

TUNING INTO TEENS

Parenting is hard. We can help!

This program is for parents of 12-18 year olds

"I am so glad I attended! I feel like my daughter and I are communicating so much better, and it's thanks to the tips I learned in Tuning into Teens." - Wheeling Resident, Mary

About Tuning into Teens

- 2-hour sessions, once a week for 6 weeks
- Dinner provided
- RSVP required
- Incentives for parents who complete the program

Participants in this program will learn how to:

- Better talk to and understand your teen
- Help your teen learn to manage their emotions and conflict
- Support and guide your teen

Priority Given to Ohio County Residents.

304-905-0205

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Ohio County Family Support Center

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