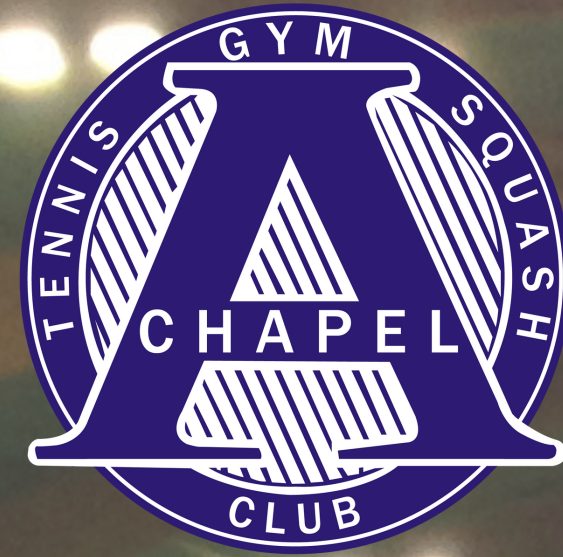


# ADULT TENNIS



# WINTER 19/20

## COACHED PAY & PLAY SESSIONS

Tue 18.30 to 19.30 - Ladies - £3 (O)  
Thu 18.30 to 19.30 - Men - £3 (O)

These Sessions are for All Abilities and are Open to Both Members & Non-Members with an Additional Fee for Non-Members. Please Contact Reception for More Details

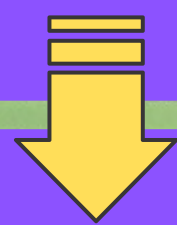
## CLUB PLAY SESSIONS

Wed 11.00 to 13.00 - £4 (I)  
Fri 19.00 to 22.00 - £5 (I)  
Sun 14.00 to 17.00 - £5 (I)

Non-Coached Sessions. Balls Provided by the Club

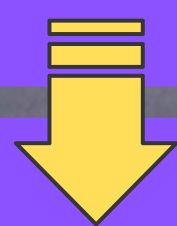
## BEGINNER/ IMPROVER COACHING

Mon 10.00 to 12.00 - £10 (I)  
Mon 18.30 to 20.00 - £7.50 (I)  
Sat 10.30 to 11.30 - Match Play - £3 (I)



## CLUB PLAYER COACHING

Wed 09.30 to 11.00 - £7.50 (I)  
Fri 10.00 to 12.00 - £10 (I)



## TEAM PRACTICE

Sat 11.30 to 13.00 - Ladies - £5 (I)

For Mens Team Practice Details Please Contact the Coaching Team

## FURTHER INFORMATION

**We Aim to Provide Suitable Sessions for All Standards of Tennis Players**

Please contact a member of the coaching team or e-mail Alex Thornton, Tennis Manager, with any questions - [alex@chapel-a.co.uk](mailto:alex@chapel-a.co.uk)

All Classes Can be Booked on Club Solution Seven Days in Advance

(I) - Indoor Session  
(O) - Outdoor Session