

### Senior Services

Altenheim Resource & Referral Services	304.243.0996
Faith in Action Caregivers	304.238.9124
Family Service Upper Ohio Valley	304.233.2350
Local WV SHIP Medicare Info.	304..215.6528
National Council on Aging	304.218.2873
Ombudsman Program (Legal Aid of WV)	304.232.1260
Social Security Administration	1.800.772.1213

### Youth Programs

Boy Scouts of America	304.277.2660
Girl Scouts of Black Diamond	304.345.7722
House of the Carpenter	304.233.4640
Laughlin Memorial Chapel	304.232.2630
Libera WV	304.241.1061
Mother Jones Cntr. for Resilient Comm.	304-238-9484
Oglebay Institute	304.242.7700
Wheeling Recreation Dept.	304.234.3641
4-H WVU Extension Office	304.234.3673
YMCA – Wheeling	304.242.8086
YSS Youth Mentoring Network	304.233.9627

### Foster Care Services

CASA for Children	304.233.0333
Children’s Home of Wheeling	304.233.2367
Children’s Home Society of WV	304.810.2460
Crittenton Services	304.242.7060
Foster Care Ombudsman	304.558.1117
National Youth Advocate Program	304.243.1865
St. John’s Home for Children	304.242.5633
WVU Specialized Family Care	304.352.4499
Youth Services System	304.233.9627

### Military Family Support and Services

Belmont VA Outpatient Clinic	740-695-9321
Change Inc. SSVF (Housing)	304.797.7733
Helping Heroes SSVF (Rent, Housing)	304.232.0114
Military One Source	1.800.342.9647
WV Dept. of Veterans Assistance	304.238.1085
Wheeling Vet Center, Dept. of Veterans Affairs	304.232.0587

### Family Support Services

Catholic Charities WV	
Birth to Three	304.214.5775
Child/Adult Care Food Program	304.230.1280
Child Care Resource Center	304.232.1603
Circle of Parents	304.905.0205
Maternal Infant Health Outreach Worker	304.233.3290
Northern Panhandle Head Start	304.233.3290
Ohio County Family Support Center	304-905-0205
Right from the Start	304-558-5388
WIC – Ohio County Office	304.234.3888
Wellspring Pregnancy Center	304.810.0292
West Liberty Lions Club FSC	304.336.3035

### Medicaid Managed Care Organizations

Aetna Better Health of WV	1.888.348.2922
The Health Plan	1.888.613.8385
Mountain Health Trust	1.800.449.8466
Wellpoint	1.800.782.0095
WV Navigator Health Insurance Helpline	1.844.982.2737

### Employment and Education Services

Charleston Job Corps Center	304.767.1276
Jobs and Hope WV	833.784.1385
Northern Panhandle Workforce Dev.	304.231.1170
WorkForce WV	304.238.1035
WV Saves (financial education)	304.797.7733
YSS Youth Opport. Unlimited (ages 14-24)	304.233.9627

### Legal Services

American Civil Liberties Union - WV	304.345.9246
Disability Rights of WV	304.346.0847
Fair Housing Law Center	1.877.725.4472
Lawyers Referral Service WV State Bar	304.553.7220
Legal Aid of WV – Wheeling	304.232.1260
Ohio Co. Prosecutor's Office	304.234.3631
Public Defender Corporation	304.232.5062
Wheeling Human Rights	304.234.3609

### Schools

Bethany College	304.829.7000
Diocese of Wheeling-Charleston	304.233.0880
The Linsly School	304.233.3260
Mountaineer Challenge Academy	1-800-529-7700
Ohio County Schools	304.243.0300
Ohio County Adult Learning Center	304.214.8948
West Liberty University	304.336.5000
WV Northern Community College	304.233.5900
Wheeling Country Day	304.232.2430
Wheeling University	304.243.200



# 2026

## Resource Guide for Ohio County Families

PO Box 6117

Wheeling, WV 26003

304.232.5600 (FRN)

304.905.0205 (FSC)

[www.facebook.com/OCFRN](http://www.facebook.com/OCFRN)

[www.ocfrn.com](http://www.ocfrn.com)

[info@ocfrn.com](mailto:info@ocfrn.com)

**This directory is for informational purposes only. Information provided is believed to be accurate at the time of printing. Entries in this directory are not endorsed by the organization. Any exclusions are purely accidental and do not reflect disapproval.**

04/2026

### Emergency and Crisis Services

Ohio County Fire, Police and Sheriff	911
American Red Cross	304.232.0711
Child and Adult Abuse Hotline	1.800.352.6513
Genesis Children's Mobile Crisis	866.897.8959
Help4WV/Children's Crisis Line	1.844.435.7498
Poison Control Center	1.800.222.1222
Safe Schools Helpline	1.866.723.3982
Sexual Assault Help Center	1.800.884.7242
Suicide and Crisis Lifeline	988
YWCA Family Violence Prevention	304.232.2748
YSS Safe Place (for Youth in Crisis)	1.800.977.8918

### Information and Referral Services

Altenheim Resource and Referral Serv.	304.243.0996
Change Inc	304.797.7733
Ohio County Family Resource Network	304.232.5600
WV 211	211 or 1.833.848.9905
WV Aging & Disability Resource Center	1.866.981.2372
Catholic Charities WV Child Care Resource Center	304.232.1603

