

## Monthly Portion (2025-2026)

Class : VII	Subject: English Language (Paper - 1)
Months	Chapter Name
April	The Sentence
	Nouns
	Pronouns
May	Adjectives
	Adjectives: Degrees of Comparison
	Determiners
	Verbs
June	Modals
	The Present Tense
	The Past Tense
July	The Future Tense
	Non Finites
	Adverb
August	Prepositions
	Conjunctions
	Phrases
September	Clauses
	Sentences: Simple Compound & Complex
October	Transformation of Sentences
	Direct & Indirect Speech
November	Active & Passive Voice
	Punctuation & Capital Letters
December	Poster Making
	Notice Writing
	Letter & Email Writing
January	Story Writing
	Paragraph Writing
	Essay Writing

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Class : VII	Subject: English Language (Project)
Sr. No.	Practicals / Projects / Assignments
1	Write an essay in about 250-300 words on the following topics: (i) Games should be made compulsory for school children. (ii) The book I enjoyed the most
2	Frame stories on the following topics in 250 words: (i) No pain, no gain (ii) Haste makes waste
3	Make posters on the following topics: (i) Importance of growing more trees (ii) Save water, save earth

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## Monthly Portion (2025-2026)

Class : VII		Subject: English Literature (Paper - 2)	
Months	Chapter Name		
April	The Surprise Party		
	The Prize Poem		
May	Jane Eyre at Lowood Institution		
	Scaffolding		
June	The Lumber Room		
	More About People		
July	A Child's Journey with Dickens		
August	The Pandavas in Exile		
	The Listeners		
September	Stopping by Woods on a Snowy Evening		
October	The Bell		
November	A Poison Tree		
	Jimmy Valentine		
December	We Wear the Mask		
	Toasted English		
January	Geography Lesson		
Class : VII		Subject: English Literature - Project	
Sr. No.	Practicals / Projects / Assignments		
1	Write the poem 'Scaffolding' by Seamus Heaney. Summarise the poem in 80-100 words.		
2	Write an autobiography of H H Munro with reference to 'The Lumber Room' in about 200-250 words.		
3	Write summary and figures of speech used in the poem 'We Wear the Mask' by Paul Laurence Dunbar.		

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# Monthly Portion (2025-2026)

Class : VII	Subject: Hindi Language (Paper - 1)
Months	Chapter Name
April	भाषा, बोली, लिपि, व्याकरण तथा साहित्य
	वर्ण-विचार
	शब्द विचार
May	शब्द निर्माण : उपसर्ग और प्रत्यय
	शब्द निर्माण : समास
	शब्द भेद : अर्थ के आधार पर
June	संज्ञा
	लिंग
	वचन
July	कारक
	सर्वनाम
	विशेषण
	कहानी लेखन
	चित्र पर आधारित रचना
August	क्रिया
	काल
	अनुच्छेद-लेखन
	निबंध-लेखन
	पत्र लेखन
September	अव्यय (अविकारी): क्रियाविशेषण
	अव्यय : संबंधबोधक, समुच्चयबोधक , विस्मयादिबोधक
October	संधि
	विराम-चिन्ह
	वाक्य
	मुहावरे एवं लोकोक्तियाँ
November	अपठित गद्यांश / अपठित पद्यांश
	अशुद्धि -शोधन
	संवाद लेखन

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Months	Chapter Name
December	कहानी लेखन
	चित्र पर आधारित रचना
	पत्र लेखन
	ई-मेल लेखन
January	साक्षात्कार
	धन्यवाद ज्ञापन
	सूचना लेखन
	विज्ञापन - रचना
	दैनंदिनी-लेखन
	अनुच्छेद-लेखन
	निबंध-लेखन
<b>Class : VII</b>	<b>Subject: Hindi Language - Project</b>
<b>Sr. No.</b>	<b>Practicals / Projects / Assignments</b>
1	अपने देश के प्रत्येक राज्य के साथ उनकी भाषा की सूची तैयार करें तथा उस राज्य के पहनावे के साथ स्त्री एवं पुरुष का चित्र भी लगायें।
2	प्लास्टिक तथा उनसे बनी थैलियाँ हमारे पर्यावरण को किस प्रकार प्रदूषित कर रही हैं? इसके रोक-थाम के उपाय बताते हुए निबन्ध लिखिए।
3	एक कहानी लिखिए जिसका आधार निम्नलिखित उक्ति हो - "परिश्रम ही सफलता का आधार है।"

