



The Johnston Senior Center Newsletter



A Message from the Executive Director:

Dear Member and Friends of the Johnston Senior Center,

There are many new and exciting happenings here at your Johnston Senior Center. A steady stream of new members are joining everyday, and we are committed to providing all the social, physical, and intellectual programming for your benefit. We have so many new classes, trips, and various events planned for your pleasure. Please visit the Center and explore all that can enrich the lives of our older adults. Our staff would be happy to give you, friends and loved ones a tour of our beautiful Center.

Sincerely, Executive Director Richard DelFino

A Message from the Mayor's Desk:

Dear Johnston Seniors,

As we head into the months of May and June, I want to personally encourage each of you to take advantage of all the wonderful things happening right here in our Town. After a long winter, there's no better time to get outside, reconnect with friends, and enjoy all that Johnston has to offer.

I'd like to invite you to join us for our annual Memorial Day Service on Monday, May 27 at 9:00 AM at Johnston Memorial Park. This patriotic ceremony is a time to come together as a community to honor and remember the brave men and women who gave their lives for our country. Your presence helps keep their memory alive, and it's always a powerful way to show our shared respect and gratitude.

Also, mark your calendars for two special Food Truck Nights at Memorial Park! On Wednesday, June 5 and again on Wednesday, July 31, join us from 5:00 PM to 8:00 PM for an evening of great food, music, and community fun. These events are a great opportunity to try something new, see familiar faces, and enjoy a summer night out. Whether it's a community gathering or a relaxing walk in the park, there's something special about getting out and enjoying the town we all call home.

Wishing you a happy, healthy, and active spring!

Best, Mayor Joseph Polisena, Jr.



A Message from the Operations Manager:

Spring is here! There are numerous events and activities being planned as I write this report. One in particular is the Encore Casino Trip that is scheduled for Sunday June 8th. Arrive at the Senior Center at 7am and leave for the Casino at 7:30 am sharp. The cost of the trip is \$49, First time players will receive a \$50 voucher that is good for gambling or food. All others will receive a \$20 voucher that is good for the same. This event is hosted by the Johnston Senior center, and is the first we are hosting an event like this! We are looking forward to and counting on our membership to step up and support this endeavor.

We are overwhelmed with the amount of play our pool room has experienced. So much so that we decided to add a second pool table to the room. It's not uncommon to see 8 - 10 players daily at a time enjoying this facility. The purchase of the second table was made possible by numerous donations to the Senior Center. More specifically, the Big Brothers Big Sisters clothing donation bin that is located in the front of our parking lot. Of course, all are welcome to come play!

Robert Piscione, Operations Manager

Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9am Walk Away the LBS	9am Walk Away the LBS	9am Walk Away the LBS	9am Walk Away the LBS	9am Walk Away the LBS
1030am Arts & Crafts	930am Quilting	10am Zumba	930am Mahjong	10am Line Dancing
1030am Yoga	11am Keep It Moving	11am Fit & Strong	10am Chair Yoga	11am Fit & Strong
1230pm Hi Lo Jack	1230pm Hi Lo Jack	1230pm Hi Lo Jack	11am Bone Builders	11am Crocheting
1pm Poker		1pm Poker	130pm Bingo	130pm Bingo
Seasonal Activities: Bocce & Gardening Club *Please note that crocheting will take place every other Friday				

Special Announcements:

- Please be sure to read all of the information carefully in this newsletter for there is a lot of important information. We kindly ask that membership renewals are sent in by June 20th.

Please note that in order to receive a mailed home newsletters, membership needs to be active.

- The garden club is always seeking new members, please see Diane Mackey for more information!

Upcoming Trips, Activities, and Events:

May

May 5th: Track 15 Food Hall, Cost of the trip is \$5 + the cost of your own meal. Bus departs at 11am.

May 6th: Movie & Lunch, Cost of trip is \$7 + cost of your own meal. Bus departs at TBD.

May 6th: No Bake Cheesecake Demonstration in the Dining Room!

May 7th: Foxwoods Casino & Bingo, Cost of trip is \$5 + personal spending. Bus departs at 8am.

May 8th: Bowling & Lunch, Cost of trip is \$9 + cost of your own meal. Bus departs at TBD.

