

OCTOBER



Ohio County Family Support Center Events

Monday **October 13th** 5:30 - 7pm

October 27th

1:30-2:30

Circle of Parents

All are welcome! For caregivers to connect while their children participate in our children's program.

Thursday
Oct 9th

llam-2pm

Lawyer in the School

Are you an Ohio County Parent that needs free civil legal advice?
Come talk to a lawyer!

Thursday
Oct 16th
9:30-11am

Mommy Meet Up

Hang out with other parents & caregivers while your kids (under 5 years old) play and socialize!

Wednesday
October 22nd

1-2:30 pm

Calming Strategies

A free, supportive class designed to help parents learn quick calming strategies to help deal with the stresses of life. Ohio County Family
Support Center

141 Key Avenue

Thursday

October 23rd

10-11:30am

while supplies last

Food Distribution

Mountaineer Food Bank and the
Ohio County FRN
WV Residents Only
Wheeling Island Casino Parking Lot

Registration is required for FSC events! email: familysupport@ocfrn.com call: (304) 905-0205

www.ocfrn.com

facebook.com/OCFamilySupport

Funding provided by the Department of Human Services, Bureau for Family Assistance