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## Monthly Portion (2025-2026)

Class : VII		Subject: Hindi Literature (Paper - 2)	
Months	Chapter Name		
April	कोशिश करने वालों की हार नहीं होती		
	धुंध		
May	पानी की समस्या		
	ओस		
June	चींटी की फिलासफी फ़िलॉसफ़ी		
	फलों की चौपाल		
July	फलों की चौपाल		
	ताँगेवाला		
August	कौआ और कोयल		
	हौसला		
September	योग		
October	नीम		
	हार की जीत		
November	सिंगापुर की रोचक यात्रा		
	हमारी प्यारी पृथ्वी		
December	विलक्षण बालिका		
	नीरज चोपड़ा एक व्यक्तित्व		
Class : VII		Subject: Hindi Literature - Project	
Sr. No.	Practicals / Projects / Assignments		
1	अनेक समस्याएं आने पर भी कोशिश करने वालों की हार नहीं होती। इस बात को सार्थक सिद्ध करते हुए एक लेख लिखिए।		
2	पानी की समस्या और उसके समाधान' विषय पर अपना विचार लिखिए।		
3	अपनी पाठ्यपुस्तक की कोई एक कहानी विस्तार से लिखे जो आपको सबसे अधिक पसंद है।		
4	अपनी पाठ्यपुस्तक की सभी कविताओं को सुन्दर अक्षरों में लिख कर सजाएँ।		

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## Monthly Portion (2025-2026)

Class : VII	Subject: Sanskrit
Months	Chapter Name
April	लङ्-लाकरः (प्रथमपुरुषः)
	लङ्-लाकरः (मध्यमपुरुषः)
May	लङ्-लाकरः (उत्तमपुरुषः)
June	लोट्-लाकरः (आज्ञार्थकम्)
	राजघांट
July	सङ्ख्या-ज्ञानम्
	प्रत्ययाः (कत्वा, तुमुन्, ल्यप्)
August	सप्त श्लोकाः
September	एकः परिवारः
October	सहायकाः भृत्याः
	गुरुभक्तः एकलव्यः
November	सुभाषितानि
	समवायो हि दुर्जयः
December	खागाः उत्पतन्ति
	बुद्धिर्यस्य बलं तस्य
	नैव क्लिष्टा न च कठिना

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## Monthly Portion (2025-2026)

Class : VII	Subject: Mathematics
Months	Chapter Name
April	Integers
	Rational Numbers
May	Rational Numbers
June	Fractions
	Decimal Fractions
July	Exponents
	Set Concepts
	Ratio and Proportion
	Unitary Method
August	Percent and Percentage
	Profit, Loss and Discount
	Simple Interest
	Speed, Distance and Time
September	Fundamental Concepts
October	Fundamental Concepts
	Simple Linear Equations
	Inequalities
November	Lines and Angles
	Triangles
	Pythagoras Theorem
December	Symmetry
	Recognition of Solids
	Congruency: Congruent Triangles
	Constructions
January	Mensuration
	Data Handling
	Probability

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Class : VII	Subject: Maths - Project
Sr. No.	Practicals / Projects / Assignments
1	Make a project on fractions.
2	Make a project on exponents.
3	Make a project on set concepts.
4	Make a project on Triangles.

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## Monthly Portion (2025-2026)

Class : VII	Subject: History & Civics
Months	Chapter Name
April	Medieval Europe - Rise and Spread of Christianity
	Rise and Spread of Islam
May	Rise and Spread of Islam
	The Turkish Invasions
June	The Delhi Sultanate-I
	The Constitution of India (Civics)
July	The Delhi Sultanate-II
	The Delhi Sultanate-III
August	The Vijayanagara and Bahmani Kingdoms
	Directive Principles of State Policy (Civics)
September	The Mughal Empire
October	Akbar the Great (A Case Study of Akbar and His Times)
	Jahangir and Shah Jahan
November	Aurangzeb and His Deccan Policy- Decline of The Mughal Empire
December	Making of Composite Culture
	Organs of Government at a Glance (Civics)