### Substance Use Disorder Services

Al-Anon Family Groups	888.490.1970
Alcoholics Anonymous	1.800.333.5051
Help4WV	1.844.435.7498
IMPACT WV	304.293.4692
Miracles Happen	304.242.0217
Narcotics Anonymous	1.888.251.2426
Northwood Health Systems	304.234.7777
Ohio Valley Recovery Unity Center	304.232.3888
Park Valley Behavioral Health Care	304.218.2023
R.O.O.T.S.	304.460.5123
Wheeling Comp. Treatment Center	304.547.9197
YWCA Women Inspired in New Direction	304.830.8568
YSS -Prevention, Treatment, and Recovery Support	304.233.9627

### Victim Assistance Services

Harmony House Children's Advoc. Cntr.	304.230.2205
Victim Advocate Prosecutor's Office	304-234-3631
Sexual Assault Help Center	304.234.1783
STEP of YWCA (Survivors of Trafficking)	304.232.0511
Wheeling PD Victim Advocate	304.234.3600
WV DoHS Ohio Co.	304.232.4411
YWCA Family Violence Prevention	304.232.2748

### Clothing Assistance

House of the Carpenter	304.233.4640
Salvation Army	304.233.4400
St. Vincent DePaul Store (by appt. only)	304.232.4230
Sophie Moses Free Store	304.233.9627
YWCA Women's Boutique	304. 232.0511

### Food Assistance

#### **For updated Food Pantry Calendar**

**and Blessings Box Brochure go to [www.ocfrn.com](http://www.ocfrn.com)**

4th Street United Methodist	304.232.3980
Catholic Charities Neighborhood Center	304.232.7157
Family Service Upper Ohio Valley	304.233.2350
Greater Wheeling Soup Kitchen	304.233.2992
Salvation Army	304.233.4400
St. James Evangelical	304.232.6511
Mountaineer Food Bank Mobile Food Pantries	
<a href="http://www.mountaineerfoodbank.org">www.mountaineerfoodbank.org</a>	

### Emergency Shelter/Housing Needs

Catholic Charities Neighborhood Center	304.232.7157
Change, Inc	304.797.7733
Change Inc - Weatherization	304.845.8269 ext.1
First Time Homebuyers Program	304.234.3701
Greater Wheeling Coalition -Homeless	304.232.6105
Life Hub	304-905-6131
Northwood Health Systems	304.232.4098
USDA Rural Development	304.284.4860
Wheeling Housing Authority	304.242.4447
YWCA	304.232.0511
YWCA Family Violence Prevention	304.232.2748

### Utilities Assistance

Catholic Charities Outreach Office	304.345.2103
House of the Carpenter	304.233.4640
Ohio County Family Support Center	304.905.0205
Salvation Army	304.233.4400
Society of St. Vincent de Paul	304.242.8868
St. Matthew's Episcopal	304.233.0133
St. Vincent de Paul Store (1st/3rd Tues.)	304.232.4230
WV DoHS Ohio.Co.	304.232.4411

### Transportation

Family Service Upper Ohio Valley (Seniors)	304.233.2350
Non-Emergency Medical Transport.	1.844.549.8353
Ohio Valley Regional Transp. Authority	304.232.2190

### Health and Wellness Services

AIDS Task Force – Upper Ohio Valley	304.232.6822
American Cancer Society	1.800.227.2345
American Heart Association	304.720.9001
American Lung Association	1.800.586.4872
Black Lung/Occupational Disease Clinic	304.843.3307
Children's Health Insurance Program	304.558.2732
Dental Hygiene Program at WLU	304.336.8030
Help4WV	1.844.435.7498
NAMI in West Virginia	304.905.0635
Northwood Health Systems	304.234.7777
Orchard Park Hospital	304.810.2116
Park Valley Behavioral Health Care	304.218.2023
Problem Gamblers Help Network	1.800.426.2537
Valley Hospice and Liza's Place	304.242.1977
Wellspring Family Services	304.242.7060
Wheeling Health Right	304.233.9323
Wheeling Hospital	304.243.3000
Wheeling -Ohio Co. Health Dept.	304.234.3682
WV Breast & Cervical Cancer Screening	304.558.5388
WV Tobacco Quitline	1.877.966.8784
WVU Reynolds Psychiatry	304-221-3012
Youth Services System	304.233.9627

### Disabilities Services

Augusta Levy Behavioral Services	304.242.6722
WV Autism Training Center	1.800.344.5115
Easterseals Rehabilitation Center	304.242.1390
Choice Care at Home	304.843.2306
Goodwill Industries	304.905.1241
Make-a-Wish Foundation	1800.676.9474
Northwood Health Systems	304.234.7777
Northern Panhandle Head Start	304.233.3290
Ohio County Schools , Special Educ.	304.243.0314
Osiris Shrine Temple	304.242.2911
REM WV Community Options	304.233.2141
Russell Nesbitt Services	304.232.0233
Seeing Hand Association	304.232.4810
WATCH,Inc	304.232.1750
Wheeling Hospital Pediatric Rehab.	304.243.8310
Catholic Charities WV Birth to Three	304.214.5775
WLU Behavioral Health Clinic	304.336.8199
WV Children w/Spec. Health Care Nee	304.232.4411
WV Div. Rehabilitation Services	304.238.1092
WV Parent Training and Information	304.472.5697
WVU Center for Excellence in Disabilities	304.293.4692