

GRAPHIC ARCHIVES

THE MAGAZINE

NOVEMBER 2021





A photograph from a visit to Cades Cove in the Great Smoky Mountains National Park. I am standing in front of the grist mill at Betsy's Place. Beautiful scenery all around with the brilliant colors of the Fall season while catching up with family and friends made this a memorable occasion in which I feel blessed to spend time with those who are special!



“Cornucopia” is the Latin phrase which means “horn of plenty.” It was used as decorations in Ancient Greek and Roman civilizations to symbolize prosperity and spiritual abundance. A horn-shaped wicker basket filled with a variety of fruits, vegetables and grains are most common centerpieces today that becomes festive at dinner tables during Thanksgiving. Fall harvest should be a time to celebrate and to be thankful for life’s blessings. It is also that time of year to prepare for the cold winter months ahead in anticipation of next Spring.

The brilliant colors of Autumn leaves fall to the earth to recycle nature’s own spirit.

This month’s theme for *Graphic Archives* is to showcase the colors of nature while blessed with the many aspects of life that continue to build upon experience and to those that help us to prosper through the challenges we face.

My Cornucopia has been filled with those special people who’ve made such a difference and continue to energize my spirit.

Yes, it is the season for the many blessings and feelings of thankfulness. It is also the time when I often consider how I can become more involved and inspirational to others. There is plenty memories, and how all the colors from friends and family come together as if life were nothing more than a painted canvas with reflective images that change with the seasons.

Love, Wishes,
and Thanks to ALL!



GRAPHIC ARCHIVES

THE MAGAZINE • NOVEMBER 2021



Hartsville

Thanksgivings with Family in the "Heart" of Tennessee



Cades Cove

Special memories in the Great Smoky Mountains.



Saying Grace

Norman Rockwell's painting that became a reflection of our country's tolerance towards different cultures.



Fall Colors

Photos and memories from the Blue Ridge Mountains.



Wild Turkeys

A few things to know about these birds.

Photograph of one of my gourds as they are common during the Fall season as decorations. Along with the Pumpkin, gourds are actually fruits, but tasteless and are used in other varieties, such as a container for drinking. The expression "You are out of your Gourd" comes from medieval times when someone ran out of wine that filled their gourd and later took on a new meaning related to "You've lost your senses."



The Rundown

Cover: A caricature illustration of a turkey wearing a pilgrim hat. Truth to tell, the pilgrims had nothing to do with Thanksgiving as they arrived to America in later years after other Europeans had already established that tradition of sharing with native American Indians.

Inset: A photograph of me at the Cable Mill in Cades Cove, Smokey Mountains National Park.

13. Thanksgiving traditions changed during FDR.

22: Collective Memories
Celebrating 11 years working at Georgia Public Broadcasting..

Thanksgiving Menu

Recipes from the Gourmet Gallery!



Thanksgiving Quiz

Test your knowledge!

Hartsville Tennessee

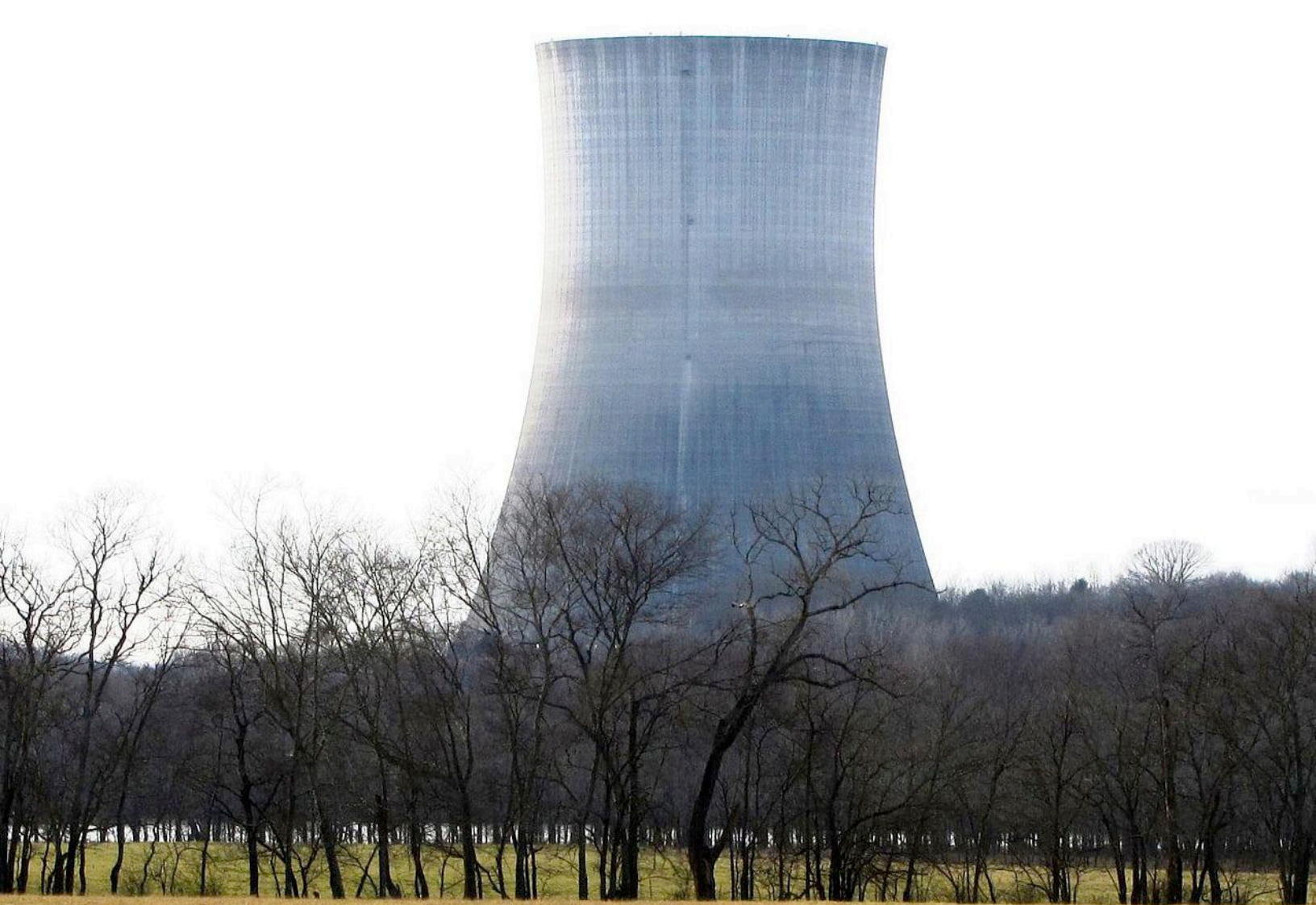
Trousdale County...

