

ADULT TENNIS



AUTUMN WINTER

ALL ABILITIES
Tuesday 10.00 - 11.00 - Tennis Fitness - £6

BEGINNER COACHING
Monday 12.00 - 13.00 - £6
Tuesday 18.30 - 19.30 - £6
Thursday 18.00 - 19.00 - £6

IMPROVER COACHING
Monday 18.00 - 19.00 - £6
Sunday 12.00 - 13.00 - £6

INTERMEDIATE COACHING
Monday 10.30 - 12.00 - £9
Monday 19.00 - 20.30 - £9
Wednesday 9.30 - 11.00 - £9
Wednesday 18.00 - 19.00 - £6

ADVANCED COACHING
Friday 10.00 - 12.00 - £12
Friday 18.00 - 19.00 - £6

CLUB PLAY SESSIONS
Wednesday 11.00 - 13.00 - £4
Friday 19.00 - 22.00 - £5
Sunday 14.00 - 17.00 - £5

TEAM PRACTICE
Saturday Ladies Team Practice - Enquire for Dates - £9
Sunday 18.00 - 20.00 - Men's - £3
No Coach

FURTHER INFORMATION
We Aim to Provide Suitable Sessions for All Standards
Non - Members are welcome to attend.
Please contact Alex Thornton, Tennis Manager, with any questions - alex@chapel-a.co.uk
All Classes Can be Booked on Club Solution
Seven Days in Advance