

JOHNSTON SENIOR CENTER

1291 Hartford Ave
Johnston, RI 02919
401-944-3343 <https://jscri.org>



20

YEARS

Celebrating in this
Landmark Location

Newsletter

September
2026



Director's Message

As summer fades and leaves begin to turn, we welcome you back to a vibrant autumn season at the Johnston Senior Center. We have expanded our weekly fitness classes, and are offering more computer classes, Italian for Fun, Mahjong, and informational wellness sessions to keep our members healthy and engaged. Please check the events list for details trips and activities.

We are also continuing our 20th anniversary celebratory events with themed dance parties, fun activities and some special surprises.

As always, our goal is to make our center feel like a second home where we are all family. It may be getting cooler outside, but the welcome is always warm inside the Johnston Senior Center.

Best Regards,
Richard J. DelFino, Jr.

September Activities and Events

- 9/1 Italian for Fun 10-11 a.m. N/C
- 9/8 Italian for Fun 10-11 a.m. N/C
- 9/8 MOTOWN DANCE PARTY 1 p.m. N/C
- 9/9 Mystery Lunch 11:15 a.m. \$5
- 9/11 Blood Pressure Clinic/Morgan Health 10:30 a.m.
- 9/14 Plainridge Casino (Harness Races) 10:00 a.m. \$30
- 9/15 Italian for Fun 10-11 a.m. N/C
- 9/15 Fantastic Umbrella Factory 10:00 a.m. \$5
- 9/16 Foxwoods Casino 8 a.m. \$10
- 9/18 Annual Bocce Tournament at Citizens, Johnston. Lunch 11 a.m.; Play starts at 12 noon. Shuttle service available..
- 9/22 Italian for Fun 10-11 a.m. N/C
- 9/22 Mystery Lunch 11:15 a.m. \$5
- 9/24 Monthly Health & Wellness Presentation by BCBS of RI. 10 a.m.
- 9/29 Italian for Fun 10-11 a.m. N/C
- 9/30 Foxwoods Casino 8:00 a.m. \$10

*Meals and personal spending are not included in cost of the trip.

WEEKLY ACTIVITIES

MONDAY: 9 Walk Away the LBS; 10-3 Billiards; 10:30 Arts & Crafts; 10:30 Yoga; 1 Mahjong; 12:30 Hi Lo Jack.

TUESDAY: 9 Walk Away the LBS; 9:30 Quilting; 10 Chair Zumba Toning; 10-3 Billiard; 11 Keep it Moving; 12:30 Hi Lo Jack

WEDNESDAY: 9 Walk Away the LBS; 9 Instructional Mahjong; 10 Zumba; 10-3 Billiards; 11 Fit & Strong; 11:30 Poker; 12:30 Hi Lo Jack

THURSDAY: 9 Walk Away the LBS; 9:30 Mahjong; 10 Chair Yoga; 10-3 Billiards; 11 Bone Builders (\$3 fee); 1:30 Bingo

FRIDAY: 9 Walk Away the LBS; 10 Line Dancing; 10-3 Billiards; 11 Crocheting (every other Friday); 1:30 Bingo

SEASONAL ACTIVITIES: Bocce, Garden club

NOTE: Trips require advance sign-ups. Reservations require a full, non-refundable payment at the time of reservation. Reservations are accepted on a first come, first served basis, upon receipt of payment. Reservations are to be made at the Johnston Senior Center's front desk, during regular business hours. No phone reservations will be taken. Due to limited seating capacity, members can sign up for only ONE casino trip