...is the smallest county in Tennessee with a population less than 8,000 with an area of only 117 square miles as both the city of Hartsville and County government consolidate their township to maintain a coexisting metropolitan area comprised mostly of farming. Located in the northern part of Middle Tennessee just east of Nashville, there is a spirit that is truly the "Heart" of Tennessee with a rich history and a passion for living..

The county is named after William Trousdale, a Brigadier General in the Mexican War and Governor of Tennessee from 1790-1872 once the township finally gained it's official seat in 1870. The Battle of Hartsville during the Civil War proved confederate soldiers under the leadership of John Hurt Morgan could defeat the northern forces, capturing many Union soldiers and marching them some 20 miles away to Lebanon, Tennessee.



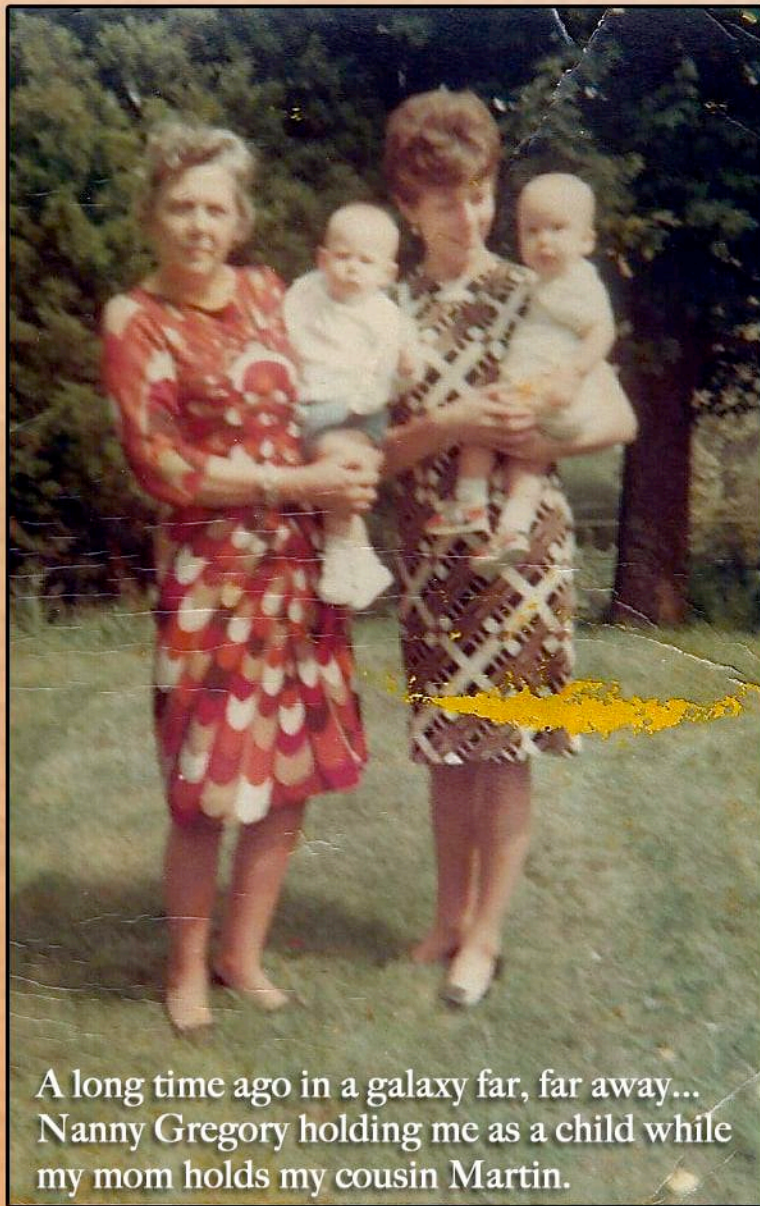
Located just north of the Cumberland River and 50 miles northeast of Nashville, Hartsville became a special occasion for me each year to celebrate Thanksgiving with family on my mother's side, all of which lived in closer proximity to my grandmother, Nanny Gregory, who was at the heart and soul of all our blessings in life. It was only fitting to celebrate with her as she had raised and taught her many siblings (two sons and five daughters...my mom being one) that those family roots were essential even though many had moved away to other areas in Tennessee.



The Hartsville Nuclear Power Plant began construction in 1977 by the Tennessee Valley Authority (TVA) but the project was never fully constructed and closed in 1984. The cooling tower was never operational and is now a Correctional Center in which many inmates became infected last year giving the county the highest incidence rate in the U.S. in May 2020.

The trip from Knoxville to Hartsville seemed a long-distant travel from East Tennessee across Interstate 40 to the middle of the state as it is divided into the three distinctive regions of East, Middle, and West Tennessee. Crossing the Cumberland River was an indication we were getting close. The Nuclear tower along State Route 25 was a giant structure that I often imagined was something from Star Wars containing a Death Star Planetary Destruction device in which none would survive.

Despite the distance, the arrival becomes a relief to finally be together with so many other family members and to catch up on those aspect of life that I was a treasure for me. Seeing most of them only during Thanksgiving break was a blessing as Hartsville was the “Heart” of family.



A long time ago in a galaxy far, far away...
Nanny Gregory holding me as a child while
my mom holds my cousin Martin.

Long before computers, the internet or social media, distant family was more difficult as those options were not available. It never seemed to matter as there was always a spirit that overcomes those obstacles within family.

Hartsville has grown, but I can remember when it was a one-traffic light town and the greatest thing to happen was a video store that opened up so my cousin Martin and I could be entertained throughout the weekend.

