

TUNING INTO TEENS

Program for Caregivers of Adolescents Ages 12-18 Years Old

Priority Given to Ohio
County Residents



About This Program

- **2-hour sessions, once a week for 6 weeks**
- Incentives for parents who complete the program

Participants in this program will learn how to:

- Better talk to and understand your teen
- Help your teen learn to manage their emotions and conflict
- **Support and guide your teen**

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