Class : VII	Subject: History & Civics - Project
Sr. No.	Practicals / Projects / Assignments
1	Make a project on moral value that you learn from the teaching of Jesus Christ.
2	Write a report on the month of Ramzan, explaining the significance of this special month and describing the main events of Eid-ul-Fitr.
3	What is your idea of a 'Welfare stati'? Imagine your classroom to be a country and you are its leader. What steps will you take to ensure the establishment of a welfare state?
4	Prepare a report on Akbar's Policy towards Indian rulers with reference to the Rajputs.
5	Write a Newspaper article based on the major events of the Mughal Era.

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## Monthly Portion (2025-2026)

Class : VII		Subject: Geography	
Months		Chapter Name	
April	Representation of Geographical Features of the Earth		
	Atmosphere		
May	Atmosphere		
June	Weather and Climate		
July	Weathering and Soil Formation		
	Industries		
	Energy and Power Resources		
August	Europe: Political Division and Physical Features		
	Europe: A Case Study on Tourism in Switzerland		
September	Africa: Political Division and Physical Features		
October	Africa: Political Division and Physical Features		
November	Africa: A Case Study on Cocoa Cultivation in Ghana		
	Australia: Political Division and Physical Features		
December	Australia: A Case Study on Sheep Rearing		
	Antarctica: The Uninhabited Continent		
Class : VII		Subject: Geography - Project	
Sr. No.		Practicals / Projects / Assignments	
1	World Environment Day (5 June) make some beautiful Enviro-cards.		
2	Clean India, Green India, design a poster to make your neighbours aware about the cleanliness of society and environment.		
3	Using a physical map of Europe, describe the waterbodies and mountains of Europe continent.		
4	List the major physical features of Africa such as the Nile River, Sahara Desert, Atlas		
5	On an outline map of Australia, mark the following:- (i) Canberra, (ii) Queensland (iii) Tasmania (iv) Adelaide (v) Sydney (vi) The Rift Valley of Australia (vii) The Great Barrier Reef (viii) The Great Artesian Basin Murray - Darling Basin (ix) The Gulf of Spencer		
6	On an outline map of Australia, mark the areas famous for sheep rearing.		

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## Monthly Portion (2025-2026)

Class : VII	Subject: Physics
Months	Chapter Name
April	Physical Quantities and Measurement
May	Physical Quantities and Measurement
	Motion
June	Motion
July	Energy
August	Light Energy
	Heat
September	Heat
October	Sound
November	Sound
December	Electricity and Magnetism
Class : VII	Subject: Physics - Practical
Sr. No.	Practicals / Projects / Assignments
1	To estimate the area of an irregular object (leaf lamina) using a graph
2	Verification of the laws of reflection.
3	The light rays travel in straight lines and its reflection from a plane mirror.
4	measuring the temperature of water using a thermometer.
5	To demonstrate thermal expansion of air.
6	To show that sound is produced by vibrating a tuning fork.

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## Monthly Portion (2025-2026)

Class : VII		Subject: Chemistry	
Months	Chapter Name		
April	Water (Last Chapter of Class 6)		
May	Matter and Its Composition		
June	Physical and Chemical Changes		
July	Elements, Compounds and Mixtures		
August	Atomic Structure		
September	Atomic Structure		
October	Language of Chemistry		
November	Metals and Non-metals		
December	Air and Atmosphere		
Class : VII		Subject: Chemistry - Practical	
Sr. No.	Practicals / Projects / Assignments		
1	To prove that matter has mass and occupies space.		
2	To show that sublimation of ammonium chloride is a physical change.		
3	To separate common salt and ammonium chloride.		
4	To separate solid - liquid mixture by the methods of sedimentation and decantation.		
5	to demonstrate that change in colour that change in colour takes place during a chemical reaction.		
6	To show that water vapour is present in air.		