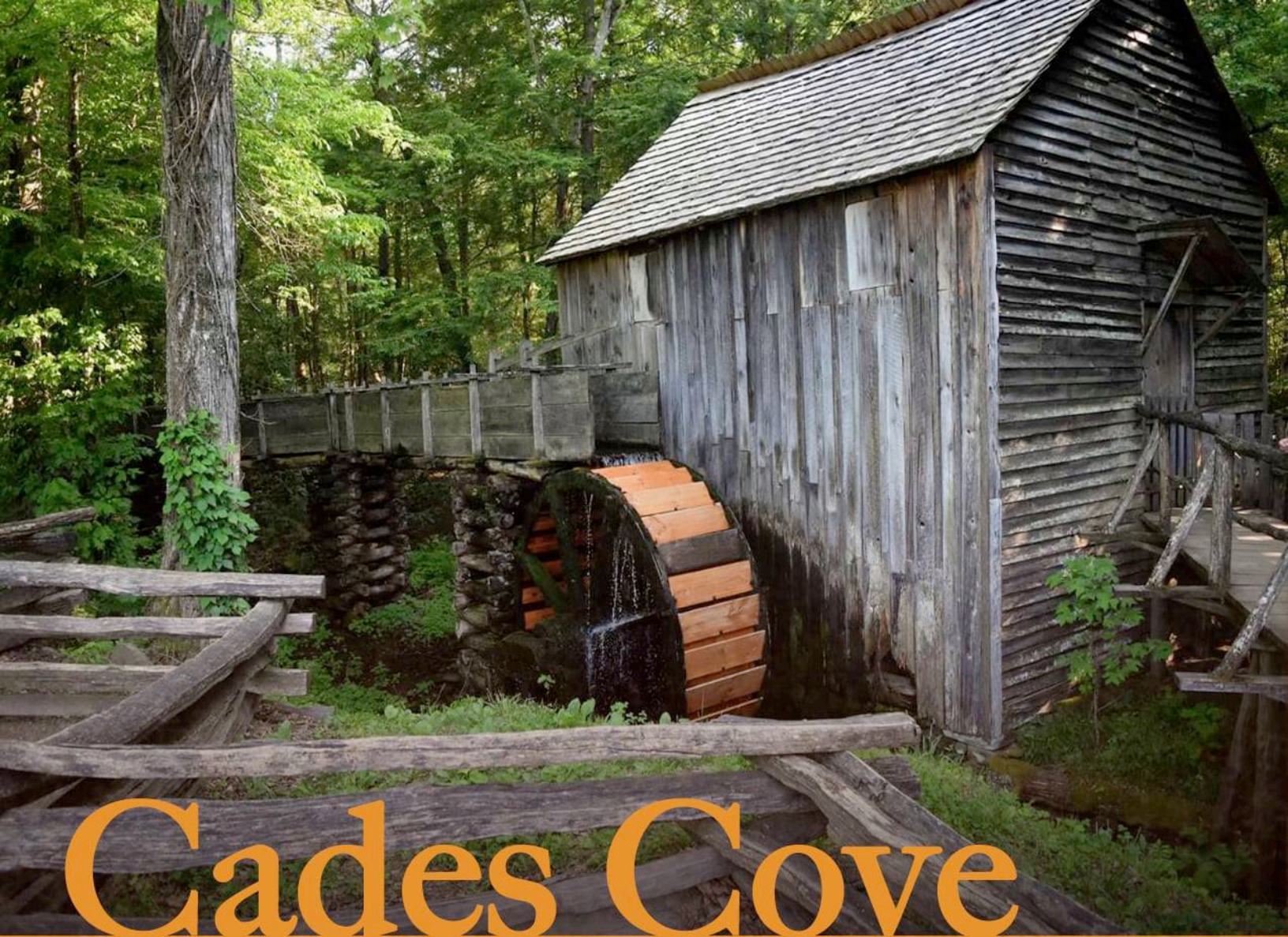
Nanny would have the Turkey cooked and their would be enough to eat for the entire army that invaded her home for Thanksgiving. Men would gather to watch Football on tv while aunts played Rook and would bring others up-to-date on current events. It was chaotic having so many together as I was an only child and my parents lived so far away.

After a break for the turkey to settle in our stuffed stomachs, some of us would go just down the street to Trousdale County High School to play basketball and work off some of the excess indulgence. Oftentimes there were other kids who showed up as well and we would have enough for a small town

tournament of champions. Friday nights led to the nearest High School football game as Hartsville already had such a successful program, but many times were on the road as they competed during the playoffs in a higher classification. Gallatin was another nearby school that often had home field advantage and provided a chance to see a TSSAA Playoff game.

Nanny Gregory would slip some money for me and Martin to rake the leaves in her yard. We both would work feverishly as we had more money to run down to the video store to get more vhs videos so that we could get back to being couch potatoes after having more turkey, pumpkin pie, and whatever else we could devour.

So many wonderful years and reflections of Thanksgivings in Hartsville with family seems more to the truth of feeling blessed. Although I am still separated from those in which I spent the holiday, technology has provided a means to become more connected as I have a greater sense of family. Perhaps the distance provides some obstacle, but the truth is those challenges before are now memories that are at the "heart and soul" of my blessings. Yes, Hartsville is a special place as it is reflective of good times with family!



Cades Cove

For those who love fall colors as if trees were painted along a landscape canvas of mountains with waterfalls pushing a rainbow spectrum of leaves along silver springs that lead towards rolling streams, creeks and rivers into a valley that is surrounded by the beauty of nature as if God's masterpiece could be printed through life's spirit through the rich history of human challenge...well, I guess you must be in Cades Cove!

It is the Heart and Soul of the Great Smoky Mountains in East Tennessee that attracts millions each year to witness such a magnificent restoration of human spirit within a valley surrounded by a mountain paradise. The loop trail is majestic any time of the year, but to experience the peak of colors from the turning leaves in mid-October through early November is an awesome display of brilliance in nature.

The history is compelling to anyone who takes interest in those first settlers within the Appalachian region. John Oliver and his wife Lucretia were the first to become land owners within the valley (1818) and suffered many hardships, but were the first to build a new frontier of distinctive Southern Appalachian culture that formed an egalitarian society in which individuals and families were judged on behavior rather than status or possession of material wealth.



Although none of the horses you may see in the cove are wild, they are left to roam free and are all domesticated. Horseback riding is a popular attraction through the mountains and most of the horses belong to the Cades Cove Riding Stables.

