

### How to Donate:

To donate items, simply go to one of the Blessings Boxes and place the items being donated onto one of the shelves. All items should be new, unopened, unexpired and not require refrigeration.

If you cannot get to a Blessings Box location you may arrange to drop off items with the Ohio County Family Resource Network or Soup Kitchen of Greater Wheeling. Both organizations are also able to accept monetary donations to help support the Blessings Boxes.

Soup Kitchen: (304) 233-2992

Ohio County FRN (304) 232-5600

## Ohio County Locations

**Bethlehem Elementary** 

22 Chapel Rd, Wheeling

Elm Grove - Fire Dept. Station 11 139 E. Bethlehem Blvd.

Elks Lodge #28

4706 Jacob St

Wheeling Firefighter's Local 12 **Union Hall** 

30 GC & P Rd.

**Valley Grove Community Center** 8566 National Rd, Valley Grove, WV (In front of the Post Office)

West Liberty Volunteer Fire Dept. 1333 Van Meter Way

And partner locations:

Soup Kitchen of Greater Wheeling 1610 Eoff St, Wheeling, WV 26003

> Warwood Fire Dept. Garden Park

**Hygiene Closet - Laughlin Chapel** 129 18th St - By appointment 304.232.2630 Food Security Team



## VOLUNTEERS

For each location, there is at least one volunteer who plays a key role in managing the Blessings Box.

Role of Volunteers:

Check the box a minimum of once a week to make sure donations are organized, **unexpired** and **unopened** 

Communicate with the Food Security Team on items needed to restock the box

Collect items from
Food Security Team organizations
and replenish items as needed

For additional information contact OhioCountyFRN@yahoo.com Follow www. facebook/OCFRN





## What is a Blessings Box?

### Take What You Need Leave What You Can

The idea is simple: Provide access to shelf stable food to those who are not able to get to existing food pantries. The box is well marked with the words FREE PANTRY and anyone who needs help is able to get what they need anonymously for themselves, their families, friends, and neighbors.

Blessings Boxes are supported by the community, for the community:
-Food Donations
-Monetary Donations
-Volunteers
-Grant funding for initial costs

Blessings Boxes continue to serve the community through funding provided by:

AEP Foundation
Helping Hand Foundation
Soup Kitchen of Greater Wheeling
Ohio County Family Resource Network
and donations from generous volunteers

# WHAT TO DONATE All items should be new and not expired

### NON-PERISHABLE FOOD ONLY NO ITEMS THAT NEED TO BE KEPT COLD

Boxed milk (non refrigerated)
Canned foods (pop top preferred)
Spices (including salt and pepper)
Tea bags/ instant coffee
Sugar/flour
Peanut butter/jelly
Tuna/canned meats
Crackers
Cereal/cereal bars
Rice
Pasta/mac and cheese
Pasta sauce
Snacks

### HOUSEHOLD CLEANING ITEMS

If donating directly to a Blessings Box, these items

MUST be placed on lowest shelf and NOT

on same shelf as the food

Dish soap
Laundry detergent
Ziploc bags
Trash bags
Cleaning supplies

#### **HYGIENE ITEMS**

Body wash
Deodorant
Tampons/pads
Toothbrushes
Toothpaste
Full size shampoo and conditioner