

CLASS SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
	6:00 AM FOUNDATIONS	5:30 AM COMPETITION CLASS	6:00 AM FOUNDATIONS		9:00 AM YOUTH MIXED (5-12)	9:00 AM NO GI
12:00 PM FOUNDATIONS		12:00 PM FOUNDATIONS		12:00 PM FOUNDATIONS	10:00 AM FOUNDATIONS	11:00 AM WOMEN ONLY
3:30 PM MIGHTY MITE	3:30PM LITTLE ROLLERS	3:30 PM MIGHTY MITE		3:30 PM LITTLE ROLLERS	<div>LITTLE ROLLERS 3-4 Years Old</div> <div>MIGHTY MITE 5-7 Years Old</div> <div>PEE-WEES 8-9 Years Old</div> <div>JUNIORS 10-12 Years Old</div> <div>ADULTS/TEENS - FOUNDATIONS</div> <div>ADVANCED- White Belt 3 Stripes +</div> <div>FEMALE ONLY - All Levels (First Sunday of every month)</div>	
4:30 PM 8-12 YEARS BEG/INT	4: 00 PM MIGHTY MITE	4:30 PM 8-12 YEARS BEG/INT	4: 00 PM MIGHTY MITE	4: 00 PM MIGHTY MITE		
5:30 PM 8-12 YEARS INT/ADV	5: 10 PM PEE-WEES/JRS NO-GI	5:30 PM 8-12 YEARS INT/ADV	5: 10 PM PEE-WEES/JRS	5: 10 PM YOUTH COMP CLASS		
6:30 PM FOUNDATIONS	6:10 PM FOUNDATIONS NO GI	6:30 PM FOUNDATIONS	6:10 PM FOUNDATIONS	6:30 PM OPEN MAT		
7:30 PM ADVANCED	7:10 PM ADVANCED NO-GI		7:10 PM ADVANCED NO-GI			