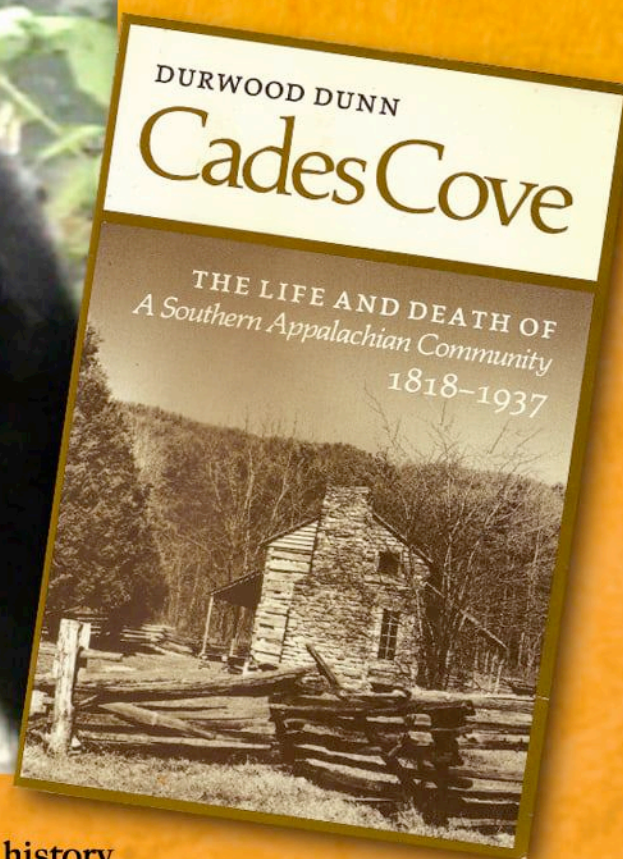
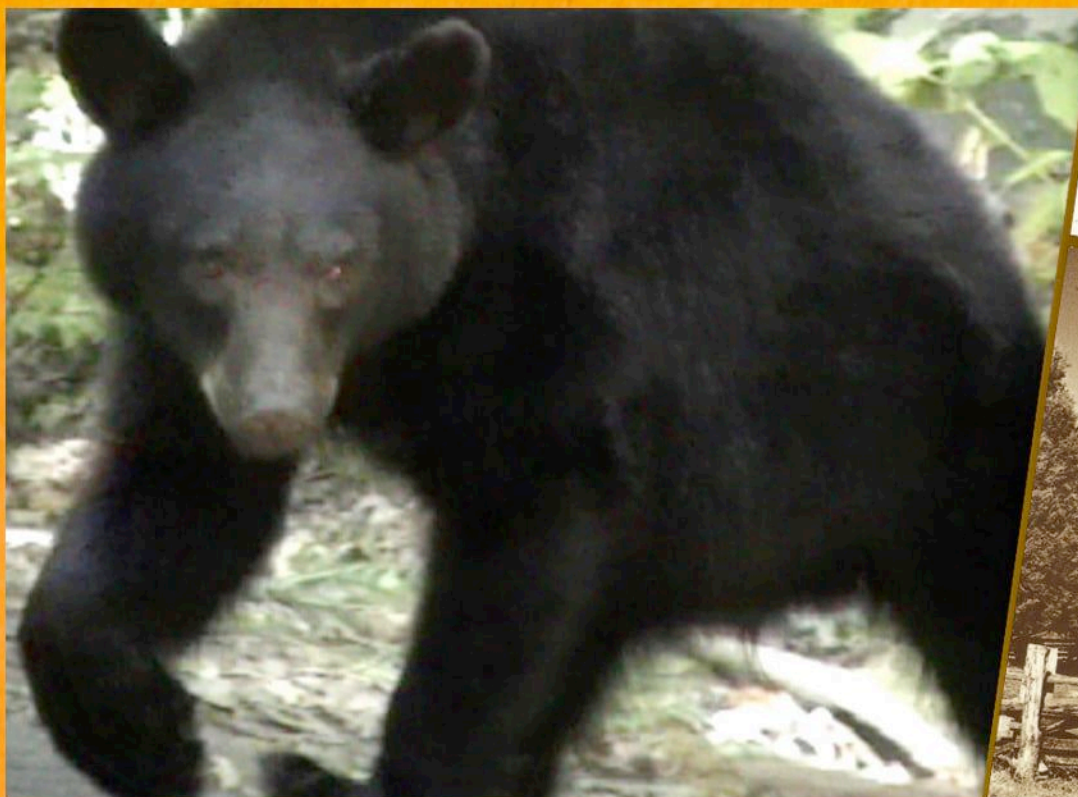
It was often a seasonal trip with my parents within close proximity from Knoxville through Maryville and Townsend to the Great Smoky Mountains National Park. A convenient trip in dad's open top jeep with mom's fried chicken and other delicacies were all we needed for a picnic in the mountains for a relaxing weekend drive. Black bears, deer, horses, raccoons and so many other nature's inhabitants could often be seen along the Cades Cove loop.

Each occasion offered something new and growing up with so many opportunities to explore has added numerous adventures in which there is an endless fascination and respect for our national parks to preserve the history and beauty of our country's glory. Cades Cove offers a variety of experiences from horseback riding, biking, camping, hay rides, and other endeavors to continue to maintain interest. Tubing down the mountain rivers was part of my fulfillment as I began to explore more with friends in High School. The possibilities are endless and the memories everlasting for those who enjoy nature and have the opportunity to participate. My father has also had the experience to become involved with numerous activities such as wildlife management and camping supervision with the Great Smoky Mountains National Park system.

My most recent visit through Cades Cove proved more fantastic than ever before. Reuniting with family and experiencing nature in abundance was truly special as we witnessed more than ten black bears roaming through the park. I captured a few photos, but it is important to understand their behavior. I spoke with one of the wildlife rangers who explained those mother bears with cubs often find more comfort around human traffic than in the wild. This is a resulting factor that males are often notorious for killing a mother's cub simply to mate with the female to become the dominant genetic trait that will endure. Animal instinct can become "over-Bearing" in the wild and that is why more black bear mothers with their cubs can be seen closer to human existence.

"Don't Feed the Bears!" They will become conditioned to wanting human food rather than natural foraging in the wild and become boldly aggressive to seek out food they find around humans and become a threat to public safety.

Park Rangers are constantly managing human-food conditioned bears and their efforts are often unsuccessful when relocating them as the bears can navigate and find their way back from even the most remote distance. Bear-proof trash containers are often located within park areas, but it takes consistent monitoring of bear activity to ensure they remain in the wild.



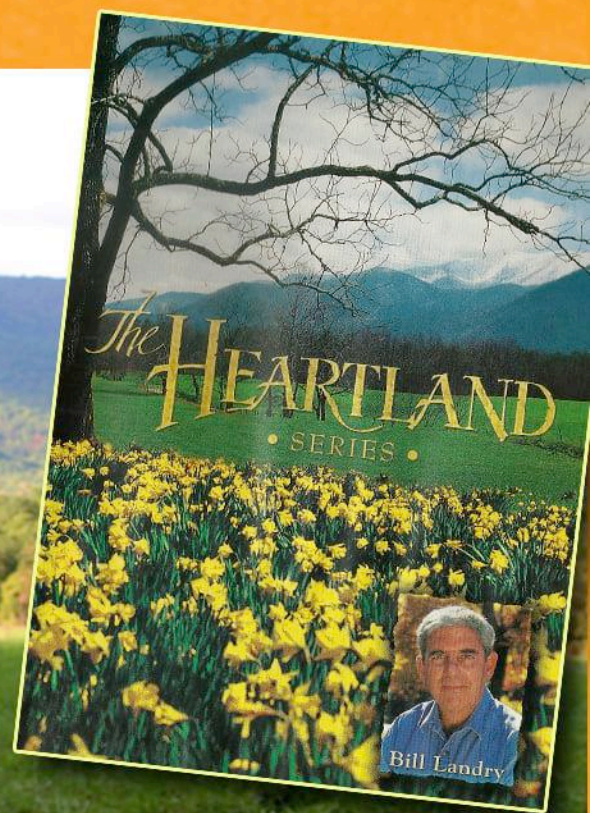
A black bear from video footage I took during a visit to the Great Smoky Mountains. Also a book about the history of Cades Cove I found fascinating descriptive of the Southern Appalachian Community.

