

Most frequently used food items:

- Canned beans
- Canned chicken
- Canned fish
- Canned fruit
- Canned soup
- Canned stew
- Canned vegetables
- Cereals
- Crackers
- Granola Bars
- Jelly
- Macaroni & Cheese
- Oatmeal (flavored)
- Pancake Mix
- Pancake Syrup
- Pasta
- Peanut butter
- Rice
- Shelf stable milk