

BESPOKE RESPONSE SOLUTIONS FOR MENTAL HEALTH, EATING DISORDERS, AND ADDICTIONS

CASE MANAGEMENT | COACHING | CONSULTING

## Case Management & Coaching

Knowing first-hand how mental illness, eating disorders, and addictions impact all areas of your life, true recovery is in many ways a model of life mastery.

As a coach or case manager, our goal is to come along side you, your family and or treatment team to help you see your full potential, and together, courageously develop that potential.

WHAT WE OFFER:
Crisis Management
Individual Coaching Sessions
Accountability
Development of Healthy Life-Skills
Peer Support
Interventions
Case Management
Family Support
Multi-Disciplinary Team

## FOR A FULL LIST OF SERVICES VISIT OUR WEBSITE

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