Each visit to Cades Cove is special and I have so many wonderful memories with friends and family and am always looking forward to another adventure through the heart of the Smokies! I have been there at all times of the seasons from Winter, Spring, Summer and Fall...there is no time like anytime that beckons your spirit to blaze new trails for adventure.

"The Heartland Series" had an enormous impact on WBIR-TV in Knoxville as it began it's run in 1984 as a simple kicker for news. The series quickly gained ground with so much interest that it ultimately burgeoned into it's own product. A concept Creative Director/Executive Producer Steve Dean with host Bill Landry covered the history of Appalachian culture from the Great Smoky Mountains. Original plans were limited to just 3 months with a limited budget and little equipment for simple interviews on location with the last remnants of those still living in the mountains. The series became so successful with viewer ratings, it was expanded to 30 minute shows airing at primetime on Saturday evenings. The show drew so much interest, it was delivered into other television markets as well as a run on the Travel Channel. *"The Heartland Series"* continued it's run for 25 years and is still produced on a limited basis since 2010. Highly recommended for those interested in Appalachian culture.

*"You're off to Great Places!
Today is your day!
You're Mountain is waiting...
So, Get on Your Way!"
- Dr. Seuss*

My pumpkin as a prop against
the Great Smoky Mountains landscape
in Cades Cove.



One of the many covers from
The Heartland Series that
are available on dvd.

Thanksgiving



“Saying Grace”

Painting by Norman Rockwell for the Thanksgiving cover of *The Saturday Evening Post*, 1951. The painting was sold for \$46 million dollars in 2013 as the highest amount for a Rockwell Painting. Norman Rockwell was paid \$3,500 by the magazine for the painting..

Norman Rockwell's "Saying Grace" exemplifies the true spirit of Thanksgiving in American culture. The painting was used as the cover for the holiday issue of *The Saturday Evening Post* in 1951 depicting an immigrant mother and her son seated with local teenagers in a small town restaurant. Rockwell was a master of portraying human emotion with technical precision as his paintings delved deeper to illustrate the inner soul of compassion. The painting portrays a scene of intrigue with respect to others in a society that began to share both commonalities as much as differences.

The *Saturday Evening Post* cover illustration was created to show tolerance during a time when our social fabric needed it most. We each have our differences and yet we must work together with respect to one another in order to grow as a nation that can become something better. Thanksgiving is a reflection of those blessings of freedoms in a society that welcomes respect for others through tolerance..



Franklin Delano Roosevelt became our nation's 32nd President which lasted from 1933 through 1945- arguably one of the most difficult eras this country had ever faced with the survival through the worst economic downturn during the Great Depression, World War II and the fears of uncertainty along with so many challenges in which our society needed to unite and maintain the focus of those who cherished freedom while sacrificing the self for the betterment of all.

Surely, leadership is in the strength of those who understand those ever-changing dynamics to world events looking for creative solutions and innovative ideas to boost society with a positive moral degree for a brighter future. His *New Deal Coalition* stimulated economic growth while factories strengthened to build a more solid foundation of American industry. The heart and soul of Freedoms so cherished continued to become issues in which our country was redefining itself and evolving with the changes that are often a result from the struggles and strife faced in life

Thanksgiving can fall on any day between November 22 and 28, depending on the year, but it hasn't always been the fourth Thursday in November. Thanksgiving is an American tradition that goes back to 1621, when the Pilgrims and the Wampanoag Indians celebrated their shared harvest. American colonists routinely marked days of Thanksgiving, and in 1777, the Continental Congress declared a day of Thanksgiving to mark the American victory at Saratoga.

George Washington was the first president to declare a day of Thanksgiving in 1789. That one celebrated the U.S. Constitution. But it wasn't a national holiday until 1863, when President Lincoln declared the last Thursday in November a national day of Thanksgiving. It stayed that way until Franklin Roosevelt broke with tradition.

