

## **Cultivating a Community of Faith Based Healthcare Professionals**



We have collectively hit weary, and these are anxious times. We hope you are well, taking care of yourselves, and finding a way to connect with people you love. As healthcare professionals on the front lines of this pandemic, often our work is focused on caring for others that we don't even realize we may be experiencing secondary trauma or vicarious trauma as a result. There has been so much change over the last month that we have felt called to hold a space for our fellow colleagues to come together in prayer and fellowship.

"We are the light of the world. A city on a hill" Matthew 5:14

## When

Every Monday from 8:00-8:30am via Zoom. We will start with prayer, then open the group up for check- in's and sharing and end with prayer. Our hope is we can eventually move to meeting once a month in-person for breakfast.

## Information

If you are interested in joining please email one of us and we will send you the zoom link.

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And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another and all the more as you see the day approaching:

Hebrews 10:24



Hallie Heeg is an entrepreneur and trained life coach and interventionist. She has worked in the mental and behavioral health field for over 15 years. She is a pastor's kid and has worked in church ministry as well as missions work internationally.



Dr. Chi-Chi Obuaya currently works as a Consultant Psychiatrist in the Adult ADHD Clinic for CNWL NHS Foundation Trust. He consults privately at Pinero House, Harley Street and has admitting privileges at the Nightingale Hospital. He is a member of HTB church.