

How to Donate:

To donate items, simply go to one of the Blessings Boxes and place the items being donated onto one of the shelves. All items should be new, unopened, unexpired and not require refrigeration.

If you cannot get to the Blessings Box location you may arrange to drop off items with Ohio County Family Resource Network or Soup Kitchen of Greater Wheeling. Both organizations are also able to accept monetary donations to help support Blessings Boxes.

Soup Kitchen: (304) 233-2992

Ohio County FRN (304) 232-5600

Ohio County Locations

Bethlehem Elementary 22 Chapel Rd, Wheeling

Bridge Street Middle School 19 Junior Ave

> **Elks Lodge #28** 4706 Jacob St

Valley Grove Community Center 8566 National Rd, Valley Grove, WV (In front of the Post Office)

West Liberty Volunteer Fire Dept. 1333 Van Meter Way

And at partner locations: **Garden Park - Warwood** Warwood Avenue Sponsored by UniCare an Anthem Company

Soup Kitchen of Greater Wheeling 1610 Eoff St, Wheeling, WV 26003

Hygiene Closet - Laughlin Chape 129 18th St - By appointment 304.232.2630 Sponsored by UniCare an Anthem Company



A project of the Ohio County Food Security Team

VOLUNTEERS

For each location, there is at least one volunteer who plays a key role in managing the Blessings Box.

Role of Volunteers:

Check the box a minimum of once a week to make sure donations are organized, **unexpired** and **unopened**

Communicate with Food Security Team on items needed to restock for the box

Collect items from Food Security Team organizations and replenish items as needed

> For additional information contact OhioCountyFRN@yahoo.com Follow www. facebook/OCFRN





What is a Blessings Box?

Take What You Need Leave What You Can

The idea is simple: Provide access to shelf stable food to those who are not able to get to existing food pantries. The box is well marked with the words FREE PANTRY and anyone who needs help is able to get what they need anonymously for themselves, their families, friends, and neighbors.

Blessings Boxes are supported by the community, for the community: -Food Donations -Monetary Donations -Volunteers -Grant funding for initial costs

Blessings Boxes have been made possible through funding provided by: Sisters of St. Joseph - Gift Committee and Health and Wellness Foundation UniCare an Anthem Company Southwestern Energy Community Foundation for the Ohio Valley Soup Kitchen of Greater Wheeling Ohio County Family Resource Network and donations from generous volunteers

WHAT TO DONATE

All items should be new and not expired

NON-PERISHABLE FOOD

Boxed milk (non refrigerated) Canned foods (pop top) Vegetable Oil (any cooking oils) Spices (including salt and pepper) Tea bags/ Instant coffee Sugar/flour Jelly Tuna/canned meats Crackers Cake mix Cereal Pasta/mac and cheese Spaghetti sauce Snack/granola/cereal bars

HOUSEHOLD ITEMS

Dish soap Laundry Detergent Tissues Ziploc bags Trash bags Cleaning supplies

HYGIENE ITEMS

Body wash Deodorant Tampons/pads Full size shampoo and conditioner Toothbrushes Toothpaste