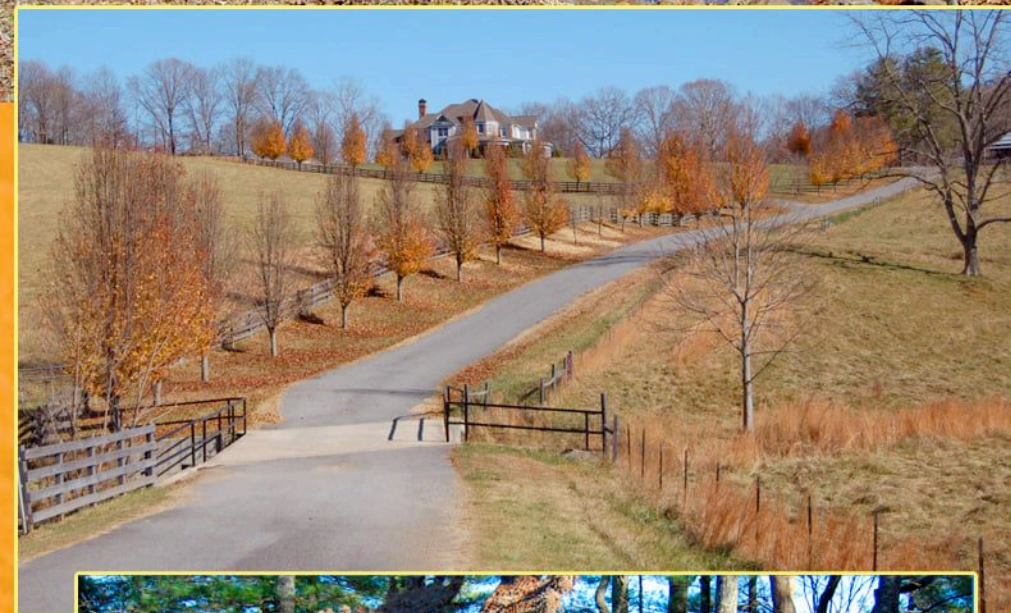
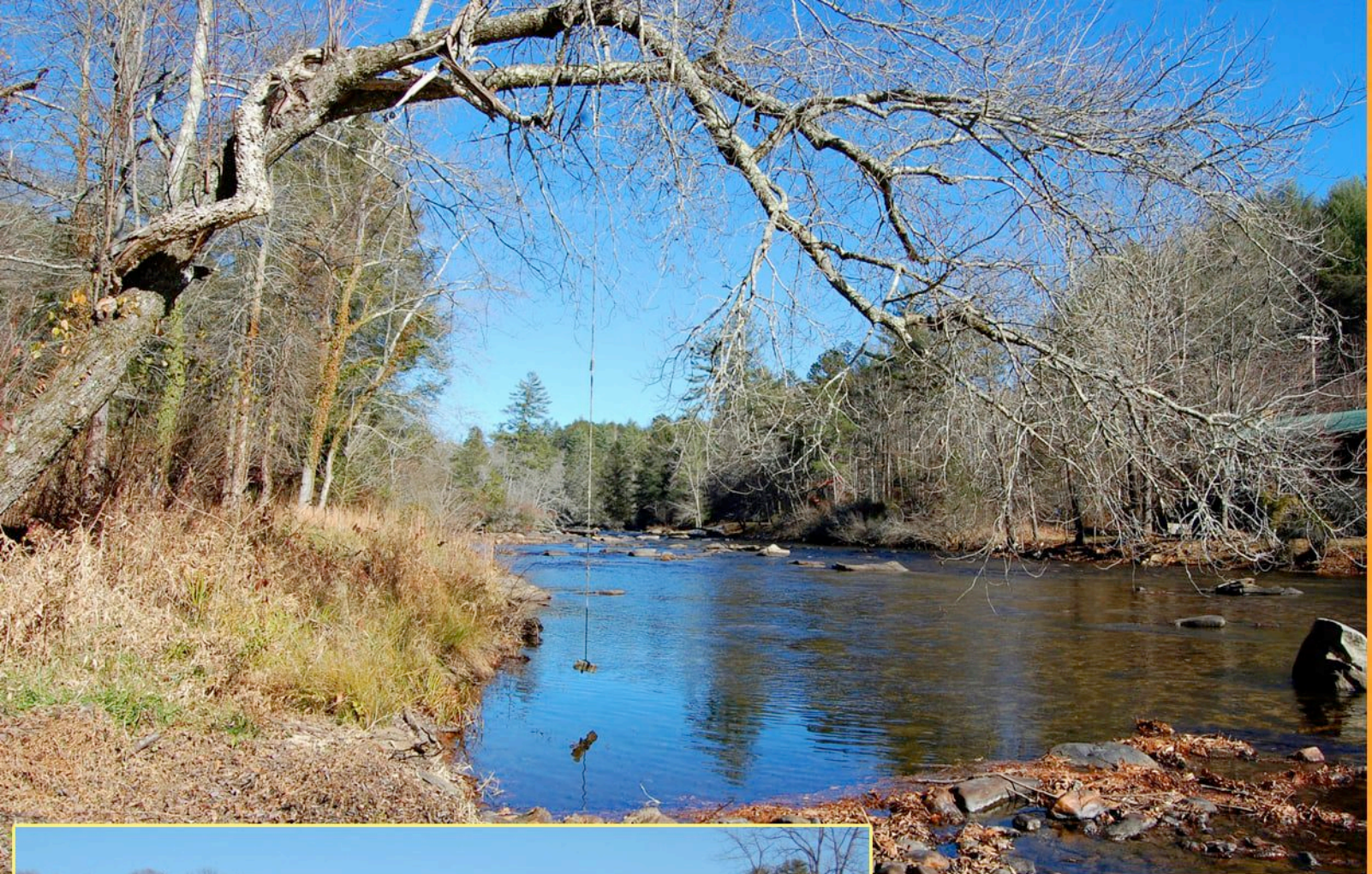
In 1939, FDR wanted to boost the economy by extending the Christmas shopping season an extra week. He moved Thanksgiving — a holiday he often celebrated in Warm Springs, Georgia- to the next-to-last Thursday in November. The idea was not popular at the time, but depending on the calendar year, the holiday may vary. FDR signed a bill firmly establishing the fourth Thursday in November as Thanksgiving Day on November 26, 1941.



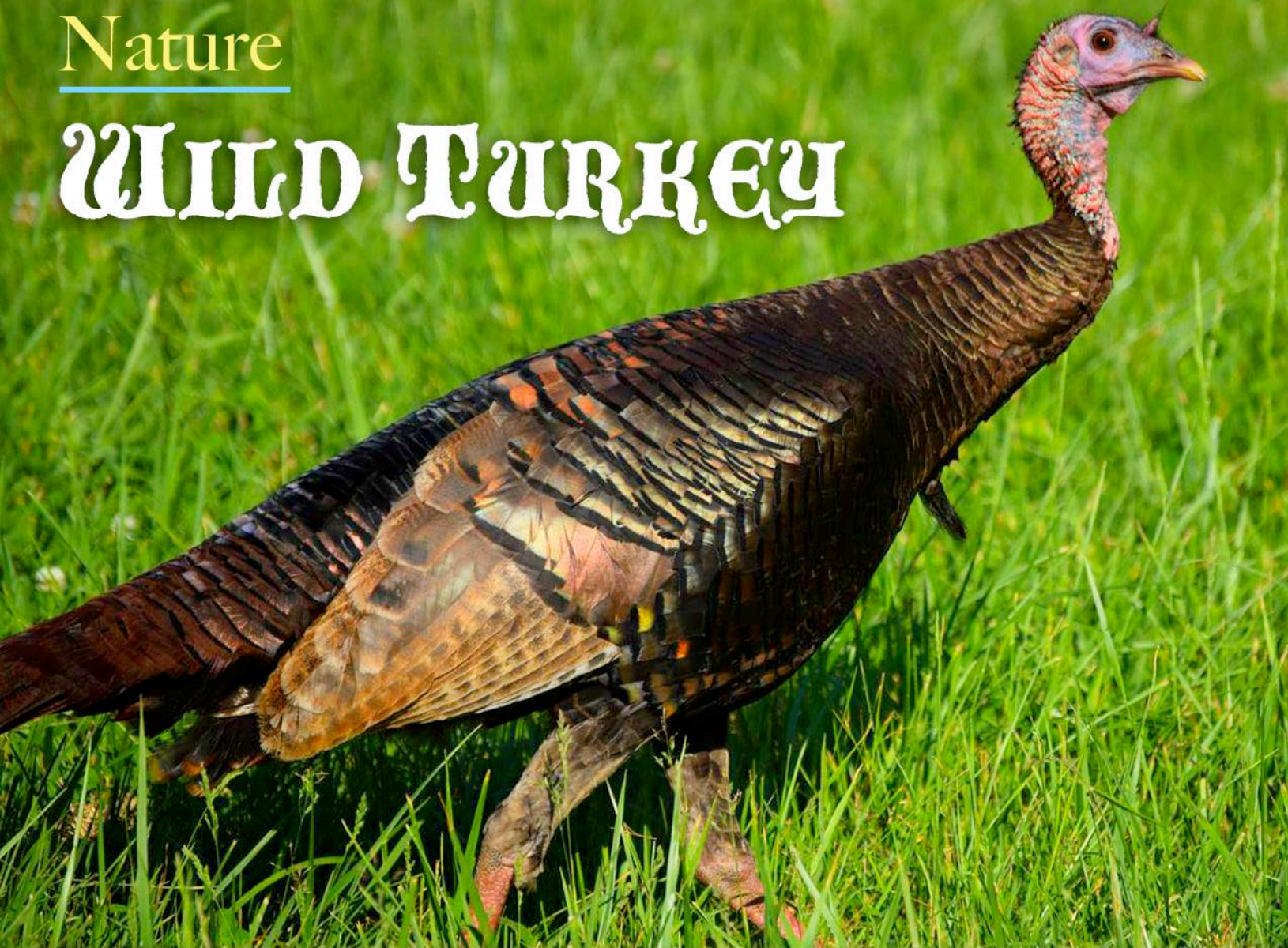
Photos taken in the Blue Ridge Mountains showing the colors of the fall season, favorite scenic places, and special memories reflective of life's blessings.








