



CFB Trenton Yacht Club

Sailing Instructions

Shirley Homer Memorial Race – Sat. August 1, 2026

1130 - Skippers Meeting – Waupoos Marina 1300 – First boat start

Organizing Authority – The CFB Trenton Yacht Club, Trenton ON

Also see: Appendix A – Start and Flags & Appendix B – Racecourse Chart

(All Racing documents are available at CFB Trenton YC, Presqu'île Yacht Club and Waupoos Marina)

1. Rules

- 1.1. This race shall be governed by **The Racing Rules of Sailing 2025 - 2028** and **Sail Canada** prescriptions except as may be changed by the Sailing Instructions.
- 1.2. Notice of Race and Sailing instructions are available at CFB Trenton YC, Presqu'île Yacht Club and Waupoos Marina,

2. Changes to Sailing Instructions

- 2.1. Any changes to these sailing instructions will be made available at the Skippers' Meeting
- 2.2. While on the water, changes to SI will be via VHF CH.72 (Hail "All Racers All Racers").

3. Communications with Competitors

- 3.1. Club racing notices and documents can be found at CFB Trenton YC, Presqu'île Yacht Club and Waupoos Marina.
- 3.2. Prior to race day, communication/queries regarding the race can be made to Rick Tinga at (613) 242-5701 or ricktinga@hotmail.com. Participants from Waupoos Marina can also contact Michael McConnell at (519) 401-3154 or mcconnell.mrh@sympatico.ca.
- 3.3. All yachts are advised to carry a VHF radio capable of communicating on Ch. 72.
- 3.4. While on the water, Channel 72 will be used to communicate with RC and racers.
- 3.5. While racing [From the first warning signal until the end of the race], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

4. Schedule

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| 4.1. Saturday, August 1, 2026 | Skippers' Meeting at | 1130 |
| | Warning Signal at | 1225 |
| | First boat start | 1230 |

5. Signals

- 5.1. Signals shall be made from the Race Committee (RC) vessel.
- 5.2. All signals are indicated by displaying Flags.
- 5.3. Sounds may be used to indicate a flag/signal has changed – these are a courtesy only and may not exactly coincide with the flag action. The Flag raising or lowering is the official signal – NOT the sound.
- 5.4. The flags and signal sequence will be as set out in Appendix A – Start and Flags.
- 5.5. The hoisting of the AP Flag (with two sounds) indicates "The race is postponed".
- 5.6. The Warning Signal to re-start the race will be made 1 minute after the AP flag is lowered (one sound) when on the water OR 30 minutes after the AP Flag is lowered when ashore.
- 5.7. There will be no recall flags. Individual boats starting before their assigned time, as determined by the Race Committee, will be assessed a time penalty equivalent to the amount of time they are over early without a hearing.

6. Racing Area

- 6.1. The racing area is in Prince Edward Bay and shown in the attached Appendix B – Racecourse Chart.

7. Race Format

- 7.1. The race is a "Pursuit" format or staggered start.
- 7.2. Each vessel will be assigned a specific starting time/start delay based on its handicap rating with the highest rated boat starting first.

8. Racecourse

- 8.1. Course will be a circuit around Waupoos Island with marks off Half Moon Bay and the NE corner of Waupoos Island.
- 8.2. All marks are left to PORT.

9. Marks

- 9.1. The Race Marks are orange tetrahedrons. When necessary, orange or red balls may be deployed as alternate Race Marks.

10. The Start

- 10.1. IMPORTANT: As this is a pursuit type race, each vessel will be given a time delay in minutes and seconds from the "START" signal, with the SCRATCH BOAT/FIRST VESSEL'S time delay being 0. All other start times are offsets of this one.
- 10.2. There will be one start with no attempt for a windward start.
- 10.3. The Warning signal is the **Blue Flag**.
- 10.4. The start line will be between the Race Committee vessel's RC flag and a point indicated at the Skipper's Meeting.
- 10.5. Yachts whose start are more than 5 minutes away shall make every effort to keep clear of vessels starting within that window.

11. Typical Starting Sequence

- 11.1. See **Appendix A** for starting sequence and associated flags/signals.

12. The Finish

- 12.1. The finish line will be between the Race Committee vessel RC flag and a red ball.
- 12.2. If the RC moves the finish line, it will be from the committee boat RC flag to the Race Mark closest to the committee boat.

13. Time Limit

- 13.1. The race time limit for this race will be determined at the Skippers' Meeting.
- 13.2. The Finishing Window shall be 1 hour after the first boat of fleet finishes.

14. Penalty System:

- 14.1. A modification to Rule 30.1 will apply at the start line. Where any part of a boat's hull is on the course side of the start signal within a minute of her scheduled start time shall sail around the end of the line before starting.
- 14.2. The scoring penalty rule 44.3 will apply as follows – one penalty turn for touching a mark and two penalty turns for interference with the rights of other vessels.
- 14.3. All yachts taking penalty turns must so advise the Race Committee at their finish.

15. Protests

- 15.1. Skippers are encouraged to resolve any issues and to take any required corrective actions. If the issues cannot be resolved on the water, a protest may be filed.
- 15.2. The protested skipper should be notified as soon as possible.
- 15.3. Protests shall be written on forms available from the Race Committee and delivered to the Race Committee within one hour of the time of the vessel's finish time.

16. Scoring

- 16.1. Scoring is the actual finishing order.

17. Prizes

- 17.1. The Shirley Homer Memorial Trophy will be awarded to the first vessel to cross the finish line.

18. Safety Regulations

- 18.1. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.