
	Code Flag # 6	White Sail Class Flag
	Code Flag L	<u>Afloat</u> : Come within hail (check in). <u>Ashore</u> : A notice to competitors has been posted.
	Code Flag I	Preparatory signal, Rule 30.1 in effect.
	Code Flag S	Shorten course.
	Code Flag AP	Race is postponed. When flag lowered, 1 minute to re-start (30 min if ashore)
	Code Flag X	Individual recall. Return to start side of start line.
	First Substitute Flag	General recall. Class returns to start area. 1 minute to re-start when flag lowered.
	Code Flag N	All races that have started are abandoned. Return to start area
	Code Flag M	The object displaying this signal replaces a missing mark.
	Code Flag P	Preparatory Signal
	Code Flag AP over H	Races not started are postponed. Further signals ashore.
	Code Flag AP over A	No more racing today.

## INTERNATIONAL FLAGS AND PENNANTS

ALPHABET FLAGS			NUMERAL PENNANTS				
Alfa		Kilo		Uniform		1	
Bravo		Lima		Victor		2	
Charlie		Mike		Whiskey		3	
Delta		November		Xray		4	
Echo		Oscar		Yankee		5	
Foxtrot		Papa		Zulu		6	
Golf		Quebec		SUBSTITUTES		7	
				1st Substitute			
Hotel		Romeo		2nd Substitute		8	
India		Sierra		3rd Substitute		9	
Juliect		Tango			CODE (Answering Pennant or Decimal Point)	0	