Wild Turkey



 A photograph of a Wild Turkey taken near the Visitor Center at the Cable House in Cades Cove. Wild Turkeys are abundant throughout the Smoky Mountains.

Discovering Wild Turkeys in The Great Smoky Mountains is always a thrill to see and catch on camera. Found only in North America, they are game birds often referred to as gallinaceous or “ground walkers,” and although they are capable of flight, they prefer to forage upon grassy plains for vegetable matter, insects, and an occasional small lizard. Wild Turkeys are more abundant now due to efforts of modern game management in which the birds have expanded their range since early European settlers in America from Southern Canada throughout the 48 contiguous states. Natural predators in the wild include mainly foxes and other raptor birds,

Their ability to conceal themselves in dense grass enables the Wild Turkey to become elusive as their ability for flight is limited due to their large weight, thickness and fleshy breasts. Many roost in trees at night, but spend most of their time on the ground during the day to forage for food.

The Wild Turkey's distinctive "Gobble" can serve several needs as it is most prominently used by males to attract females from a distance. As they typically live within a collective community, it can also be a warning to nearby threats or even to competing males. This often elicits other Wild Turkeys to gobble likewise and to join in with the "gobbling" call to distinguish themselves from others.

The story that Benjamin Franklin pursued and lobbied for our country's national bird to be a Wild Turkey is not entirely accurate, yet he did share sentiments in a letter to his daughter that the Bald Eagle was a bird of bad moral character as he went on to describe those birds often stole their meals from other birds of prey and were too lazy to hunt for themselves. The notion of a Wild Turkey as our symbol of freedom came from his criticism of the original design that had been created in which Franklin found amusement with the Bald Eagle looking more like a Wild Turkey and that it should be given more consideration as the turkey is a much more respectable bird, a true native to our lands, and also a bird of true courage.



A photograph I took of a Wild Turkey in my parents' yard in West Knoxville, TN. It is rare to find them in residential areas, but they will follow the food chain when they discover new delicacies, such as seeds and peanuts.

Gourmet Thanksgiving

GALLERY
the Fine Art of Cooking



Baked Turkey

Thanksgiving is often my Super Bowl for cooking and I often look forward to new recipes to try or new methods as I enjoy so many aspects of the process. Sometimes I choose to cook my turkey in a smoker, grill while other years I prefer to bake it in a more traditional fashion as is most common. In recent years, I have added the process of "Brining" which adds much more seasoning to the turkey's flavor. The process takes more time, but is well worth the effort so be sure to research beforehand to ensure the proper steps needed for extra-seasoned flavor.

1. Allow turkey to defrost in refrigerator for 3 days or thaw in cold water.
Brining your turkey is another option, but research the process as it often varies.
2. Remove the neck and giblets from inside the turkey ends.
3. Wash turkey and place into a large broiling pan.
4. Rub margarine or butter to coat the turkey both inside and out. Fill the pan with water to half the size of turkey. Add lid to broiler pan and place in oven.
5. Begin cooking the turkey in oven at 450° for ONE HOUR.
6. Turn temperature to 350° and cook for TWO HOURS.
7. Turn temperature to 300° and cook for ONE HOUR.
8. Remove the lid to check the turkey. If the bones jiggle, the turkey is well-cooked. Place turkey back into oven (without the lid) and let cook another 10-15 minutes as this will help to brown the skin above.

Turkey Dressing

Once the turkey is baked, reserve the broth after cooking. Use it to make the Dressing.

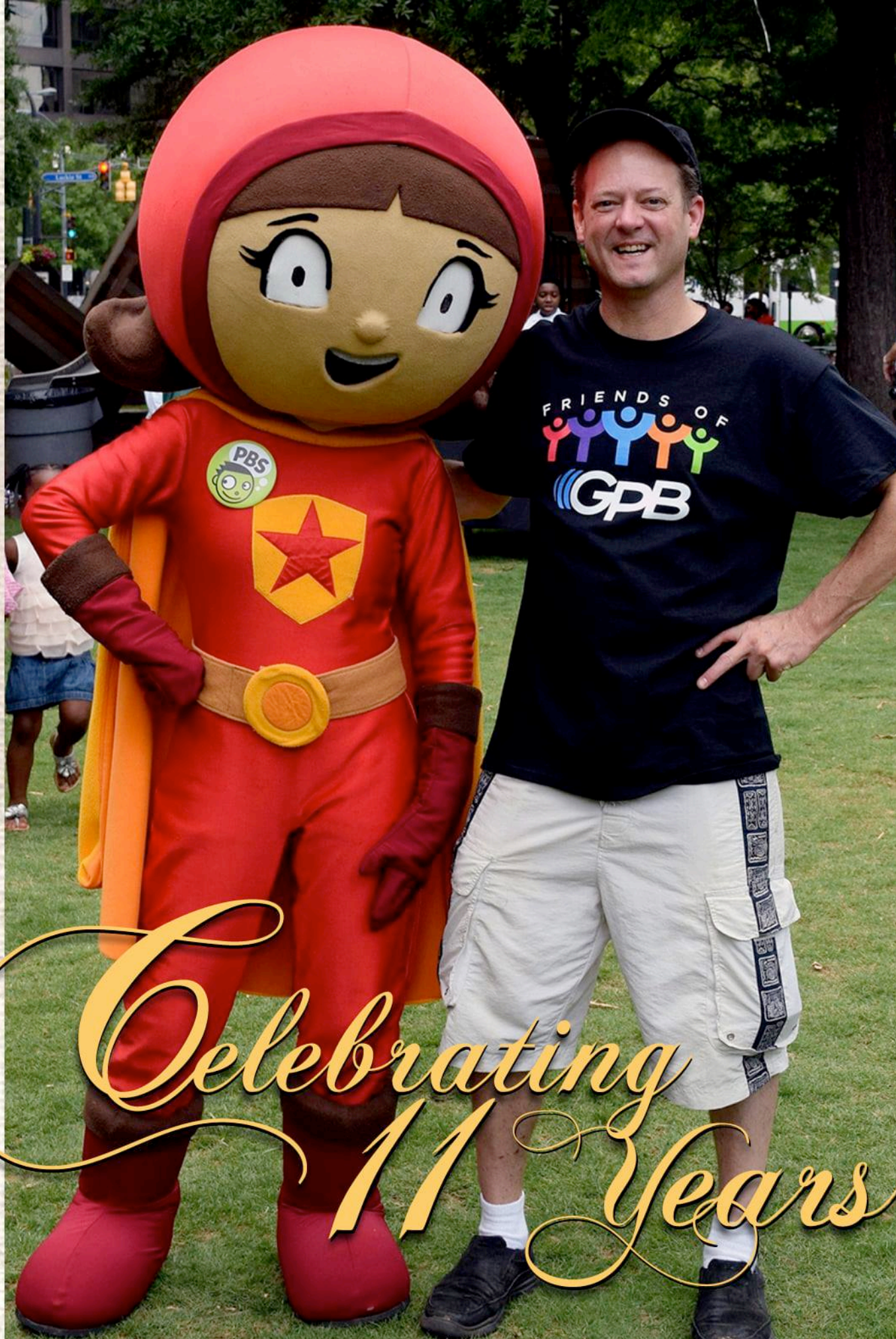
1. Make both Cornbread and Biscuits. Afterwards, crumble both together in a large mixing bowl.
2. Cut up Celery and an onion into small pieces. Add to the breading mix.
3. Pour in Turkey Broth until the mixture holds together. Add one or two eggs.
4. Spray a Baking Sheet pan with cooking oil. Pad Dressing Mixture into oval shapes and line them onto the Baking Sheet pan.
5. Heat in oven at 350° until dressing browns on the outside.

