



Case Management

Case managers are the information hub of a care team making sure critical information is communicated clearly to all providers ensuring that all involved with a client's case remains up to date and well informed to avoid staff splitting, enmeshment, and promote team unity.

Goal

Provide professional oversight, support, and navigation to client, family members, clinical team, and or employer through the treatment and recovery process.

Services Offered

- Help individuals, families, and organizations navigate the treatment world and get the help and services they need.
- Coordination of services and treatment strategy and selection.
- Assist client in transitioning back to life, work, school, or a lower level of care after treatment in a higher level of care.
- Collaborate with client and their providers to create and execute a care plan with short- and long-term goals, tracking their progress and making adjustments as needed.
- Connect client to appropriate community-based resources that address holistic needs (e.g., social, recreational, housing, educational, clinical, vocational, self-help, medical/health), including finding housing and providing move-in support.
- Work with the clients care team to implement drug testing, alcohol monitoring, weekly client check-in's and other monitoring services when necessary.
- Facilitate meetings with professionals for long-term planning.
- Gathers and delivers frequent updates to treatment teams, family members, advisors or employers, and coordinates regular treatment team meetings.
- Coaching for families.

Payment

- ◇ Payment is due on the day the contract is signed.
- ◇ Contracts vary in length but require a 30 day minimum.

WeRise

About Me



Hallie Heeg has spent the last 14 years working in mental and behavioral health. Before moving to London she was the National and Strategic Account Director for the world's largest and most respected private not-for-profit alcohol and drug addiction treatment providers, Hazelden Betty Ford. She was instrumental in the development and establishment of building an Intensive Outpatient Program in San Diego, CA and managing strategic accounts like NRECA, Conoco Phillips, and Shell. In 2014 she was the Vice President of Sales & Marketing for Castlewood Treatment Centers for eating disorders where she supervised and oversaw the marketing and sales department. She formed partnerships with EAP's like, American Airlines and Amtrak and helped turn around a distressed organization which lead to a successful sell to Riverside.

She is one of the co-founders of OneHealth; which was a behavior change company that drove member engagement to improve health outcomes and reduce the cost of care, and in 2008 founded a non-profit called I AM, which supports those who struggle or who are in recovery from an eating disorder.

In 2017 she received a scholarship to Oxford University Said Business School Entrepreneurship program, and 6 months later received a term sheet for £2m to open an intensive eating disorder outpatient program in Central London. She has a personal and professional working knowledge of substance abuse, chemical dependency, eating disorders, co-occurring disorders, and mental health, and enjoys helping individuals, families, and organizations navigate the treatment world and get the help and services they need.