May 12th: Mothers Day Stroll, Cost of trip is \$5 + personal spending. Bus will depart at 12pm

May 13th: Cracker Barrel, Cost of trip is the cost of your own meal. Bus will depart at 10:30am.

May 13th: Ballroom Dancing from 1pm - 3pm. No partner required!

May 14th: Mystery Lunch, Cost of trip is \$5 + cost of your own meal. Bus will depart at 11:15am.

May 19th: Blount Clam Shack, Cost of trip is the cost of your own meal. Bus will depart at 11am.

May 20th: Food is Medicine Presentation. *Sign up is required.*

May 21st: Titanic Exhibit, Cost of trip is \$40 + personal spending. Bus will depart at 9am.

May 21st: Venus de Milo, cost of trip is \$50. Bus will depart at 11am.

May 26th: Foxwoods Casino, Cost of trip is \$5 + personal spending. Bus will depart at 9am.

May 27th: Book Club meeting at 10am.

May 28th: Mystery Lunch, Cost of trip is \$5 + cost of your own meal. Bus will depart at 11:15am.

June

June 2nd: Wright's Farm Bakery & Creamery, Cost of trip is the cost of your own meal.

June 4th: Iggy's Clam Shack, Cost of your trip is \$5 + the cost of your own meal. Bus departs at 10:30am.

June 8th: Encore Casino, Cost of trip is \$49 + personal spending. Bus departs at 7:30am. (First time visitors will receive \$50 back, returning visitors will receive \$20 back).

June 10th: Ballroom Dancing from 1pm - 3pm. No partner required!

June 10th: Wickford Village, Cost of trip is \$5 + personal spending. Bus departs at 10am.

June 11th: Foxwoods Casino & Bingo, Cost of trip is \$5 + personal spending. Bus departs at 8am.

June 14th: Community Yard Sale, sale starts at 10am and is open to the public! Rain Date: June 15th

June 17th: Newport Shopping & Lunch, Cost of trip is \$5 + personal spending. Bus departs at 10am.

June 18th: Mystery Lunch, Cost of trip is \$5 + cost of your own meal. Bus will depart at 11:15am.

June 23rd: Stonington Vineyard, Cost of trip is \$5 + personal spending. Bus will depart at 10am.

June 24th: Book Club Meeting at 10am.

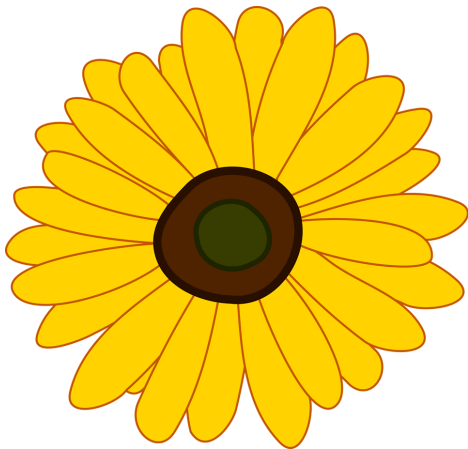
June 25th: Mystery Lunch, Cost of trip is \$5 + cost of your own meal. Bus will depart at 11:15am.

June 26th: botanical Gardens at Roger Williams Park, Cost of trip is \$5. Bus will depart at 10am.

June 30th: Foxwoods Casino, Cost of trip is \$5 + personal spending. Bus will depart at 9am.

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Or Current Resident



From the Cookbook of Jackie Rave
"Ricotta Cheesecake"

Step 1:

In a mixer, mix 1 lb of ricotta cheese, 1 lb of cream cheese, 4 eggs, 1 ½ cup of sugar, 6 heaping tbsp of flour, 2c of milk, 2 tsp of vanilla extract, 2 tsp of lemon extract. Once mixed, cook at 300 degrees for 1 hour and 20 minutes.

Step 2: Preheat the oven to 400 degrees, this mixture will go on top of the cheesecake. Mix 2c of sour cream and 8 tbsp of sugar. Once mixed, bake for 10 minutes.

Step 3: Make the Graham Cracker Crust to your liking or follow directions on the back of the box and let set overnight in the refrigerator.

Step 4: Use a 10in Springform Pan to assemble the cheesecake and let it set in the refrigerator overnight.