Mashed Potatoes

1. Bring a Pot of salted hot water to a boil. Add 2 lbs of peeled Baking Potatoes, peeled and quartered. Add 5 cloves Garlic (optional). Lower the heat and cook the potatoes until tender, but still firm (about 15 minutes). Drain water.
2. In a saucepan over medium heat, add 2 tbsp Butter a 1 cup of Milk. (For extra-richness, use Half-n-Half creamer). Melt the butter in the Milk.
3. Add the Milk and Butter to the hot drained potatoes and mash them until smooth and creamy. Season to taste with Salt and Pepper. Mix in any additional seasonings if desired, such as Parsley, Oregano, or Cayenne Pepper.

Butter Beans (Speckled Limas)

1. Melt 2 tbsp Bacon Grease in a medium-size pot, slowly adding 6 cups water.
2. Add frozen Speckled Lima beans and let cook on medium heat until cooked through (about 45 minutes to 1 hour). Stir occasionally. Add Salt to taste.



Collective Memories

It seems like yesterday when I first walked through the doors at Georgia Public Broadcasting Media and introduced to amazing people with new ideas and challenges that was an opportunity for me to continue my passion for graphics, animation, and other media designs. Work will always become work, but there was a sense that I was in a much better place with those that accepted and embraced me into a system that was larger than even I could imagine. People make all the difference when it comes to feeling respected and I was blessed I had found something special.

It was a fresh start to an already expanded career as I had worked myself through so many variations of television. Beginning with a local tv market in Bristol, Virginia to move into a brief freelance illustration venture and finding myself again at CNN, CNN Sports Illustrated as a major cable network and working for numerous years as Senior Designer/Assistant Art Director in a top ten television market in Atlanta had given me a vast experience and knowledge within an industry that is always changing and in constant development.

I was developing as well in that there was a much more expanded field of exploration with design as I was no longer treated simply as a tool for others' ideas. I was given much creative control and that was an incentive to continue to learn and discover new directions that were innovative and not cliché reproductions of old ideas. I found my work began to incorporate a much broader sense of media in that I was working on documentaries, special regional interest and entertainment shows, news and future technology programs as well as sports. In addition, social media had taken off through so much interest that I was devoting so much of my time helping to promote GPB through those outlets. It has been growth in so many facets and directions and often overwhelming when I consider the workload, the demands and expectations, and the massive undertaking to contribute to an organization that fulfills so many needs for the entire state of Georgia.

Yet, the work and challenges involved is nothing compared to those that make it happen for others and are committed to community more than personal achievement. That is what makes GPB special in that we serve a purpose for a statewide community and there is a commitment to create and generate media through the vast network of collective spirits to provide so much interest for others. I wear my GPB gear with great pride knowing I am just a part of something that is so prominent within our community and it has now been 11 years since I became part of that magic.

THANKSGIVING QUIZ

Here's a Quiz to see what you know about Thanksgiving and Turkeys.
Answers on page 26.



1. *When was the first Thanksgiving celebration?*

- A** 1942
- B** 1567
- C** 1621
- D** 1777

2. *Where was the turkey first domesticated?*

- A** Canada
- B** Mexico and Central America
- C** New Zealand
- D** India

What is a female turkey called?

- 3.
- A** Rooster
 - B** Cuckoo
 - C** Chick
 - D** Hen

4. *What is a male turkey called?*

- A** Larry
- B** Clark
- C** Harry
- D** Tom

5. *What great American statesman suggested a turkey become our national bird?*


- A** Benjamin Franklin
- B** Thomas Jefferson
- C** John Adams
- D** George Washington

6. *What sound does a female turkey make?*

- A** Gobble
- B** Cluck
- C** Chirp
- D** Peep

7. *What sound does a male turkey make?*

- A** Gobble
- B** Click
- C** Chirp
- D** Peep

- 
7. *How many feathers does a mature turkey have?*
A 1,500
B 2,000
C 3,500
D 5,000
8. *Which state produces the most turkeys annually?*
A Kansas
B Arkansas
C Ohio
D Minnesota
9. *How fast can Wild Turkeys run?*
A 5 mph
B 15 mph
C 25 mph
D 45 mph
10. *What native American tribe celebrated the first Thanksgiving with the colonists?*
A Wampanoag tribe
B Sioux tribe
C Choctaw tribe
D Arapaho tribe
11. *Can Wild Turkeys fly? If so, how fast?*
A No
B Yes, up to 25 mph
C Yes, up to 40 mph
D Yes, up to 55 mph
12. *What percentage of American homes traditionally eat Turkey on Thanksgiving?*
A 49%
B 67%
C 82%
D 90%
13. *Which country consumes the most turkey per capita?*
A United States
B Israel
C Spain
D United Kingdom
14. *What is the name of the skin that hangs from a turkey's neck?*
A Snark
B Wattle
C Garble
D Swag

THANKSGIVING QUIZ

How do you think you did on the Thanksgiving Quiz? Here's the Answers!



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Happy Thanksgiving!