

Panther Run, Walk and Roll

Pilgrim Park Middle School

Friday, May 11th 2018

Family Information Letter

What is the Panther Run, Walk and Roll?

- A Simple Fundraiser to support PPMS. No time needed or selling products.
- The Panther Run, Walk and Roll is an all school event, where students, run walk or roll for about an hour to their ability level. Each grade has its own time frame.
- The Panther Run, Walk and Roll is a healthy way to end the school year.
- All students participate, regardless of financial contribution.
- Our goal is for all students to collect pledges and run to raise money for our school.

What are the goals of the Panther Run, Walk and Roll?

- PPMS PTO supports many activities at PPMS, such as Homework Club, the Courage Retreat, RISE Incentives, Classroom Grants, the 8th Grade Farewell, Activity Nights and classroom needs. **In addition to these activities, this year's PTO would like to help PPMS defray the cost of their library redesign project.** That's why we need your help. Every donation helps all our students!
- A suggested goal amount for pledges is \$50.00. This does not have to come from one family, but can be collected through grandparents, close family and friends. **Remember, this is a suggested amount and is not mandatory.** All kids will participate regardless of their financial contribution. Imagine the things we could do if every child raised \$50.00!!
- Don't forget that all donations are tax deductible! A receipt can be provided upon request.
- 100% of the proceeds from this event go towards helping your child at Pilgrim Park, enriching and ensuring a productive, fun, safe, and happy learning environment.

We hope to make this a fun and rewarding event for all involved. We cannot do this without the help from our many wonderful volunteers. Contact ppmspto@gmail.com to help.

How should students prepare for the Panther Run, Walk and Roll?

- Get outside and run! Spend time with your family in the evenings or weekends, working towards building an endurance to run the entire time.
- Students can have family/friends donate online in their name at run4pilgrimpark.com or can use the pledge form found on run4pilgrimpark.com to collect money for the event. These forms will need to be returned by Friday, May 11th with donations in the sealed envelope if dropping in PPMS office.
- Students should ask family and friends to support them with this project - doesn't all have to come from mom and dad!
- For your safety, please do not go door to door to ask for pledges.
- If your family prefers not to collect pledges, please consider making a personal donation on behalf of your child/children.
- **There will be gift card and other special drawings during the Panther Run, Walk and Roll Sponsorship time. Each online donation or drop off in the office will get your student an entry into the drawings!**
- **We are hoping that this will be our ONLY major needed fundraiser each year.**

What do the students do on the day of the Panther Run?

- Have fun, get out and Run, Walk and Roll!
- The students should wear their Panther Run, Walk and Roll t-shirt which will be provided or PPMS spirit wear for the day of the event.
- Each grade will have a different schedule for the day of the Panther Run, Walk and Roll!
- Built into the schedule is a 5-minute before and after window for warmup and cool down.
- Please encourage your child to bring a water bottle on May 11th and drink plenty of water.

What is a Color Run, Walk and Roll?

Much like the fun runs at other schools, PPMS follows that same model. Each grade goes outside for about an hour and Walks, Runs, Or Rolls along the course at their ability level. It is a day where we remind students the power of being outdoors and giving students a chance to exercise at their level. This year we are incorporating color stations into the run. Much like any color run, you may have seen before. It is a non-toxic color made of cornstarch/baking soda. This year our event will take place on the field, with separate lanes for those who want to get color on them and those who do not.