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## Monthly Portion (2025-2026)

Class : VII	Subject: Biology
Months	Chapter Name
April	Plant and Animal Tissues
May	Plant and Animal Tissues
	Classification of Plants
June	Classification of Plants
July	Classification of Animals
August	Photosynthesis and Respiration
September	Excretion in Humans
October	Excretion in Humans
November	Nervous System
December	Nervous System
	Allergy
Class : VII	Subject: Biology - Practical
Sr. No.	Practicals / Projects / Assignments
1	To study different types of plant tissue.
2	To study the internal and external parts of monocot (maize) and dicot (bean) seeds.
3	To examine and identify the given specimens belonging to different groups of animals.
4	To show that starch is produced in green leaves during photosynthesis.
5	To show that oxygen is given out during photosynthesis.
6	To study the structure of human excretory system.

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## Monthly Portion (2025-2026)

Class : VII	Subject: Computer Applications (CTA)
Months	Chapter Name
April	Hardware Components of a Computer
	Number Systems
May	Number Systems
June	Malicious Software
	Worksheet 1
July	Ethics and Safety Measures in Computing
	Introduction to MS Excel 2019
	Test Paper 1
August	Editing and Formatting Worksheets
	Worksheet 2
	An Introduction to Database
September	Tables and Queries in Access 2019
October	Tables and Queries in Access 2019
	Advanced Features of HTML
November	Advanced Features of HTML
	Worksheet 2
	Test Paper 2
December	The World of AI and Robotics
	Glimpses of Office 365

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<b>Class : VII</b>	<b>Subject: Computer Applications (CTA) - Project</b>
<b>Sr. No.</b>	<b>Practicals / Projects / Assignments</b>
1	Project Work : In an A4 size paper make a presentation differentiating between the Internal and External components of a computer. Add picture and a brief description about all the components.
2	Project Work: In an A4 size paper make a database named "Tourists". The database should contain details of tourists going for holidays. Suggest any five relevant fields and their data types for database.
3	Project Work: In an A4 size paper write the step to design a web page for travel agency. it should include information about different destinations along with their images in separate sections.

<b>Class : VII</b>	<b>Subject: Computer Applications (CTA) - Practical</b>
<b>Month</b>	<b>Chapter Name</b>
April	*****
May	Hardware Components of a Computer
June	Number Systems
July	Malicious Software
August	Ethics and Safety Measures in Computing
September	Introduction to MS Excel 2019
October	*****
November	Advanced Features of HTML
December	Glimpses of Office 365

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## Monthly Portion (2025-2026)

Class : VII	Subject: General Knowledge
Months	Chapter Name
April	The Wagging Companion
	At Risk
	Desert Life
	Pollution
	Life-Giving Herbs
	Ecosystem
	Global Warming
May	Ancient India
	Stopping by Cities
	States and Union Territories
	Villages of India
	National Bodies
June	About Agriculture
	Places
	Awards
	Know Them?
	Remembering Ratan Tata
July	Chemically Speaking
	Discoveries and Inventions
	Branches of Science
	Space Exploration
	Pioneers of Science
	Medical Advancements
August	Life Sciences
	Computer Crossword
	Artificial Intelligence
	Prestigious literary Prizes
	Nobal Prize in Literature
	Bookworms

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Months	Chapter Name
September	Classic Characters
	Lesser Known Words
	Entertainment Awards
	Say Cheese!
October	Classical Composers
	Comedians
	Orchestra
	Art Galleries
	Rules of the Game
	Archery
	Chess
	Looking at Lawn Tennis
November	Motorsports
	Kabaddi
	Sports Wear
	United Nations Organisation
	Famous Women
	Countries- Flags - Currencies
December	World Cuisines
	Country by Country
	Oceans and Waterways
	Analogies
	Odd One Out
	Data Interpretation
	Don the Thinking Cap
	Presentation Skills
January	Body Language
	What's the Word
	Unscramble Words
	Alternative Therapies
	Important Dates
	Stay Safe Online

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## Monthly Portion (2025-2026)

Class : VII	Subject: Moral Science
Months	Chapter Name
April	The Taming of the Shrew
	Heaven and Hell
May	Heaven and Hell
June	Peer Pressure
	Eco Buddies: Conserving Nature
July	The Compassionate Teacher
	It's Not My Problem
August	It's Not My Problem
	Helen Keller
September	A Different Kind of Superhero- Christopher Reeve
October	A Different Kind of Superhero- Christopher Reeve
	Celebrating Diversity
November	Mrs Packletide's Tiger
December	The Most Precious Gift
	Vedran Smailovic

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