

# ADULT TENNIS



# SPRINGG SUMMER 2022

## ALL ABILITIES

Tue 10.00 - 11.00 - Tennis Fitness - £5  
Sat 10.30 - 11.30 - Match Play - £5

## BEGINNER COACHING

Mon 10.00 - 12.00 - £10  
Tues 18.30 - 19.30 - £5  
Thur 18.00 - 19.00 - £5

## IMPROVER COACHING

Mon 18.00 - 19.00 - £5  
Sun 12.00 - 13.00 - £5

## INTERMEDIATE COACHING

Mon 19.00 - 20.30 - £7.50  
Wed 09.30 - 11.00 - £7.50  
Wed 18.00 - 19.00 - £5

## ADVANCED COACHING

Fri 10.00 - 12.00 - £10  
Fri 18.00 - 19.00 - £5

## CLUB PLAY SESSIONS

Tues 18.30 - 21.00  
Wed 11.00 - 13.00  
Fri 19.00 - 22.00  
Sun 14.00 - 17.00

## TEAM PRACTICE

Mon 19.00 - 20.30 - Ladies - £7.50  
Wed 19.00 - 22.00 - Men's - £1.50 - No Coach

## FURTHER INFORMATION

**We Aim to Provide Suitable Sessions for All Standards**

**Non - Members are welcome to attend.**

**Please contact Alex Thornton, Tennis Manager, with any questions - [alex@chapel-a.co.uk](mailto:alex@chapel-a.co.uk)**

**All Classes Can be Booked on Club Solution  
Seven Days in Advance**